



Choreo Dwain & Judy Sechrist, 2630 S. Honeysuckle Circle, Mesa, AZ 85209
e-mail DJRnds312@aol.com with Larry Caves – Paragon Dance Center, Tempe, AZ

Music Casa Musica - The Ballroom Mix 6 (Disc 1-Track 3 -"Walk With Me" –
Robin Spielberg & Jennifer Langham)

Rhythm Waltz **Footwork** For Man (Lady opposite - or as noted) **Speed:** CD

Phase V + 2 Ckd Rev & Slip, Hairpin

Sequence Intro, A, B, Inter, B (mod 16), A (mod 18), END **Released:** April 2017

A WALK IN THE PARK

INTRO

1-4 WAIT ; WAIT (LDY ARM OUT) ; SWAY L (SHE CARESS) ; SWAY R (SHE ARM SWEEP) ;

- 1 { 123 } Wait in SKTRS Pos fcg wall - both on R ft with L ft pointed sd twd LOD lady w/R arm acrs chest and R hand palm up ;
- 2 { 456 } Wait (**Pull R hand across body to end toward RLOD with palm down**) ;
- 3 { 123 } Both chg weight to sway L (**Sweep R arm up & twd LOD to caress M's face**) ;
- 4 { 456 } Both chg weight to sway R (**Cont. R arm sweep down & out twd RLOD**) ;

5-8 OPN HINGE ; SLO SWVL TO SM FT LUNGE LINE ; ; TELESPIN END ;

- 5 { 123 } Rec to L as lift & rel L hnds, blend loose CP fcg wall, with slight LF body trn lwr into L to allow ptr to develop the Open Hinge (**Rec L trng LF as raise L arm up and R arm down, sd R . . . small stp as blend to loose CP, XLIB of R and lower into L as extend R twd RLOD to match ptr's leg line**) ;
- 6-7 { 123 456 } Rec R, with RF trn to CP, draw L to R ; lower into R as pt L sd & fwd twd LOD - as in Same Foot Lunge (**Rec fwd R, slowly swivel RF to lose CP, -; lwr on R as pt L thru twd LOD**) ;
- 8 { &123 } Rise on R with LF body trn leading ptr nearly to CP/fwd L, fwd & sd R trng LF, sd & fwd L in SCP DLW (**Rec fwd onto L swivel LF to end with R toe bk/bk R, toe-pivot on R as cl L to R trng LF, sd & fwd R in SCP**) ;

PART A

1-4 RUNNING OPN NATRL ; BK TO WING ; FWD SWVL POINT (BFLY) ; X CHECK ;

- 1 { 12&3 } Thru R DLW, sd & bk L/bk R, sd & bk L BJO (**Thru L, head L as fwd R/L, sd & fwd R**) ;
- 2 { 456 } Bk R BJO, bk L to brief CP, ck bk R SCAR (**Fwd L, fwd R brief CP, ck fwd L to Wing**) ;
- 3 { 123 } Fwd L, swvl LF to BFLY WL, pt R sd twd RLOD (**Bk R, swvl LF to BFLY, pt L sd RLOD**) ;
- 4 { 456 } With L side leading XRIF of L ck'g twd LOD, body shaped twd ptr, - (**With R side leading XLIB of R ck'g bk twd LOD, body shaped twd ptr, -**) ;

5-8 HE REC CL (SHE SPIRAL SKTRS DLC) ; FWD WALTZ ; HE FWD 2 & LK (SHE SYNC P/U LK) ; TELMARK (SCP DLW) ;

- 5 { 12 - (1- -) } As rec L raise L hnds as for inside U/A trn, cl R rel both hands, then blnd Sktrs DLC, - (**Rec R, Spiral LF . . . R hnd over head then acrs chest as shape twd ptr, then blend Sktrs DLC with R arm out**) ;
- 6 { 456 } *Same foot* . . . Sktrs fwd Waltz L, R, L ;
- 7 { 123 (12&3) } Fwd R, L, XRIB (**Fwd R, L/sd & bk R trng LF, raise L arm as XLIF of R to CP bkg DLC**) ;
- 8 { 456 } *Normal footwork* . . . Fwd L, fwd & sd R trng LF, sd & fwd L SCP DLW (**Bk R, heel trn on R as cl L, sd & fwd R**) ;

9-12 RUNNING OPN NATRL ; BK TO WING ; FWD SWVL PT (BFLY) ; X CHECK ;

- 9-12 Repeat A 1-4

13-16 HE REC CL (SHE SPIRAL SKTRS DLC) ; OPEN REV ; OPEN FINISH ; FWD WALTZ ;

- 13 Repeat A 5
14 { 456 } *Same foot . . .* Fwd L, sd R, bk L Skaters bkg LOD (As dance the figure sweep R arm in) ;
15 { 123 } Bk R, sd & fwd L, fwd R Skaters DLW (As dance the figure sweep R arm out) ;
16 { 456 } Fwd L, R, L twd DLW (As dance the figure sweep R arm in) ;

17-18 X CHECK : HE REC RUN 3 (SHE BK HVR W/SUNBURST) ;

- 17 { 123 } Both XRIF of L ck'g twd LOD, body shaped to R (As dance the figure sweep R arm out) ;
18 { 45&6 (456) } Rec ckg bk L rel hld, run fwd trng RF R/L, R to BJO with L arm out fcg DRC (As rec bk L bring your hnds tog close to face, hnds up as stp bk R with rise, cont hnds up and out in large Sunburst as stp fwd L to end in BJO & L arm out) ;

PART B

1-4 RUNAROUND ; ; OPEN IMPETUS (DLC) ; WEAVE 3 ;

- 1-2 { 1&2&3&4&5&6& } Quickly run fwd trng RF L/R, L/R, L/R ; L/R, L/R, L/R to end fcg nearly DRC (Quickly run fwd trng RF R/L, R/L, R/L; R/L, R/L, R/L) ;
3 { 123 } Bk L, heel trn/cl R with rise, sd & fwd L SCP DLC (Fwd R, fwd & sd L trn RF, sd & fwd R) ;
4 { 456 } Thru R, fwd L trng LF CP, sd & bk R bkg LOD (Thru L, fwd R trng LF CP, sd & fwd L) ;

5-8 SYNC PICKUP LOCK ; CHECKED REV ; SLIP TO ROLLING R LUNGE & SLIP (DLC) ; ;

- 5 { 12&3 } Bk L, bk R trng LF/sd & fwd L, cl R CP DLC (Fwd R, fwd L trng LF/sd & bk R, XLIF) ;
6 { 45 - } Fwd L, fwd R trng LF ck fcg twd COH, - (Bk R, cl L to R with head R, -) ;
7-8 { 123 456 } Slip L ft bk fcg twd LOD, sway L with soft knee and roll body CW allow the free R foot to move twd DRW, -; cont. roll as take weight into R with soft knee ; -, cont roll as return wgt to L & rise, trng body LF slip R bk to CP fcg DLC (Slip R fwd, sway to your R with soft knee and roll body CW allow free L foot to move twd DRW, -; cont roll as take wgt to L, -, cont roll as return wgt to R & rise, trng body LF slip L fwd to CP twd DRW) ;

9-12 DBL REV ; OPEN REV ; BACK CHASSE (BJO DLW) ; CURVED FEATHER CK ;

- 9 { 12 - (12&3) } Fwd L, fwd & sd R trng LF, cont. trn body LF as pull L to R end fcg twd LOD (Bk R, heel trn cl L/fwd & sd R trng LF, cont trng XLIF) ;
10 { 456 } Fwd L, sd R, bk L BJO fcg DRC (Bk R, sd L, fwd R BJO) ;
11 { 12&3 } Bk R trng LF, sd L/cl R, sd & fwd L BJO DLW (Fwd L trn LF, sd R/cl L, sd & bk R BJO) ;
12 { 456 } Fwd R curv'g RF, fwd L cont. RF curv, ck fwd R twd RLOD BJO (Bk L curv'g RF, bk R cont. RF curv, ck bk L BJO) ;

**13-16 HE BK TRNG WHISK (SHE WLTZ W/SWITCH) ; HE FWD WLTZ (SHE OPN FINISH) ;
OUTSD CONTRA CK ; BK CHASSE (BJO DLW) ;**

- 13 { 123 (123&) } Inside-underarm wrap as rec L, sd & bk R, XLIB to fc RLOD (Rec fwd R, fwd L, fwd R/switch LF to wrapped pos RLOD) ;
14 { 456 } Fwd R, L, R to loose BFLY (Fwd L, raise L arm as stp bk & sd R, bk L to loose BFLY) ;
15 { 1 - - } With R sd leading lwr into R as XLIF outside ptr L sd - twd RLOD, & extnd, - (With L sd leading lwr into L as XRIB of L well under body, & extend with head R, -) ;
16 { 45&6 } Rec R, sd L/cl R, sd L BJO DLW (Rec L, & sd R/cl L, sd & bk R BJO) ; (*Lady's option – Roll L, R/L, R BJO*) ;

INTERLUDE1-4 MANUV & OVR SPIN ; ; R TURNIG LOCK W/PVT ; RONDE FALLAWAY (BJO) ;

- 1-2 { 123 456 } Fwd R, fwd & sd L, cl R ; bk L trng RF, fwd R cont trn, bk L DLC (Bk L, sd & fwd R, cl L ; fwd R trng RF, bk L cont trn, fwd R) ;
- 3 { 1&23 } Bk & sd R trng RF/XLIF, cont trn sd & fwd R btwn ptr's feet pvt'g RF, bk L CP bkg LOD (Fwd L trng RF/XRIB, sd & bk L pvt'g RF, fwd R) ;
- 4 { 45 - } Fwd & sd R twd DLC, Ronde L CCW XIB of R in Fallaway bkg twd DLC, bk R trng ptr to BJO (Sd & bk L trng RF, Ronde R CW XIB of L in Fallaway bkg twd DLC, sd & fwd L BJO) ;

5-8 OTSD CHG ; CURVD FTHR CK ; OTSD PVT TO HAIRPIN ; BK PASSING CHG ;

- 5 { 123 } Bk L, bk R trng LF, sd & fwd L SCP DLW (Fwd R, fwd L, sd & fwd R) ;
- 6 { 456 } Fwd R curv'g RF, fwd L, ck fwd R twd DRW BJO (Bk L curv'g RF, bk R, ck bk L BJO) ;
- 7 { 12&3 } Bk L pivot nearly ½ RF, quick RF turn R/L, ck fwd R DRW BJO (Fwd R pivot RF, bk L/R tight RF turn on toes, ck bk R BJO) ;
- 8 { 456 } Retain BJO bk L twd DLC, bk R, bk L (Fwd R, fwd L, fwd R) ;

9-10 SLOW L WHISK (W/LDY'S FLICK) ; ;

- 9-10 { 1- 3 4 - - } Bk R, -, bk & sd L fcg twd DRW; XRIB, shape twd ptr, - (Fwd L, -, fwd & sd R; XLIB, -, Flick R acrs L) ;

PART B – Repeat (Mod meas. 16)1-4 RUNAROUND ; ; OPEN IMPETUS (DLC) ; WEAVE 3 ;5-8 SYNC PICKUP LOCK ; CHECKED REV ; SLIP TO ROLLING R LUNGE & SLIP (DLC) ; ;9-12 DBL REV ; OPEN REV ; BACK CHASSE (BJO DLW) ; CURVED FEATHER CK ;13-16 HE BK TRNG WHISK (SHE WLTZ W/SWITCH) ; HE FWD WLTZ (SHE OPN FINISH) ;OUTSD CONTRA CK ; BK CHASSE (SCP DLW) ;

- 16 { 45&6 } Rec R, sd L/cl R, sd L SCP DLW (Rec L, sd R/cl L, sd R SCP) ;

PART A – Repeat (Mod meas. 18)1-4 RUNNING OPN NATRL ; BK TO WING ; FWD SWVL POINT (BFLY) ; X CHECK ;5-8 HE REC CL (SHE SPIRAL SKTRS DLC) ; FWD WALTZ ; HE FWD 2 & LK (SHE SYNC P/U LK) ; TELMARK (SCP DLW) ;9-12 RUNNING OPN NATRL ; BK TO WING ; FWD SWVL PT (BFLY) ; X CHECK ;13-16 HE REC CL (SHE SPIRAL SKTRS DLC) ; OPEN REV ; OPEN FINISH ; FWD WALTZ ;17-18 X CHECK ; REC & HOLD ;

- 18 { 4 - - } Rec bk L trng to fc wall, -, - (Rec bk L to fc wall, -, -) ;

END1-4 HE CHASSE R (SHE ROLL REV) ; SWAY L (SHE CARESS) ; SWAY R (SHE ARM SWEEP) ;
OPN HINGE ;

- 1 { 123 } Sd R twd RLOD, cl L, sd R to SKTRS fcg wall (Roll twd RLOD R, L, R to SKTRS fcg wall) ;
- 2-4 Repeat (Intro 3-5)

5-8 SLO SWVL TO SM FT LUNGE LINE ; ; TELESPIN END ; TO PROM SWAY & CHG ;

- 5-7 Repeat (Intro 6-8)

- 8 { 456 } Thru R, sd L with L sd stretch, then lwr into L as look & shape twd RLOD (Thru L, sd R with R sd stretch, then lower into R as look & shape twd RLOD) ;

Note: the music retards from meas. 6 thru 8 . . . continue mental count to end of dance.