

CANDY

Composers: Takao & Setsuko Ito

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Record : "Candy" DANCE SUPER STARS 9 Ballroom CD 303 Track #15

Rhythm : West Coast Swing(ph V+2)

Speed : As on CD

Footwork : Opposite, directions for man(lady as noted)

Date : June 2010 Ver.1.0

Sequence: Intro - A - B - A - B - Ending



Meas

INTRO

1~ 4 Bk to Bk M fc RLOD(W fc LOD) trail foot free pt fwd Wait; Slow Swivel Fc; Chicken Walk 2S 4Q;;

- 1 Bk to bk position man fc RLOD(W fc LOD) trail foot free pt fwd head down wait 1 meas;
- S-- 2 (Swivel to Fc) Weight on R, swivel LF on R fc partner and LOD,-,-;
- SS 3 (Chicken Walk 2S) Small stp bk L(W swivel RF on L fwd R),-, bk R(W swivel LF on R fwd L),-;
- QQQQ 4 (Chicken Walk 4Q) Small stp bk L(W swivel RF on L fwd R), b bk R(W swivel LF on R fwd L), bk R(W swivel LF on R fwd L), bk L(W swivel RF on L fwd R);

Meas

PART A

1~ 8 Sugar Push;,, Underarm Trn;,, Sugar Tuck And Spin;,, L Sd Pass;,, Wrapped Whip;,,

- QQQQ 1- 3 (Sugar Push) Bk L, bk R, tap L trail hand palm tch, rec fwd L; hip rk action small stp bk R/rec L, bk R(W fwd R, fwd L, left shoulder lead tap R behind L trail hand palm tch, rec bk R; hip rk action bk L/rec R, bk L),
- QQQaQ (Underarm Trn) Bk L, rec R slightly XIF of L; sd L commence RF trn raise lead hand/rec R cont RF trn, cont trn sd & fwd L fc RLOD, hip rk action small stp bk R/rec L, bk R(W fwd R, fwd L commence LF trn under lead hand; Cont trn sd R/XLIF of R, cont trn sd & bk R fc LOD, hip rk action small stp bk L/rec R, bk L);
- 4- 6 (Sugar Tuck & Spin) Bk L, bk R low Bfly, tch L to R, fwd L lead W RF spin(W fwd R, fwd L slight LF trn to low Bfly, tch R to L, commence RF trn fwd R RF spin fc partner); Hip rk action small stp bk R/rec L, bk R,(W hip rk action bk L/rec R, bk L) fc RLOD,
- QQQQ (L Sd Pass) Commence LF trn sd & bk L, rec R; sd L/cl R, sd & fwd L fc LOD, hip rk action small stp bk R/rec L, bk R(W fwd R, fwd L commence LF trn; cont LF trn sd R/XLIF of R, cont trn sd & bk R fc RLOD, hip rk action bk L/rec R, bk L) fc LOD;
- 7- 8 (Wrapped Whip) Bk L, rec R slightly XIF of L blend Bfly, sd L commence RF trn start lead W Wrap/rec fwd R cont RF trn, cont trn sd & fwd L Wrapped position fc RLOD(W fwd R, fwd L, fwd R/cl L, bk R); XRIB of L commence RF trn, cont RF trn fwd L fc LOD, hiprk action small stp bk R/rec L, bk R(W bk L, bk R, hip rk action bk L/rec R, bk L) fc LOD;

9~16 Tuck And Twirl to Hammer Lock;,, Underarm Trn to Spin;,, Sugar Push;,, Whip Outsd Trn M Hook Trn;,,, (handshake)R Sd Pass;,,

- QQQQ 9-11 (Tuck & Twirl to Hammer Lock) Bk L, bk R low Bfly, tch L to R, small fwd L lead W RF twirl under lead hand(W fwd R, fwd L slight LF trn to low Bfly, tch R to L, commence RF trn fwd R RF spin under lead hand); Hip rk action small stp bk R/rec L, bk R,(W cont trn fc RLOD hip rk action bk L/rec R, bk L)end hummer lock position fc LOD,
- QQQaQ (Underarm Trn to Spin) Bk L, rec R slightly XIF of L commence RF trn; sd L lead W LF spin under lead hand/rec R cont RF trn, fwd L fc RLOD, hip rk action small stp bk R/rec L, bk R(W fwd R, fwd L commence LF trn under lead hand; Cont LF trn Sd R commence LF spin/ cont spin step in place L, cont spin bk R fc LOD, hip rk action small stp bk L/rec R, bk L);
- 12-16 (Sugar Push) Bk L, bk R, tap L trail hand palm tch, rec fwd L; Hip rk action small stp bk R/rec L, bk R(W fwd R, fwd L, left shoulder lead tap R behind L trail hand palm tch, rec bk R; Hip rk action bk L/rec R, bk L) fc RLOD,

QQQaQ (Whip Outsd Trn M Hook Trn) Bk L, rec R slightly XIF of L blend CP 1/4 RF trn; Sd L cont RF trn/rec fwd R cont RF trn, cont trn sd & fwd L fc LOD(W fwd R, fwd L 1/2 RF trn fc RLOD; Bk R/cl L, fwd R to CP),

QQQaQ XRIB of L commence 1/2 RF trn fc RLOD lead W RF twirl under lead hand, fwd L; XRIB of L commence RF trn/cont RF trn stp in place L, cont RF trn XRIF of L fc LOD(W commence RF trn bk L, fwd R cont RF trn fc LOD; Hip rk action bk L/rec R, bk L) end Tandem fc LOD man flont woman right hand joined,

QQQaQ (R Sd Pass)Fwd L, rec R; cl L/in place R, fwd L, hip rk action small stp bk R/rec QaQ L, bk R(W fwd R, fwd L; cont LF trn sd R/XLIF of R, cont trn sd & bk R fc LOD, hip rk action small stp bk L/rec R, bk L);

Meas

PART B

1~ 8 Underarm Trn to Triple Travel with Roll;;;, L Sd Pass both Hook Trn Bk to Bk,; Swivel Fc, Chicken Walk 2S 2Q,;:

1- 6 (Underarm Trn to Triple Travel with Roll) Bk L, rec R slightly XIF of L, sd L commence RF trn raise lead hand/rec R cont RF trn, fwd L 1/4 LF trn fc Wall(W fwd R, fwd L commence LF trn under lead hand, cont LF trn sd R/XLIF of R, cont trn sd & bk R fc COH);

QaQQQ Sd R/cl L, sd and fwd R commence RF trn 1/4, fwd L cont 3/4 RF trn, fwd R cont 1/2 RF trn fc COH(W sd L/cl R, sd and bk R commence RF trn 1/4, fwd R cont RF trn 3/4, fwd L cont RF trn 1/2) to a left hand star;

QaQQaQ Sd L/cl R, sd L trning LF 1/2 to a right hand star, sd R/cl L, sd R trning RF 1/2(W sd R/cl L, sd R trning 1/2 LF to a right hand star, sd L/cl R, sd L trning RF 1/2) to a left hand star;

QaQQaQ Sd L/cl R, sd and fwd L commence LF trn 1/4, fwd R cont LF trn 1/2, fwd L cont LF trn 1/2 to fc partner (W sd R/cl L, sd and bk R commence LF trn 1/4, fwd L cont LF trn 1/2, fwd R cont LF trn 1/2 to face partner) join lead hands;

QaQ Hip rk action small stp bk R/rec L, bk R(W small stp bk L/rec R, bk L),

QQQaQ (L Sd Pass both Hook Trn Bk to Bk) Commence LF trn sd & bk L, rec R; sd L/cl R, QaQ sd & fwd L fc LOD, XRIB of L commence RF trn/cont RF trn stp in place L, cont RF trn XRIF of L(W fwd R, fwd L commence LF trn; cont LF trn sd R/XLIF of R, cont trn sd & bk R fc RLOD, XLIB of R commence LF trn/cont LF trn stp in place R, cont LF trn XLIF of R) lead hand joined Bk to Bk man fc RLOD woman fc LOD;

-- 7- 8 (Swivel Fc) Swivel LF on R fc partner and LOD,-,

SSSQ (Chicken Walk 2S2Q) Small stp bk L(W swivel RF on L fwd R),-; bk R(W swivel LF on R fwd L),-, bk L(W swivel RF on L fwd R), bk R(W swivel LF on R fwd L);

9~16 Sugar Push,; Surprise Whip,;:, Kick Ball Chg,; Double Whip,;:, Sugar Bump,;:

QQQQ 9-12 (Sugar Push) Bk L, bk R, tap L trail hand palm tch, rec fwd L; hip rk action QaQ small stp bk R/rec L, bk R(W fwd R, fwd L, left shoulder lead tap R behind L trail hand palm tch, rec bk R; hip rk action bk L/rec R, bk L),

QQQaQ (Surprise Whip) Bk L, rec R slightly XIF of L blend CP 1/4 RF trn; sd L cont RF trn/rec fwd R cont RF trn, cont trn sd & fwd L fc RLOD(W fwd R, fwd L 1/2 RF trn fc LOD, bk R/cl L, fwd R to CP),

QQQaQ Lead W RF trn blend SCP fwd R ck, rec L lead W RF trn; Hip rk action small stp bk R/rec L, bk R(W swivel RF on R bk L ck, rec R 1/2 RF trn; Hip rk action small stp bk L/rec R, bk L) LOP-FC fc RLOD,

QaQ (Kick Ball Chg) Kick fwd L/cl L, stp in place R;

13-16 (Double Whip) Bk L, rec R slightly XIF of L blend CP 1/4 RF trn, sd L cont RF QaQ trn/rec fwd R cont RF trn, cont trn sd & fwd L fc LOD(W fwd R, fwd L 1/2 RF trn fc RLOD, bk R/cl L, fwd R to CP);

QQQQ XRIB of L commence 1/2 RF trn fc RLOD, fwd L, XRIB of L commence 1/2 RF trn fc LOD, fwd L(W commence RF trn bk L, fwd R cont RF trn fc LOD, cont RF trn bk L, bk R cont RF trn fc RLOD);

QaQ Hip rk action small stp bk R/rec L, bk R(W small stp bk L/rec R, bk L),

- QQQQ (Sugar Bump) Bk L, rec fwd R commence RF trn 1/4, lift left knee up cont RF trn tching left hip to Woman's right hip cont trn RF rolling bottoms, releasing lead hands fwd L cont RF trn to face partner(W fwd R, fwd L commence LF trn, lift right knee up cont LF trn touching right hip to man's left hip continue to trn LF rolling bottoms, releasing lead hands fwd R cont LF trn to face partner)joining lead hands) fc LOD;
- QaQ Hip rk action small stp bk R/rec L, bk R(W small stp bk L/rec R, bk L),

Meas

ENDING

**1~ 7 Whip Trn;; Sugar Tuck & Spin;,, Underarm Trn,;;
Chicken Walks 4Q; Start Sugar Bump Bk to Bk & Hold;**

- 1- 2 (Whip Trn) Bk L, rec R slightly XIF of L blend CP 1/4 RF trn, sd L cont RF trn/rec fwd R cont RF trn, cont trn sd & fwd L fc RLOD(W fwd R, fwd L 1/2 RF trn fc LOD, bk R/cl L, fwd R to CP);
- QQQaQ XRIB of L commence 1/2 RF trn fc LOD, fwd L, hip rk action small stp bk R/rec L, bk R (W commence RF trn bk L, bk R cont RF trn fc RLOD, hip rk action small stp bk L/rec R, bk L);
- QQQQ 3- 5 (Sugar Tuck & Spin) Bk L, bk R low Bfly, tch L to R, fwd L lead W RF spin(W fwd R, fwd L slight LF trn to low Bfly, tch R to L, commence RF trn fwd R RF spin fc partner); Hip rk action small stp bk R/rec L, bk R,(W hip rk action bk L/rec R, bk L)end LOP-FC fc RLOD,
- QaQ (Underarm Trn) Bk L, rec R slightly XIF of L; sd L commence RF trn raise lead hand/rec R cont RF trn, cont trn sd & fwd L fc RLOD, hip rk action small stp bk R/rec L, bk R(W fwd R, fwd L commence LF trn under lead hand; Cont trn sd R/ XLIF of R, cont trn sd & bk R fc LOD, hip rk action small stp bk L/rec R, bk L);
- QQQaQ
- QQQQ 6 (Chicken Walk 4Q) Small stp bk L(W swivel RF on L fwd R), b bk R(W swivel LF on R fwd L), bk R(W swivel LF on R fwd L), bk L(W swivel RF on L fwd R);
- QQQQ 7 (Start Sugar Bump Bk to Bk) Bk L, rec fwd R commence RF trn 1/4, lift left knee up cont RF trn tching left hip to Woman's right hip cont trn RF rolling bottoms, fwd L(W fwd R, fwd L commence LF trn, lift right knee up cont LF trn touching right hip to man's left hip continue to trn LF rolling bottoms, fwd R) bk to bk man fc RLOD woman fc LOD head down;