

BIDING MY TIME

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Record: Casa Musica CD "Ballroom Classics Four", track 15 "Biding My Time-Foxtrot"
Phase: Foxtrot V (Easy)
Footwork: Opposite, directions for man (woman as noted)
Timing: SQQ, except where noted. Timing reflects actual weight changes.
Sequence: Intro, A, B, C, B, Interlude, B, C, B, Ending May 2009

- INTRO -

1 - 4 LEFT OPEN POSITION FACING DLW lead feet free WAIT 2;; TOG & TOUCH; FEATHER FINISH to BJO DLC;

- 1-2 [WAIT 2] Left Open Position facing DLW lead feet free WAIT 2;;
3 [TOG & TOUCH to CP DLW] Fwd L with a RF body rotation, -, -; (W fwd R with RF body rotation, -, -;)
4 [FEATHER FINISH to BJO DLC] Back R, -, trng lf sd L, fwd R outsd W to CBMP DLC; (W fwd L, -, trng lf sd R, bk R to CBMP;)

- A -

1 - 4 REVERSE WAVE;; IMPETUS to SCP; FEATHER;

- 1-2 [REVERSE WAVE] Fwd L, -, trng LF _ sd R, bk L to CP DRC; Bk R, -, bk L curving LF, bk R to CP RLOD; (W bk R, -, bringing L to R w/o wt trng LF on R heel chng wt to L, fwd R between M's ft to CP; Fwd L, -, fwd R trng LF, fwd L;)
3 [IMPETUS to SCP] Rotating body RF bk L, -, bringing R to L w/o wt trn RF on L heel chng wt to R, sd & fwd L to SCP DLC; (W fwd R, -, fwd & sd L arnd M trng RF, cont trn sd & fwd R to SCP DLC;)
4 [FEATHER] Fwd R DLC, -, fwd L, fwd R outsd ptr to CBMP DLC; (W fwd L, -, trng LF fwd & sd R, cont trn bk L to CBMP;)

5 - 8 TELEMAR to SCP; CHAIR, REC & SLIP to CP LOD; REVERSE TURN;;

- 5 [TELEMAR to SCP] Fwd L, -, trng LF sd R, trng to SCP sd & fwd L to SCP DLW; (W bk R, -, bringing L to R w/o wt trng LF on R heel chng wt to L, sd & fwd R to SCP)
6 [CHAIR, REC & SLIP to CP LOD] Lunge thru R w/bent knee, -, rec L, slip R bk with LF rotation to CP LOD; (W lunge thru L w/bent knee, -, rec R, trng LF slip L fwd between M's feet to CP;)
7-8 [REVERSE TURN] Fwd L, -, trng LF 3/8 sd R, bk L to CP RLOD; Bk R, -, trng LF sd L, cont trn fwd R outsd ptr to CBMP DLW; (W bk R, -, bringing L to R w/o wt trng LF on R heel chng wt to L, fwd R between M's ft to CP; Fwd L, -, trng LF sd R, cont trn bk L to CBMP DLW;)

9 - 12 THREE STEP; NAT'L TURN a HALF; CLOSED IMPETUS; FEATHER FINISH;

- 9 [THREE STEP] Fwd L, -, fwd R, fwd L CP DLW; (W bk R, -, bk L, bk R to CP;)
10 [NAT'L TURN a HALF] Fwd R, -, swinging left side RF sd L trng to CP, bk R to CP RLOD; (W bk L, bringing R to L w/o wt, trng RF on L heel chng wt to R, fwd L to CP;)
11 [CLOSED IMPETUS] Rotating body RF bk L, -, bringing R to L w/o wt trn RF on L heel chng wt to R, sd & bk L to CP DLW; (W fwd R, -, fwd & sd L arnd M trng RF, cont trn fwd R to CP;)
12 [FEATHER FINISH] Repeat meas 4 of INTRO to CBMP DLC

13 - 16 DOUBLE REVERSE to LOD; DRAG HESITATION; IMPETUS to SCP; FEATHER;

- SS (SQ&Q) 13 [DOUBLE REVERSE to LOD] Fwd L, -, trng LF sd & fwd R spinning LF, cont spin to CP LOD; (W bk R, -, bringing L to R w/o wt trng LF on R heel chng wt to L/fwd & sd R arnd

- SS 14 M, XLIFR to CP;)
14 **[DRAG HESITATION]** Fwd L, -, swinging R fwd & sd trng LF to BJO DRC, -; (W bk R, -, trng LF sd L to BJO, -;)
15 **[IMPETUS to SCP]** Bk L, bringing R to L w/o wt trn RF, chng wt to R, sd & fwd L to SCP DLC; (W fwd R outsd ptr, -, fwd & sd L arnd M trng RF, cont trn sd & fwd R to SCP;)
16 **[FEATHER]** Repeat meas 4 of PART A to CBMP DLC

- B -

1 – 4 REVERSE WAVE a HALF; CHECK & WEAVE;; THREE STEP;

- 1 **[REVERSE WAVE a HALF]** Repeat meas 1 of PART A to CP DRC
SQQ 2-3 **[CHECK & WEAVE]** Chk bk R, -, rec L, sd R leading W to step outsd M; Bk L, bk R, trng
QQQQ LF sd L, cont trn fwd R outsd W to CBMP DLW; (W chk fwd L, -, rec R, sd L; Fwd R outsd M, fwd L, trng LF sd R, bk L to CBMP;)
4 **[THREE STEP]** Repeat meas 9 of PART A to CP DLW

5 – 8 CURVED FEATHER; IMPETUS to SCP; PROMENADE WEAVE;;

- 5 **[CURVED FEATHER]** Fwd R, -, starting a RF turn sd & fwd L, fwd R outsd ptr; (W bk L, starting a RF trn bk R, bk L;)
6 **[IMPETUS to SCP]** Repeat meas. 3 of PART A to SCP DLC
SQQ 7-8 **[PROMENADE WEAVE]** Thru R, -, fwd L, trng LF sd R to CBMP; Bk L, bk R, trng LF sd
QQQQ L, cont trn fwd R outsd ptr to CBMP DLW; (W thru L, -, trng LF sd & bk R, cont trn sd & fwd L; Fwd R in BJO, fwd L in BJO, trng LF sd R, cont trn bk L to CBMP;)

- C -

1 – 4 FWD W DEVELOPE (twice);; QK TWIST VINE FOUR; FEATHER in FOUR;

- S - - 1- **[FWD W DEVELOPE (twice)]** Fwd L in BJO, -, -, -; fwd R in BJO, -, -, -; (W bk R, -, bring
2 L up to R knee, extend L ft out; bk L, bring R to L, bring R up to L knee, extend R ft out;)
S - -
QQQQ 3 **[QUICK TWIST VINE FOUR]** Fwd L, fwd R, trn RF sd L, cont trn XRIB; (W bk R, bk L, trng RF sd R, cont trn XLIF;)
QQQQ 4 **[FEATHER in FOUR]** Sd L, XRIF outsd ptr, fwd L, fwd R to CBMP; (W sd R, XLIB, bk R, bk L to CBMP;)

5 – 8 FWD W DEVELOPE (twice);; QK TWIST VINE FOUR; FEATHER in FOUR to DLC;;

- 5-8 Repeat meas 1-4 of Part C to CBMP DLC

- INTERLUDE -

1 – 3 HOVER TELEMAR; NAT'L HOVER CROSS;;

- 1 **[HOVER TELEMAR]** Fwd L, -, fwd & sd R rising trng body RF, fwd L to SCP DLW: (W bk R, -, sd & bk L trng body RF, fwd R to SCP DLW;)
SQQ 2-3 **[NAT'L HOVER CROSS]** Fwd R, -, trng RF sd L, cont trn sd & fwd R outsd ptr to SCAR
QQQQ LOD; Fwd L, rec R, sd L, fwd R outsd ptr to CBMP DLC; (W fwd L, -, fwd R starting RF trn, cont trn sd & bk L to SCAR; Bk R, rec L, sm sd R, bk L to SCAR DLC;)

- ENDING -

1 – FWD, RIGHT LUNGE;

- SS 1 **[FWD, RIGHT LUNGE]** Fwd L, -, with a slight sway L extend R sd & fwd moving wt to R, -; (W bk R, -, extend L as ptr moves L sd & bk moving wt to L with head to left, -;)