

BIBBIDI BOBBIDI BOO

(From "Cinderella")

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Music: "Bibbidi Bobbidi Boo" by Gaby Goldberg

CD: "Cartoon Songs For Dancing" or single download from Casa-Musica.de

Release Date: May 2015

Rhythm: Foxtrot

Phase: V

Degree of Difficulty: Average

Original Length of Music: 2:52

Music Modification: Slow 4% or to 43.5 rpm

Sequence: Intro ABC Int C D B A End

Footwork: Opposite for Woman unless otherwise noted in ()

INTRO [4.5 Measures]

BFLY FCING DLW ~

1-8 WAIT; WAIT; APT PT; PU DLC & QUICK SIDE CLOSE~;

1-2 {Wait; Wait} BFLY fcng DLW - Hold intro position 2 measures;;

3 {Apt Pt} Apt L, -, pt R twd ptr, -;

4-4.5 {PU DLC & Qk Sd Clo} Tog R commence LF trn ~ leading lady to CP, -, tch L completing the trn to CP fcng DLC, - ; Sd L, clo R~ (Thru L commence LF trn to CP, sd and bk R completing the trn, clo L;)

PART A [16 Measures]

1-8 DIAMOND TRN 1/2;; QK DIAMOND 4 LOD; DIP BK ~ LADY'S QK LEG CRAWL & REC;
REV TRN 1/2; CK & WEAVE;; HVR;

1-2 {Diamond Trn 1/2} Fwd L trning LF on the diagonal, -, continuing LF trn sd R, bk L with ptr outside the Man in BJO to fc DRW; Trning LF bk R, -, sd L, fwd R outside ptr in BJO to fc DRW;

3 {Qk Diamond 4 LOD} Fwd L on the diagonal commencing a LF trn, continuing the LF trn sd R, bk L, bk R to remain in CP and ending fcng LOD;

4 {Dip Bk w/ Lady's Qk Leg Crawl & Rec} Bk L softening the knee, -, rotate upper body slightly to the left to encourage Lady's Leg Crawl, rec R DLC; (Fwd R softening the knee, -, quick lift left leg up along Man's right outer thigh with toe pointed to floor, rec L;)

5 {Rev Trn 1/2} Fwd L starting LF body trn, -, sd R continuing to trn, bk L twd LOD; (Bk R starting LF trn, -, clo L to R [heel turn] continuing to trn, fwd R;)

6-7 {Ck & Weave} Slip R foot bk under body with a slight contra ck action, -, fwd L commencing to trn LF, sd R [1/8 LF trn between steps 1 and 2 of the Weave] with right sd lead and slight right sd stretch preparing to lead Lady outside ptr; With right sd stretch bk L in CBMP continuing 1/8 LF trn between steps 2 and 3 of the Weave, bk R to a momentary CP continuing to trn LF, sd and fwd L with left sd stretch [1/4 LF trn between steps 4 and 5 of the Weave body trns less], with left sd stretch fwd R in BJO fcng DLW; (Slip L foot fwd under body with a slight contra ck action, -, bk R commencing to trn LF, sd L [1/4 LF trn between steps 1 and 2 of the Weave] with left sd lead and slight left sd stretch preparing to step outside ptr; With left sd stretch fwd R in BJO, fwd L to a momentary CP continuing to trn LF, sd and bk R with right sd stretch [1/8 LF trn between steps 4 and 5 of the Weave], with right sd stretch bk L in BJO [1/8 LF trn between steps 5 and 6 of the Weave body turns less];)

8 {Hvr} In BJO fcng DLW fwd L to CP DLW, -, fwd and slightly sd R rising to ball of foot, sd and slightly fwd L to tight SCP fcng DLC;

- 9-16** **FEATHER DLC; DBL REV DLW; 3-STEP; NAT'L TRN 1/2;**
OUTSIDE CHG SCP; CROSS PVT SDCAR; TWISTY VN 4; HVR CROSS ENDING;
- 9** **{Feather DLC}** From SCP DLC thru R, -, fwd L, fwd R outside ptr in BJO fcing DLC; (Thru L trning LF twd ptr, -, sd & bk R, bk L in BJO;)
- 10** **{Dbl Rev DLW}** From BJO fcing DLC fwd L commencing to trn LF, -, sd R [3/8 LF trn between steps 1 and 2], spin 1/4 LF between steps 2 and 3 on ball of R bringing L foot under body beside R with no weight and flexed knees; (Bk R commencing to trn LF, -, L foot closes to R heel trning 1/2 LF between steps 1 and 2/sd and slightly bk R continuing LF trn, cross L in front of R;)
- 11** **{3-Step}** Fwd L with heel lead to CP LOD, -, fwd R with heel lead, fwd L rising to toe; (Bk R, -, bk L, bk R;)
- 12** **{Nat'l Trn 1/2}** Commence RF upper body trn fwd R heel to toe, -, sd L across LOD, bk R to fc RLOD; (Commence RF upper body trn bk L, -, clo R [heel trn] continuing to trn, fwd L;)
- 13** **{Outside Chg SCP}** Bk L, -, bk R trning LF, sd & fwd L to SCP DLW;
- 14** **{Cross Pvt Sdcar}** From SCP fcing DLW fwd R in front of Lady beginning a RF trn, -, sd L continuing the RF trn, fwd R to SDCAR fcing DLC; (From SCP fcing DLW fwd L commencing a RF trn, -, fwd R between Man's ft heel to toe pivoting 3/8 RF, sd and bk L to SDCAR;)
- 15** **{Twisty Vn 4}** Moving twd LOD cross L in front of R, sd R, cross L in bk of R, sd R ;
- 16** **{Hvr Cross Ending}** With right side stretch fwd L in CBMP outside ptr on toe, rec R, with left side lead sd and fwd L, with a left side stretch fwd R in BJO; (With left side stretch bk R in CBMP on toe, rec L, with right side lead sd and bk R small step, bk L in BJO;)

PART B [8 Measures]

- 1-8** **TELEMARK SCP; IN & OUT RUNS;; THRU & SEMI CHASSE;**
PROMENADE WEAVE~CKING;; TO A TOP SPIN~CKING; HESITATION CHG [DLC];
- 1** **{Telemark SCP}** Fwd L blending to CP commencing to trn LF, -, sd R continuing LF trn, sd and slightly fwd L to end in tight SCP DLW; (Bk R blending to CP commencing to trn left bringing L beside R with no weight, -, trn LF on R heel [heel turn] and chg weight to L, sd and slightly fwd R to end in tight SCP fcing DLW;)
- 2-3** **{In & Out Runs}** Fwd R starting RF trn, -, sd & bk diagonal LOD & WALL on L to CP, bk R to BJO; Bk L trning RF, -, sd & fwd R between ptrs ft continuing RF trn, fwd L to SCP LOD; (Fwd L, -, fwd R between ptrs ft, fwd L outside ptr in BJO; Fwd R starting RF trn, -, fwd & sd L continuing RF trn, fwd R to SCP;)
- 4** **{Thru & Semi Chasse}** Thru R, -, sd and fwd L/close R, sd and fwd L ending SCP LOD;
- 5-6** **{Promenade Weave ~ Cking}** Thru R, -, fwd L commence LF trn, sd & slightly bk on R to BJO DLC; Bk L DLC, bk R commence LF trn & lead lady to CP, sd & slightly fwd L DLW, fwd R outside ptr to BJO DLW cking fwd movement; (Thru L, -, sd & slightly bk R commence LF trn to BJO fcing DRW, continue trning on R ft until fcing LOD then fwd L DLW; Fwd R, fwd L DLC commence LF trn, continue LF trn sd & slightly bk R fcing COH, bk L to BJO cking backward movement;)
- 7** **{To A Dbl Top Spin ~ Cking}** At the end of the previous measure with strong trn LF 1/8 on the ball of R keeping the L leg extended bk bk L in CBMP, bk R trning 1/8 LF between steps 1 and 2, with left sd stretch sd and slightly fwd L continuing the LF trn 1/4 between steps 2 and 3 [body trns less], with left sd stretch fwd R to BJO DRC cking fwd movement;
- 8** **{Hesitation Chg DLC}** Commence RF upper body trn stepping bk L blending to CP, -, sd R continuing RF trn to fc DLC, drw L to R;

PART C [8 Measures]**1-8 REV WAVE 1/2; HVR CORTE; BK LILT 4; BK WHISK;****SYNC WHISK; RUNNING OP NAT'L; BK 3-STEP; OUTSIDE CHG SCP LOD;**

- 1 {Rev Wave 1/2} From CP DLC fwd L starting a 3/8 LF body trn, -, sd R LOD, bk L diagonally to fc DRC; (Bk R starting a 3/8 LF body trn, -, close L to R [heel turn], fwd R diagonally;)
- 2 {Hvr Corte} From CP fcng DRC bk R starting a LF trn, -, sd and fwd L with hovering action continuing the body trn staying in CP, rec R in BJO fcng DLW; (Fwd L trning LF, -, sd and fwd R with hovering action staying in CP, rec L outside the Man to BJO;)
- 3 {Bk Lilt 4} Bking fwd DRC bk L, clo R rising, bk L, clo R rising;
- 4 {Bk Whisk} Bk L twd DRC, -, bk and sd R, cross L in bk of R finishing in tight SCP fcng DLW;
- 5 {Sync Whisk} Thru R, -, left hip trns twd ptr clo L to R in CP/sd R with slight right sd stretch, with right sd stretch and slight RF body trn cross L in bk of R to tight SCP fcng DLW;
- 6 {Running Op Nat'l} Thru R commencing to trn RF, -, sd and bk L with slight left sd stretch [3/8 RF trn between steps 1 and 2]/bk R with right sd lead preparing to lead Lady outside ptr in CBMP [1/8 trn right between steps 2 and 3], with slight right sd stretch bk L in BJO fcng RLOD; (Thru L commencing upper body RF trn 1/4, -, staying well into Man's right arm with slight right sd stretch fwd R/fwd L with left sd lead preparing to step outside ptr, with slight left sd stretch fwd R in BJO;)
- 7 {Bk 3-Step} Bk R blending to CP, -, bk L, bk R; (Fwd L with heel lead, -, fwd R with heel lead, fwd L rising to the toe;)
- 8 {Outside Chg SCP LOD} Bk L, -, bk R trning LF, sd & fwd L to SCP LOD;

INTERLUDE [3 Measures]**1-3 THRU FC CLOSE; QK SD CLOSE 2X; FEATHER IN 4 DLC;**

- 1 {Thru Fc Close} Thru R commencing to trn RF to fc ptr and WALL, -, sd L to fc ptr and WALL, clo R;
- 2 {Qk Sd Close 2X} Sd L, clo R, sd L, clo R;
- 3 {Feather in 4 DLC} From CPW sd L trning to SCP LOD, thru R, fwd L, fwd R outside ptr in BJO fcng DLC; (Sd R trning to SCP LOD, thru L trning LF twd ptr, -, sd & bk R, bk L in BJO;)

REPEAT PART C [8 Measures]**PART D [8 Measures]****1-8 CROSS HESITATION; BK & BK/LK BK; FULL OUTSIDE SPIN; OUTSIDE CK;****BK FEATHER; BK 3-STEP; OUTSIDE CHG BJO; CLOSED WING;**

- 1 {Cross Hesitation} Thru R twd LOD, -, commencing 1/2 LF trn to fc DRC on R touching L, -; (Thru L commencing LF trn, -, sd R around man continuing to trn LF, continuing trn clo L to R in BJO;)
- 2 {Bk & Bk/Lk Bk} From BJO fcng DRC bk L, -, bk R/cross L in front, bk R;
- 3 {Full Outside Spin} In BJO fcng DRC preparing to lead woman outside ptr commence a RF body trn toeing in with right sd lead bk L in CBMP small step strong 1/4 trn RF, -, fwd R in CBMP heel to toe continuing to trn RF, [3/8 RF trn between steps 2 and 3] sd and bk L to end in CP 1/4 RF trn to end fcng RLOD; (Commence a RF body trn with left sd lead staying well into the Man's right arm R foot fwd in CBMP outside ptr heel to toe, -, L foot closes to R pivot on toes of both feet 1/2 trn between steps 1 and 2, continue to trn RF 1/4 between steps 2 and 3 fwd R between Man's ft to end in CP 1/8 RF trn end in CP fcng ptr;)
- 4 {Outside Ck} Bk R trning slightly LF, -, sd and fwd L, ck fwd R outside ptr to BJO fcng DRW;
- 5 {Bk Feather} From BJO fcng DRW bk L trning 1/8 to fc RLOD, -, bk R with right shoulder leading, bk L staying in BJO;
- 6 {Bk 3-Step} Bk R blending to CP fcng RLOD, -, bk L, bk R; (Fwd L with heel lead, -, fwd R with heel lead, fwd L rising to the toe;)
- 7 {Outside Chg Bjo} Bk L, -, bk R trning LF, sd & fwd L to BJO DLW;
- 8 {Closed Wing} Fwd R, -, draw L to R with LF upper body trn, continuing upper body trn to fc DLC touch L; (WOMAN: Bk L, -, sd R across Man, fwd L to SDCAR;)

REPEAT PART B [8 Measures]**REPEAT PART A [16 Measures]****ENDING [3 Measures]**

- 1-3** **DIAMOND TRN 1/2;; FWD & RT LUNGE;.**
- 1-2** **{Diamond Trn 1/2}** Fwd L blending to CP trning LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the Man in BJO to fc DRC; Trning LF bk R, -, sd L, fwd R outside ptr in BJO to fc DRW;
- 3** **{Fwd & Rt Lunge}** Fwd L, -, flex left knee moving sd and slightly fwd onto R keeping left sd in twd ptr and as weight is taken on R flex right knee and make slight LF body trn and look at ptr, -; (Bk R, -, flex right knee move sd and slightly bk on to L keeping right sd in twd ptr and as weight is taken on L flex left knee and make slight LF body turn, -;)