

Happiness & Heartaches I

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Rhythm & Phase: Waltz Phase Soft VI **Date & Version:** 1 Juni 2010, v 1.00
Music: Des O'Connor " Happiness & Heartaches "
Speed: As on CD **Editing:** Add 2 measures for Wait ; ;
Sequence: AB Bmod C Cmod Bmod A Bmod C Cmod B Ending

Part A

1-4 Hover Telemark ; Op Natural ; Right Chasse / W Spin & Develope (Handshake) ; ;

- 1 { *Hover Telemark* } In Cp Dlw fwd L, diagonal sd & fwd R rising slightly [hovering] with body turning 1/8 to 1/4 RF, fwd L small stp on toes to semi-CP; (bk R, diagonal sd & bk L with hovering action & body turning 1/8 to 1/4 RF, fwd R small stp on toes to semi-CP;)
- 2 { *Op Nat* } Comm RF upper body turn fwd R heel to toe, sd L aX LOD, cont slght RF upper body turn to lead prtnr to stp outsd bk R with R sd leading to BJO pos; (Comm slight RF upper body turn fwd L, fwd R, fwd L outsd prtnr with L sd leading to BJO pos;)
- 3-4 { *R Chasse/W Spin & Develope to Hndshk* } XLIB of R DLW, sd R/close L, sd R; (W fwd R, fwd L right trng pivot / fwd R trng RF bk L;) finishing flat footed Fcg COH with HOLD both holding right hands looking at each Other Free Arms Extended; (W bk R LOD raising L pointing RLOD;)
[timing 1,2&,3 ; 1,2,3;]

5-8 W Left Spin Hold ; ; Hook & Unwind ; Back Hover Telemark ;

- 5-6 { *W Left Spin Hold* } M Hold (W fwd L RLOD, LF spin on R, LF spin on L bringing R to L and sway bk to Rev Semi CP Romantic pos) both with R ft free; twisting upper body LF and hold Lady's left side waist (W Sway Left extending head and Left arm well to left right hand on man's left shoulder);
- 7 { *Hook & Unwind* } XRIB of L commencing RF twist trn, cont twist trn, rising on R fcg RLOD; (W wheel around fwd R, fwd L / fwd R, fwd L timing 1,2&,3;)
- 8 { *Bk Hover Telemark* } comm RF upper body turn on L, cont turn sd & fwd R rising slightly [hovering] with body turning 1/8 to 1/4 RF, fwd L small stp on toe to semi-CP; (comm RF upper body turn fwd on R between M's ft pivoting 1/2 RF, sd fwd L cont RF turn rising slightly (hovering) with body turning 1/8 to 1/4 RF, fwd R stp on toe to semi-CP;)

Part B

1-4 Hairpin ; Outside Spin to Right Turning Lock ; ; Running Op Natural ;

- 1 { *Hairpin* } Thru R DLW comm to curve RF heel to toe, with L sd stretch fwd L brushing thighs turning RF, cont RF turn swiveling RF with strong L sd stretch banking into the turn fwd R outsd prtnr in tight CBMP on toes fc RLOD; (Fwd on L, with R sd stretch bk R well under the body turning R, cont RF turn swiveling RF with strong R sd stretch bk L in tight CBMP on toes;)
- 2-3 { *Outside Spin to R Trng Lk* } In CBMP preparing to lead woman outsd prtnr comm RF body turn toeing in with R sd lead bk L in CBMP small stp 3/8 turn to R on stp 1, fwd R in CBMP heel to toe cont to turn RF, [3/8 RF turn between stps 2 & 3] sd & bk L to end in CP 1/4 RF turn on 3 to fc RLOD; (comm RF body turn with L sd lead staying well in the M's R arm R ft fwd in CBMP outsd prtnr heel toe, L ft closes to R ft on toes of both ft 5/8 turn between stps 1 & 2, cont to turn RF 1/4 between stps 2 & 3 fwd R between M's ft to end in CP 1/8 RF turn on stp 3;)
bk R bking LOD with R sd lead comm to turn RF/X L IF of R to fac COH, with slght L sd stretch cont to turn upper body RF sd & fwd R between woM's ft cont to turn RF, fwd L to semi-CP; (fwd L with L sd lead comm to turn RF/X R in bk of L, with slght R sd stretch fwd & sd L staying well into the M's R arm cont to turn RF, fwd R to semi-CP;)
- 4 { *Running Op Nat* } Thru R in CBMP comm to turn RF, sd & bk L with slght L sd stretch [3/8 RF turn between stps 1 & 2]/bk R with R sd lead preparing to lead woman outsd prtnr [1/8 RF turn between stps 2 & 3], with slght R sd stretch bk L in CBMP; (Thru L in CBMP comm upper body turn RF staying well into M's R arm with slght R sd stretch fwd R/fwd L with L sd lead preparing to stp outsd prtnr, with slght L sd stretch fwd R outsd prtnr in CBMP;)

5-8 Bk to Throwaway Oversway ; Rise M Cls/W Swivel (Same Foot Point) ; Telespin Ending (Scp) ; Thru Chasse (Scp) ;

- 5 { Bk to Throwaway Oversway } Lower bk on R LOD trng LF, sd & fwd L relaxing L knee & allowing R to point sd & bk whilekeeping R sd in twd woman & looking at her [with L sd stretch], (W fwd L trng LF, sd & fwd R turning LF while relaxing R knee & sliding L ft bk under body past the R ft to point bk meanwhile looking well to the L & keeping L sd in twd man,)
- 6 { Rise M Cls/W Swivel (Sm Foot Pnt) } Rising on L slow trn body RF, close R to L CP, Point sd L DLC; (W rise on R, swivel L 1/4 RF fcg partner don't take wt, turn 1/4 RF & point L fwd;)
- 7 { Telespin Ending to Scp } begin LF turn on R/spin on L, sd R DLC to CP facing wall, sd & fwd L LOD in Scp; (W fwd L LOD turning LF/fwd & sd R DLC, trng LF cl L to R in CP, fwd R LOD in Scp;)
- 8 { Thru Chasse (Scp) } Thru R comm turn to face, sd L/close R, sd L to SCP pos; (Thru L comm turn to face, sd R/close L, sd R to Semi-CP;)

Part B modified

1-4 Hairpin ; Outside Spin to Right Turning Lock ; ; Running Op Natural ;

- 1 { Hairpin } see B1
- 2-3 { Outside Spin to R Trng Lk } see B2-3
- 4 { Running Op Nat } see B4

5-8 Bk to Throwaway Oversway ; Rise M Cls/W Swivel (Same Foot Point) ; Running Wing M Ronde ; ;

- 5 { Bk to Throwaway Oversway } see B5
- 6 { Rise M Cls/W Swivel (Sm Foot Pnt) } see B6
- 7-8 { Running Wing M Ronde } Fwd on L, Hold with R ft ronde & pivoting on L while Lady does a wheel around [like a Horse & Cart]; -, -, Cls R to L to CP DLW; (W wheel around fwd L, fwd R, fwd L; fwd R, Turn Left Fc Diagonal RLOD & COH, - ;)

Part C

1-4 Hover Telemark ; Thru Chasse (Scp) ; Pu w/Double Lock ; Reverse Fallaway ;

- 1 { Hover Telemark } In Cp Dlw fwd L, diagonal sd & fwd R rising slghtly [hovering] with body turning 1/8 to 1/4 RF, fwd L small stp on toes to semi-CP; (bk R, diagonal sd & bk L with hovering action & body turning 1/8 to 1/4 RF, fwd R small stp on toes to semi-CP;)
- 2 { Thru Chasse (Scp) } Thru R comm turn to face, sd L/close R, sd L to SCP pos; (Thru L comm turn to face, sd R/close L, sd R to Semi-CP;)
- 3 { Pu w/Dbl Lk } Thru & fwd R, fwd L LOD / XRIB of L, fwd L diag COH / XRIB of L; (W Thru & fwd L, Sd & fwd R / XLIF of R, bk R / XLIF of R;)
- 4 { Rev Fallaway } Fwd L DC trn LF, sd R blend SCP, XLIB of R fcg RLOD; (W back R, trn LF sd L, XRIB of L;)

5-8 Slip Pivot to Right Lunge ; Spanish Drag ; Rudolph & Slip ; Double Reverse Spin ;

- 5 { Slip Pivot to R Lunge } Bk R Slip pivtg LF Fcg LOD, Fwd L to wall, R sway to R; (W pivtg LF fwd L, Bk R, L sway to L;)
- 6 { Spanish Drag } Compr right knee / sd L staying low, draw R to L, -; (Compr left knee / sd R staying low, draw L to R, -;)
- 7 { Rudolph & Slip } CP DLW - Fwd R DLW on relaxed R leg rotating hips RF, rec L, pivoting LF on L pull R bk past L in CP DC; (CP DRC - Bk L DLW with a small step beginning a CW ronde with the R keeping the R toe down & turning head R, complete ronde stepping bk R under body, pivoting LF on R slip L fwd in CP;)
- 8 { Dbl Rev } fwd L comm LF turn, sd R [3/8 LF turn between stps1 & 2], spin up to 1/2 LF between stps 2 & 3 on ball of R bringing L ft under body besd R no wgt flexed knees; (bk R comm to turn LF, L ft closes to R heel turn turning 1/2 LF between stps 1 & 2/sd & slghtly bk R cont LF turn, X L IF of R;)

Part Cmodified

1-4 Hover Telemark ; Thru Chasse (Scp) ; Pu w/Double Lock ; Reverse Fallaway ;

- 1 { *Hover Telemark* } see C1
- 2 { *Thru Chasse (Scp)* } see C2
- 3 { *Pu w/DbL Lk* } see C3
- 4 { *Rev Fallaway* } see C4

5-8 Slip Pivot to Right Lunge ; Spanish Drag ; Rudolph & Slip ; Closed Telemark ;

- 5 { *Slip Pivot to R Lunge* } see C5
- 6 { *Spanish Drag* } see C6
- 7 { *Rudolph & Slip* } see C7
- 8 { *Closed Telemark* } CP DLC - trng LF fwd L DLC, continuing LF trn sd R DLC, fwd L DLW with L shoulder lead preparing to step fwd outside ptr; (CP DRC - trng LF bk R DLC, continuing LF turn cl L to R (Heel Turn) and tnsfr wt to L, bk R DLW with R shoulder lead;)

Ending

1-5 Op Natural ; R Chasse/W Spin & Develope (Handshake) ; ; W Left Spin Hold ; ;

- 1 { *Op Natural* } see A2
- 2-3 { *R Chasse/W Spin & Develope to (Hndshk)* } see A3-4
- 4-5 { *W L Spin Hold* } see A5-6

6-8 Trng Hover Trans (Scp) ; Thru Fwd / W Sync Left Turn ; & Sway R

- 6 { *Trng Hover Trans (Scp)* } Sd R trng RF, Brush L to R, Fwd L to Scp; (comm RF upper body turn fwd on R pivoting 1/2 RF, sd fwd L cont RF turn rising slightly (hovering) with body turning 1/8 to 1/4 RF, fwd R stp on toe to semi-CP;)
- 7 { *Thru Fwd / W Sync L Turn* } Thru R LOD, fwd L tch R to L, Side R; (thru L, fwd R begin LF trn / bk L cont turning, bk R Fcg RLOD & COH/sd L;)
- 8 { *& Sway R* } Stretching Right Side of Body to Left Keep Leading hands joined pointing Low & Trailing hands side and High

Happiness & Heartaches (Marcel & Chris)

Waltz Soft VI - (Music: Des O'Connor added 2 meas for Wait ; ;)

A B Bmod C Cmod Bmod A Bmod C Cmod B End

A (Cp Dlw - Ld Ft Free)

Hover Telemark ; Op Nat ;
R Chasse/W Spin & Develope ; (Hndshk) ;
W L Spin Hold ; ; Hook & Unwind ; Bk Hover Telemark ;

B

Hairpin ; Outside Spin to R Trng Lk ; ;
Run Op Nat ; Bk to Throwaway Oversway ;
Rise M Cls/W Swivel (Sm Foot Pnt) ;
Telespin Ending ; Thru Chasse (Scp) ;

Bmod

Hairpin ; Outside Spin to R Trng Lk ; ;
Run Op Nat ; Bk to Throwaway Oversway ;
Rise M Cls/W Swivel (Sm Foot Pnt) ;
Running Wing M Ronde ; ;

C

Hover Telemark ; Thru Chasse (Scp) ;
Pu w/Dbl Lk ; Rev Fallaway ;
Slip Pivot to R Lunge ; Spanish Drag ;
Rudolph & Slip ; Dbl Rev ;

Cmod

Hover Telemark ; Thru Chasse (Scp) ;
Pu w/Dbl Lk ; Rev Fallaway ;
Slip Pivot to R Lunge ; Spanish Drag ;
Rudolph & Slip ; Closed Telemark ;

End

Op Nat ; R Chasse/W Spin & Develope ; (Hndshk) ;
W L Spin Hold ; ; Trng Hover Trans (Scp) ;
Thru Fwd / W Sync L Turn ; & Sway R

