

Dream a Little Dream of Me

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Music: The Mamas & The Papas (Multiple sources, Amazon Download)
Rhythm
Phase V Slow Two Step
Footwork opposite except where noted
Sequence: Intro – A – B – C – B – D – C – A(1-7) - Ending
Speed: 52 rpm **Released March 2011** **Version 1.1**

Intro

1 - 4 **WAIT 3 P/U NOTES – UNWIND ; CIRCLE FRONT VINE 8 ; ; HOOK & UNWIND M/TRANS ;**
Introduction is in identical footwork until man transitions
In back to back pos both with R ft crossed over L weight on L ft wait 3 pickup notes – unwind LF on R ft fc prt BFL ; commence RF circle around prt XRIF, sd L, XRB, sd L; XRIF, sd L, XRB, sd L BFLY Wall; XRIF no weight, unwind LF on L, , cl R(W XRIF no weight, unwind LF on L ft) BFLY Wall;

Part A

1 - 8 **SIDE BASIC ; SWEETHEART WRAP W/TRANS ; SWEATHEART BREAK ;**
LADY ACROSS MAN ; SWEETHEART BREAK ; LADY ACROSS MAN ;
FWD 3 ; FWD 3/LADY ROLL 4 FC ;

Identical foowork measures 3-7

(Side Basic)Sd L, -, XRB, rec L; Sd R, -. XLIB binging ld hands around W head to wrap, rec R (W sd L, -,XRIF trng LF under joined ld hands to wrap pos fc Wall,tch L) ;

(Sweetheart Break)Sd L LOD trn RF, -, XRB of L, rec L to end in LEFT WRAP Pos Fc DRW;

(Lady Across)Fwd R slight RF turn lead W in front to RLOD, -, fwd L, fwd R RF turn end in WRAP Pos DRC(W sd & fwd R moving across in front of M, fwd L, fwd R);

(Sweetheart Break)Sd RLOD trn RF, -, XRB of L, rec L to end in LEFT WRAP Pos Fc DC;

(Lady Across)Fwd R slight RF turn lead W in front to LOD, -, fwd L, fwd R RF turn end in WRAP Pos DW(W sd & fwd R moving across in front of M, fwd L, fwd R);

(Fwd 3)Fwd L, -, fwd R, fwd L;

(Fwd 3/Lady Roll 4Fc)Fwd R release lead hands lead W to comm RF roll, -, fwd L, fwd R trng RF to BFLY(W fwd R commence RF roll, sd L cont roll, sd R, fwd L LOD trng LF to BFLY); (2nd time through omit measure 8 blending to shadow skaters)

Part B

1 - 8 **SIDE BASIC HANDSHAKE ; OPEN BREAK VARSOUVIENNE ; WHEEL FC LOD ; FWD 3 ;**
TUCK & SPIN ; FWD BREAK ; REV UNDERARM TURN FC WALL ; BASIC ENDING;

(Sd Basic Hndhk)Sd L, -, XRB, rec L to R handshake;

(Open Break Vars)Sd R, -, bk L, rec R trn RF (W LF)join hands over shoulders to Varsouvienne RLOD;

(Wheel)Fwd L trng RF, -, fwd R, fwd L fc LOD;

(Fwd 3)Fwd R, -, fwd L, fwd R;

(Tuck & Spin)Fwd L slight RF turn lead W to turn in, -, chk bk R lead W to spin RF, rec L (W fwd R slight LF turn, -, spin RF fwd trng, bk L cont trn);

(Fwd Break)Sd & fwd R , chk fwd L, rec R join both hands;

(Rev Underarm Trn)Bk L trng RF, -, sd & bk R, XLIF of R fc Wall BFLY

Part B (Cont)

(W fwd R, -, trng LF fwd L under lead hands, bk & sd R fc M);

(Basic Ending)Sd R, -, XLIB, Rec R (W rec L trning LF in front of M);

Part C

1 – 8 START TRIPPLE TRAVELLER ; ; BOTH ROLL IN HANDSHAKE ; OPEN BREAK ; TRADE PLACES 2X ; ; TRADE PLAECES UNDERARM ; LUNGE BASIC ;

(Tripple Traveller)Fwd L trng slight LF fc DC, -, sd & fwd R, fwd L

(W bk R trng LF, -, sd L trng LF under lead hands,cont LF trng bk R fc wall);

Fwd R spiral LF under joined hands, -, fwd L, fwd R (W trn fc LOD fwd L, -, fwd R, fwd) bring hands to shldr level;

(Roll to Handshk)Fwd L bringing joined hands down & bk release hands comm RF turn, - sd & bk R, cont LF turn fwd L

(W fwd R comm. RF turn, - sd & bk L trng RF, cont RF trn fwd R);

(Open Break)Join R hands trng to fc ptr sd R, - bk L extend L arm to sd, rec R;

(Trade Places)Pull by ptr release R hand pass R shldrs fwd L trng ½ RF, -, join L hands aprt R extend R arm to sd , rec L;

Pull by ptr release L hand pass L shldr fwd R trng ½ LF, -, join R hands aprt L extend L arm to sd, rec R;

(Trade Places Underarm) Pull by ptr fwd L twd W's R sd trng RF to fc Wall lead W to turn LF, -, sd R, XLIF BLFY Wall(W fwd R comm LF turn under Rt hands, -, sd L, XRIF);

(Lunge Basic)Lunge Sd R, -, rec L, XRIF;

Part B

1 - 8 SIDE BASIC HANDSHAKE ; OPEN BREAK VARSOUIVIENNE ; WHEEL FC LOD ; FWD 3 ; TUCK & SPIN ; FWD BREAK ; REV UNDERARM TURN FC WALL ; BASIC ENDING;

Part D

1 - 8 3 OPEN TRAVELLING CROSS CHASSES ; ; ; CROSS CHASSE L ROLL 3 ; TRAVELLING CROSS CHASSE ; PASSING CROSS CHASSE ;

LADY PASSING CROSS CHASSE ; TRAVELLING CROSS CHASSE FC DW ;

(Open Travel Cross Chasses)fwd L trng LF join R hands at shldr level, -, sd & fwd R, XLIF

(W bk R slight LF trn, -, bk & sd L, XRIF); Trng RF fwd R chng to L hands, -, sd & fwd L, XRIF

(W bk L trng RF, - bk & sd R, XLIF);

Fwd L trng LF join R hands at shldr level, -, sd & fwd R, XLIF(W bk R slight LF trn, -, bk & sd L, XRIF);

(Trav Cross Chasse/L Roll)Trng RF fwd R, -, sd & fwd L, XRIF(W comm RF roll bk L, -, fwd R LOD, bk L);

(Trav Cross Chasse)Joining both hands low trng LF fwd L, -, sd & fwd R, XLIF

(W bk R LF trn, -, bk & sd L, XRIF);

(Passing Cross Chasse) Fwd R trng RF fc Wall, -, fwd & sd L cont RF trn, XRIF in front of W fc DRW (W bk L trng RF, -, small sd R fc COH, XLIF);

(W Passing Cross Chasse)Bk L trng RF, -, small sd R fc COH, XLIF

(W fwd R trng RF, - fwd & sd L cont RF trng, XRIF of M fwd DRW);

(Trav Cross Chasse)Fwd R trng RF, - sd & fwd L, XRIF fc DW(W bk R trng Lf, -,bk & sd L, XRIF);

Part C

1 - 8 **START TRIPPLE TRAVELLER ; ; BOTH ROLL IN HANDSHAKE ; OPEN BREAK ; TRADE PLACES 2X ; ; TRADE PLAECES UNDERARM ; LUNGE BASIC ;**

Part A(Mod)

1 - 7 **SIDE BASIC ; SWEETHEART WRAP W/TRANS ; SWEATHEART BREAK ; LADY ACROSS MAN ; SWEETHEART BREAK ; LADY ACROSS MAN ; FWD 3 ;**
(Fwd 3) Fwd L, -, fwd R releasing hands, fwd L blend to shadow skaters L hands joined;

Ending

1 - 8 **SOLO RF SHADOW TURNS ; ; FWD 3 FC WALL ; LUNGE REC/LADY TURN TRANS ; OPEN BASICS ; ; THE SQUARE ; ; ; PROMENADE SWAY CHANGE OF SWAY ;**

Identical footwork measures 1-3

(Solo Rt Shad Trns)Fwd R,-, fwd L comm RF trn loop L arms over W's head, cont slight RF trn bk R lower L hands in front of W;

Bk L joining R hands behind M's back & releasing L hands,-, trng RF sd R taking R arms over W's head, cont slight RF trn fwd L joining L hands and releasing R hands;

(Fwd 3 Fc Wall)Fwd R, -, fwd L, fwd R trng to fc Wall;

(Lunge/L Trn Trans) Lunge sd L, -, rec R to CP wall, -(W lunge sd L, -, rec R trng RF, cl L CP);

(Open Basics)Sd L trng RF to L Half Open Pos, -, bk R, rec L trng LF;

Sd R trng to Half Open Pos, bk L, rec R comm RF turn in front of W;

(The Square)Fwd L trng RF moving in front of W, -, sd R twd COH, XLIF to V Left HOP Pos;

(W fwd R, -, sd L twd COH, XRIF)

Fwd R, -, sd L twd RLOD, XRIF to V HOP RLOD

(W fwd L trng RF in front of M, -, sd R twd RLOD, XLIF);

Fwd L trng RF, -, sd R twd Wall, XLIF to V Left HOP Pos(W fwd R, -, sd L twd Wall, XRIF);

Fwd R, -, sd L twd LOD, XRIF to V HOP LOD(W fwd L trng RF in front of M, -, sd R twd LOD, XLIF);

(Prom Sway & Change)Fwd & sd L to Prom Sway, -, lower & change sway to RLOD, -;