

GOODNIGHT, SWEETHEART

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CHOREO: Joe and Pat Hilton 519 Great Hill Dr, Ballwin, MO, USA, 63021-6262
PHONE: 636-394-7380 **E-MAIL:** JoeHilton@swbell.net
MUSIC: Song: Goodnight, Sweetheart Music Media Source: CD: Love Affair
Artist: Ray Coniff Download available from www.walmart.com
Music Modified: -3.5% BPM/MPM: 116/29 TIME@BPM: 2:44 @116 BPM

FOOTWORK: Opposite unless indicated (Woman's footwork in parentheses)

RHYTHM: Foxtrot **RAL Phase:** V

SEQUENCE: INTRO A B INTERLUDE A B END

MEAS: INTRODUCTION

1-4 WAIT; WAIT; BACK HOVER SCP; FEATHER;

- 1 M fcg ptr & DLC M raises L hnd at sound of first bell wait 1 meas ;
- 2 W raises R hnd to jn M's L hnd at sound of second bell wait 1 meas ;
- 3 {BK HVR SCP} Bk L DRW (W outside partner), -, sd & bk R w/ a slight rise lead W to SCP, rec L to SCP DLC (W fwd R, -, sd & fwd L trng to SCP & rising to ball of foot, rec R to SCP) ;
- 4 {FTHR} Thru R DLC, -, fwd L, fwd R outsd W in CBMP DLC (W thru L trng LF toward ptr, -, sd & bk R to BJO, bk L in CBMP) ;

5-6 REVERSE TURN;;

- 5-6 {REV TRN} Fwd L starting LF body trn, -, sd R cont trn DRC, bk L to CP LOD (W bk R start LF trn, -, cl L to R [heel trn] cont trn, fwd R to CP LOD) ; bk R cont LF trn, -, sd & slightly fwd L to DLW, fwd R to CBMP BJO DLW (W fwd L cont LF trn, -, sd R DRC, bk L to CBMP) ;

PART A

1-4 3 STEP; NATURAL HOVER CROSS;; OPEN TELEMAR;

- 1 {3 STP} Fwd L w/ heel lead blend to CP, -, fwd R w/ heel lead, fwd L on toe DLW M has right sd lead on stps 2 & 3 (W bk R, -, bk L, bk R) ;
- 2 {NAT HVR X} Fwd R diag LOD & wall commence to trn RF, -, sd L w/ L sd stretch [1/4 RF trn between stps 1 & 2], cont RF trn sd R [1/2 RF trn between stps 2 & 3 bdy trns less fcg DLC] (W bk L commence to trn RF, -, R foot cls to L heel trn w/ a RS stretch trng RF 3/8 between stps 1 & 2, cont RF trn sd L [3/8 RF trn between stps 2 & 3] to CP) ;
- 3 w/ R sd stretch fwd L in SCAR outsd ptr on toe, rec R w/ slight L sd lead, sd & fwd L, w/ L sd stretch fwd R outsd ptr on toe BJO DLC (W w/ L sd stretch bk R in SCAR on toe, rec fwd on L w/ slight R sd lead, sd & bk R, w/ R sd stretch bk L in BJO) ;
- 4 {OP TELE} Fwd L starting LF trn, -, cont LF trn sd R, cont LF trn sd & fwd L DLW to end in tight SCP (W bk R starting LF trn, bring L beside R w/ no wgt, trn LF on R heel [heel trn], chg wgt to L, cont LF trn sd & slightly fwd R DLW in tight SCP) ;

5-8 OPEN NATURAL; HESITATION CHANGE; QUICK DIAMOND 4 RLOD; STEP BACK TO HINGE;

- 5 {OP NAT} Commence RF upper bdy trn fwd R heel to toe, -, sd L in CP, cont RF trn bk R leading ptr to stp outsd M to BJO DRC (W commence RF upper bdy trn fwd L DLW, -, trn RF fwd R to CP, fwd L outsd M to BJO) ;
- 6 {HES CHG} Begin RF upper bdy trn bk L begin to pull R heel bk, -, pull R heel past L trng RF stp sd & fwd R LOD, draw L to R without taking weight CP DLC (W begin RF upper bdy trn fwd R, -, trn RF sd & bk L LOD, cont RF trn, draw R to L without taking weight) ;
- 7 {QK DIAM 4} Fwd L on the diag commence LF trn, cont LF trn sd R, bk L, bk R to CP RLOD (W bk R on the diagonal commence LF trn, cont LF trn sd L, fwd R, fwd L CP LOD) ;
- 8 {STP BK TO HINGE} Bk and sd L twd LOD trn upper bdy to fc wall w/ L sd stretch leading W to XLIB of R keeping L sd twd ptr, -, relax L knee w/ no weight on R, - (W stp fwd R trn 1/2 to fc RLOD w/ R sd stretch, -, XLIB of R keeping R sd twd ptr relax L knee w/ no weight on R keep R extended fwd twd RLOD, -)

9-12 HOVER EXIT; FEATHER; REVERSE TURN;;

- 9 {HVR EXIT} From hinge pos M straighten L leg rising causing W to take small stp fwd R, -, M rotate shoulders slightly RF to DLW stp sd R causing W to trn RF to CP, stp fwd L SCP

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DLC(W cl R to L, -, small stp sd and fwd L trng to CP fcg ptr, stp fwd R SCP DLC) ;

10 {FTHR} Thru R, -, fwd L, fwd R outsd W in CBMP DLC(W thru L trn LF twd ptr, -, sd and bk R to CBJO, bk L) ;

11-12 {REV TRN} Same as meas 5-6 Introduction ;

13-16 3 STEP; 1/2 NATURAL; CLOSED IMPETUS; BACK FEATHER

13 {3 STP} Same as meas 1 Part A ;

14 {1/2 NAT} Commence RF upper bdy trn fwd R heel to toe, -, sd L across LOD, bk R (W commence RF upper bdy trn bk L, -, cl R [heel trn] cont trn, fwd L) ;

15 {CL IMP} Commence RF upper body trn bk L, -, cl R to L [heel trn] cont trn, sd & bk L to CP (W commence RF upper bdy trn fwd R between M's ft heel to toe trng 1/2 RF, sd & fwd L cont RF trn arnd M & brush R to L, fwd R between M's ft to CP) ;

16 {BK FTHR} Bk L, -, bk R w/ R shoulder leading, bk L to CBMP (W fwd R, -, fwd L w/ L shoulder leading, fwd R to CBMP) ;

PART B

1-4 3 STEP; NATURAL WEAVE;; CHANGE OF DIRECTION;

1 {3 STP} Same as meas 1 Part A ;

2 {NAT WEV} Fwd R trng RF, -, sd L w/ L sd stretch [undr 1/4 RF trn between stps 1 & 2], w/ R sd ld bk R DLC preparing to lead W outsd ptr [slight RF trn between stps 2 & 3 (W bk L trng RF, -, R foot cls to L heel trn trng 1/4 RF between stps 1 & 2, L sd ld fwd L preparing to stp outsd ptr) ;

3 w/ R sd stretch bk L in BJO, bk R trng LF, w/ L sd stretch sd & fwd L preparing to stp outsd ptr trng 1/4 LF between stps 5 & 6 body trns less, w/ L sd stretch fwd R in BJO DLW (W with L sd stretch fwd R outsd ptr, fwd L trng LF, w/ R sd stretch sd R trng LF 1/8 between stps 5 & 6, w/ R sd stretch bk L trng LF 1/8 between stps 6 & 7 body trns less DLW) ;

4 {CHG OF DIR} Fwd L DLW, -, fwd R DLW w/ R shoulder leading trng LF, draw L to R CP DLC (W bk R DLW -, bk L DLW w/ L shoulder leading & trn LF, draw R to L and brush) ;

5-8 CLOSED TELEMARK; NATURAL HOVER CROSS;; FULL DOUBLE REVERSE DLC;

5 {CL TELE} CP DLC Fwd L, -, fwd R trng LF arnd W cl to W's feet trng LF, fwd & sd L to end in tight BJO DLW (W bk R trng LF heel trn on R heel bringing L beside R w/ no wgt, -, cont LF trn on R heel & chg wgt to L, bk & sd R) ;

6-7 {NAT HVR X} Same as meas 2-3 Part A

8 {FULL DBL REV SPN DLC} Fwd L trn LF, -, sd R trng 1/2 between stps 1 and 2, spn 1/2 LF between stps 2 & 3 on ball of R bringing L foot undr bdy beside R w/ no wgt flexed knees (W bk R trng LF on R heel, -, L foot cls to R heel trn trng 1/2 LF between stps 1 & 2/sd & slightly bk R cont LF trn, XLif of R) fc DLC ;

9-12 REVERSE TURN 1/2 TO CHECK & WEAVE;;; CHANGE OF DIRECTION;

9 {REV TRN 1/2} Fwd L starting LF body trn, -, sd R trng LF, bk L LOD to CP RLOD (W bk R starting LF trn, -, cl L to R [heel trn] trng LF, fwd R to CP LOD) ;

10 {CK & WEV} From CP RLOD slip R foot bk undr bdy w/ a slight contra ck action, -, fwd L beginning LF trn, sd R [1/8 LF trn between stps 1 & 2 of the wev] w/ R sd lead & slight R sd stretch preparing to lead W outsd ptr (W slip L foot fwd undr bdy w/ a slight contra ck action, -, bk R commence to trn LF, sd L [1/4 LF trn between stps 1 & 2 of the wev] w/ L sd lead & slight L sd stretch preparing to stp outsd ptr) ;

11 w/ R sd stretch bk L in CBMP cont 1/8 LF trn between stps 2 & 3 of the wev, bk R to a momentary CP cont to trn LF, sd & fwd L w/ L sd stretch [1/4 LF trn between stps 4 & 5 of the wev bdy trns less], w/ L sd stretch fwd R in CBMP outsd ptr DLW (W w/ L sd stretch fwd R in CBMP outsd ptr, fwd L to a momentary CP cont to trn LF, sd & bk R w/ R sd stretch [1/8 LF trn between stps 4 & 5 of the wev], w/ R sd stretch bk L in CBMP [1/8 LF trn between stps 5 & 6 of the wev bdy trns less]) ;

12 {CHG OF DIR} Same as meas 4 of Part B ;

13-16 OPEN TELEMARK; HOVER FALLAWAY; SLIP PIVOT; MANEUVER;

13 {OP TELE} Same as meas 4 Part A ;

14 {HVR FAWY} Staying in SCP throughout fwd R, -, fwd L rising to ball of foot & ckg, rec on R

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(W staying in SCP throughout fwd L, -, fwd R rising to ball of foot & ckg, rec on L) ;
15 {SLP PVT} Bk L, -, bk R commence LF trn [keeping L leg extended], fwd L (W bk R commence LF pivot on ball of foot [thighs locked L leg extended], -, fwd L comp LF trn placing L foot near M's R foot, bk R) ;

16 {MANUV} Commence RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R (W bk L trng RF, -, cont RF trn to fc ptr sd R, cl L) ;

17-18 OUTSIDE CHANGE to SCP; CHAIR & SLIP;

17 {OUTSD CHG to SCP} Bk L, -, bk R trng LF, sd & fwd L to SCP (W fwd R, -, fwd L trng LF, sd & fwd R to SCP) ;

18 {CHR & SLP} Check thru R w/ lun action as for Chair, -, rec L [no rise], w/ slight LF upper bdy trn slp R bhd L cont trn 1/8 to L to CP end fcg DLC (W check thru L w/ lun action as for Chair, rec R [no rise], swvl LF on R & stp fwd L outsd M's R foot to CP) ;

REPEAT PART A

REPEAT PART B

END

1-4 OPEN TELEMARK; OPEN NATURAL; OPEN IMPETUS; SLOW SIDE LOCK;

1 {OP TELE} Same as meas 4 Part A ;

2 {OP NAT} Same as meas 5 Part A ;

3 {OP IMP} Commence RF upper bdy trn bk L, -, cl R to L [heel trn] cont trng RF, comp trn fwd L in tight SCP (W Commence RF upper bdy trn fwd R outsd M heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd man brush R to L, comp trn fwd R) ;

4 {SLO SD LK} Thru R, -, sd & fwd L to CP, XRib of L trng slightly LF DLC (W thru L commencing LF trn, -, sd & bk R cont LF trn to CP, XLif of R) ;

5-6 SLOW CONTRA CHECK; & EXTEND;

5 {SLOW CONTRA CK} Commence LF upper bdy trn, flexing knees w/ strong R sd lead, ck fwd L in CBMP, - (W Commence LF upper bdy trn, flexing knees w/ strong L sd lead, bk R in CBMP looking well to L, -) ;

6 {EXTEND} With weight remaining on L foot relax R arm slightly allowing W to increase the distance between ptrs upper bodies while placing W's R hnd on M's L shoulder, extending L arm up & bk, cont extending L arm, comp arm extension (W increase upper bdy distance from M slightly while placing W's R hnd on M's L shoulder, slowly extend L arm out, -, -) ;

QUICK CUES

INTRODUCTION

WAIT; WAIT; BACK HOVER SCP; FEATHER;

REVERSE TURN;;

PART A

3 STEP; NATURAL HOVER CROSS;; OPEN TELEMARK;

OPEN NATURAL; HESITATION CHANGE; QUICK DIAMOND 4 RLOD; STEP BACK TO HINGE;

HOVER EXIT; FEATHER; REVERSE TURN;;

3 STEP; 1/2 NATURAL; CLOSED IMPETUS; BACK FEATHER

PART B

3 STEP; NATURAL WEAVE;; CHANGE OF DIRECTION;

CLOSED TELEMARK; NATURAL HOVER CROSS;; FULL DOUBLE REVERSE DLC;

REVERSE TURN 1/2 TO CHECK & WEAVE;;; CHANGE OF DIRECTION;

OPEN TELEMARK; HOVER FALLAWAY; SLIP PIVOT; MANEUVER;

OUTSIDE CHANGE; CHAIR & SLIP;

REPEAT PART A

REPEAT PART B

ENDING

OPEN TELEMARK; OPEN NATURAL; OPEN IMPETUS; SLOW SIDE LOCK;

SLOW CONTRA CHECK; & EXTEND;