

# Happiness & Heartaches II

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<b>Rhythm &amp; Phase:</b>	Waltz Phase VI	<b>Date &amp; Version:</b>	1 Juni 2010, v 1.00
<b>Music:</b>	Des O'Connor " Happiness & Heartaches "		
<b>Speed:</b>	As on CD	<b>Editing:</b>	Add 2 measures for Wait ; ;
<b>Sequence:</b>	AB Bmod C Cmod Bmod A Bmod C Cmod B Ending		

## Part A

### **1-4 Hover Telemark ; Op Natural ; Right Chasse / W Spin & Develope (Handshake) ; ;**

- 1 { Hover Telemark } In Cp Dlw fwd L, diagonal sd & fwd R rising slightly [hovering] with body turning 1/8 to 1/4 RF, fwd L small stp on toes to semi-CP; (bk R, diagonal sd & bk L with hovering action & body turning 1/8 to 1/4 RF, fwd R small stp on toes to semi-CP; )
- 2 { Op Nat } Comm RF upper body turn fwd R heel to toe, sd L aX LOD, cont slght RF upper body turn to lead prtnr to stp outsd bk R with R sd leading to BJO pos; (Comm slight RF upper body turn fwd L, fwd R, fwd L outsd prtnr with L sd leading to BJO pos; )
- 3-4 { R Chasse/W Spin & Develope to Hndshk } XLIB of R DLW, sd R/close L, sd R (W fwd R, fwd L right trng pivot / fwd R trng RF bk L); finishing flat footed Fcg COH with HOLD both holding right hands (W bk R LOD raising L pointing RLOD) Looking at each Other Free Arms Extended; [timing 1,2&,3 ; 1,2,3;]

### **5-8 W Left Spin Hold ; ; Hook & Unwind ; Back Hover Telemark ;**

- 5-6 { W Left Spin Hold } M Hold (W fwd L RLOD, LF spin on R, LF spin on L bringing R to L and sway bk to Rev Semi CP Romantic pos) both with R ft free; twisting upper body LF and hold Lady's left side waist (W Sway Left extending head and Left arm well to left right hand on man's left shoulder);
- 7 { Hook & Unwind } XRIB of L commencing RF twist trn, cont twist trn, rising on R fcg RLOD (W wheel around fwd R, fwd L / fwd R, fwd L timing 1,2&,3)
- 8 { Bk Hover Telemark } comm RF upper body turn on L, cont turn sd & fwd R rising slightly [hovering] with body turning 1/8 to 1/4 RF, fwd L small stp on toe to semi-CP; (comm RF upper body turn fwd on R between M's ft pivoting 1/2 RF, sd fwd L cont RF turn rising slightly (hovering) with body turning 1/8 to 1/4 RF, fwd R stp on toe to semi-CP; )

## Part B

### **1-4 Hairpin ; Outside Spin to Right Turning Lock ; ; Running Op Natural ;**

- 1 { Hairpin } Thru R DLW comm to curve RF heel to toe, with L sd stretch fwd L brushing thighs turning RF, cont RF turn swiveling RF with strong L sd stretch banking into the turn fwd R outsd prtnr in tight CBMP on toes fc RLOD; (Fwd on L, with R sd stretch bk R well under the body turning R, cont RF turn swiveling RF with strong R sd stretch bk L in tight CBMP on toes; )
- 2-3 { Outside Spin to R Trng Lk } In CBMP preparing to lead woman outsd prtnr comm RF body turn toeing in with R sd lead bk L in CBMP small stp 3/8 turn to R on stp 1, fwd R in CBMP heel to toe cont to turn RF, [3/8 RF turn between stps 2 & 3] sd & bk L to end in CP 1/4 RF turn on 3 to fc RLOD; (comm RF body turn with L sd lead staying well in the M's R arm R ft fwd in CBMP outsd prtnr heel toe, L ft closes to R ft on toes of both ft 5/8 turn between stps 1 & 2, cont to turn RF 1/4 between stps 2 & 3 fwd R between M's ft to end in CP 1/8 RF turn on stp 3; )  
bk R bking LOD with R sd lead comm to turn RF/X L IF of R to fac COH, with slght L sd stretch cont to turn upper body RF sd & fwd R between woM's ft cont to turn RF, fwd L to semi-CP; (fwd L with L sd lead comm to turn RF/X R in bk of L, with slght R sd stretch fwd & sd L staying well into the M's R arm cont to turn RF, fwd R to semi-CP; )
- 4 { Running Op Nat } Thru R in CBMP comm to turn RF, sd & bk L with slght L sd stretch [3/8 RF turn between stps 1 & 2]/bk R with R sd lead preparing to lead woman outsd prtnr [1/8 RF turn between stps 2 & 3], with slght R sd stretch bk L in CBMP; (Thru L in CBMP comm upper body turn RF staying well into M's R arm with slght R sd stretch fwd R/fwd L with L sd lead preparing to stp outsd prtnr, with slght L sd stretch fwd R outsd prtnr in CBMP; )

## **5-8 Bk to Throwaway Oversway ; Rise M Cls/W Swivel (Same Foot Point) ; Telespin Ending (Scp) ; Thru Chasse (Scp) ;**

- 5 { Bk to Throwaway Oversway } Lower bk on R LOD trng LF, sd & fwd L relaxing L knee & allowing R to point sd & bk while keeping R sd in twd woman & looking at her [with L sd stretch; (W fwd L trng LF, sd & fwd R turning LF while relaxing R knee & sliding L ft bk under body past the R ft to point bk meanwhile looking well to the L & keeping L sd in twd man; )
- 6 { Rise M Cls/W Swivel (Sm Foot Pnt) } Rising on L slow trn body RF, close R to L CP, Point sd L DLC; (W rise on R, swivel L 1/4 RF fcg partner don't take wt, turn 1/4 RF & point L fwd;)
- 7 { Telespin Ending to Scp } begin LF turn on R/spin on L, sd R DLC to CP facing wall, sd & fwd L LOD in Scp; (W fwd L LOD turning LF/fwd & sd R DLC, trng LF cl L to R in CP, fwd R LOD in Scp;)
- 8 { Thru Chasse (Scp) } Thru R comm turn to face, sd L/close R, sd L to SCP pos; (Thru L comm turn to face, sd R/close L, sd R to Semi-CP; )

### ***Part B modified***

## **1-4 Hairpin ; Royal Spin ; Running Open Natural ; Back to Tumble Turn ;**

- 1 { Hairpin } see B1
- 2 { Royal Spin } In BJO pos comm RF body turn toeing in with R sd lead bk L small stp in CBMP [3/8 turn RF on stp 1], fwd R outsd prtnr CBMP heel to toe cont to turn RF, L ft passes under body with L sd lead fwd L to CBMP [5/8 RF turn between stps 2 & 3]; (comm RF body turn with a L sd lead staying well into M's R arm fwd R in CBMP heel to toe outsd prtnr, cont to turn RF as L ft curls in small ronde clockwise raising L knee to bring L ft to R knee toes pointed down [5/8 RF turn on ball of R ft between stps 1 & 2], cont to turn RF touch L to R [3/8 RF turn on ball of R ft between stps 2 & 3] ending in CBMP;)
- 3 { Run Op Nat } Thru R in CBMP comm to turn RF, -, sd & bk L with slght L sd stretch [3/8 RF turn between stps 1 & 2]/bk R with R sd lead preparing to lead woman outsd prtnr in CBMP [1/8 turn R between stps 2 & 3], with slght R sd stretch bk L in CBMP; (Thru L in CBMP comm upper body RF turn, -, staying well into M's R arm with slght R sd stretch fwd R/fwd L with L sd lead preparing to stp outsd prtnr in CBMP, with slght L sd stretch fwd R outsd prtnr in CBMP;)
- 4 { Bk to Tumble Trn } bk R turning 1/4 LF, sd L/fwd R outsd prtnr using strong CBMP rising, cont LF rotn with R sd stretch fwd L lowering with LF pivoting action; (fwd L turning 1/4 LF, sd R/bk L outsd prtnr using strong CBMP rising, cont LF rotn with L sd stretch bk R lowering with LF pivoting action; )

## **5-8 Back to Hinge ; Rec W Swivel to Same Foot Point ; Running Wing M Ronde ; ;**

- 5 { Bk to Hinge } Bk R LOD w/slt LF trn, sd & bk L trng LF, w/slt LF body trn hold on L trng head R; (Fwd L LOD, sd & fwd R trng LF w/head R, cont LF turn bk L DLW with head well left & R toe pointed fwd DRC;)
- 6 { Rec W Swivel to Sm Foot Pnt } Rising on L slow trn body RF, close R to L CP, Point sd L DLC; (W Fwd R rising, swivel L 1/4 RF fcg partner don't take wt, turn 1/4 RF & point L fwd;)
- 7-8 { Running Wing M Ronde } Fwd on L, Hold with R ft ronde & pivoting on L while Lady does a wheel around [like a Horse & Cart]; -, -, Cls R to L to CP DLW; (W wheel around fwd L, fwd R, fwd L; , fwd R, Turn Left Fc Diagonal RLOD & COH, - ;)

### ***Part C***

## **1-4 Hover Telemark ; Thru Chasse (Scp) ; Pu w/Double Lock ; Reverse Fallaway ;**

- 1 { Hover Telemark } In Cp Dlw fwd L, diagonal sd & fwd R rising slghtly [hovering] with body turning 1/8 to 1/4 RF, fwd L small stp on toes to semi-CP; (bk R, diagonal sd & bk L with hovering action & body turning 1/8 to 1/4 RF, fwd R small stp on toes to semi-CP; )
- 2 { Thru Chasse (Scp) } Thru R comm turn to face, sd L/close R, sd L to SCP pos; (Thru L comm turn to face, sd R/close L, sd R to Semi-CP; )
- 3 { Pu w/Dbl Lk } Thru & fwd R, fwd L LOD / XRIB of L, fwd L diag COH / XRIB of L; (W Thru & fwd L, Sd & fwd R / XLIF of R, bk R / XLIF of R;)
- 4 { Rev Fallaway } Fwd L DC trn LF, sd R blend SCP, XLIB of R fcg RLOD; (W back R, trn LF sd L, XRIB of L;)

## **5-8 Slip Pivot to Right Lunge ; Spanish Drag ; Rudolph & Slip ; Double Reverse Spin ;**

- 5 { Slip Pivot to R Lunge } Bk R Slip pivtg LF Fcg LOD, Fwd L to wall, R sway to R; (W pivtg LF fwd L, Bk R, L sway to L;)
- 6 { Spanish Drag } Compr right knee / sd L staying low, draw R to L, -; (Compr left knee / sd R staying low, draw L to R, -; )
- 7 { Rudolph & Slip } CP DLW - Fwd R DLW on relaxed R leg rotating hips RF, rec L, pivoting LF on L pull R bk past L in CP DC; (CP DRC - Bk L DLW with a small step beginning a CW ronde with the R keeping the R toe down & turning head R, complete ronde stepping bk R under body, pivoting LF on R slip L fwd in CP;)
- 8 { Dbl Rev } fwd L comm LF turn, sd R [3/8 LF turn between stps1 & 2], spin up to 1/2 LF between stps 2 & 3 on ball of R bringing L ft under body besd R no wgt flexed knees; (bk R comm to turn LF, L ft closes to R heel turn turning 1/2 LF between stps 1 & 2/sd & slghtly bk R cont LF turn, X L IF of R; )

### *Part Cmodified*

## **1-4 Hover Telemark ; Thru Chasse (Scp) ; Pu w/Double Lock ; Reverse Fallaway ;**

- 1 { Hover Telemark } see C1
- 2 { Thru Chasse (Scp) } see C2
- 3 { Pu w/Dbl Lk } see C3
- 4 { Rev Fallaway } see C4

## **5-8 Slip Pivot to Right Lunge ; Spanish Drag ; Rudolph & Slip ; Closed Telemark ;**

- 5 { Slip Pivot to R Lunge } see C5
- 6 { Spanish Drag } see C6
- 7 { Rudolph & Slip } see C7
- 8 { Closed Telemark } CP DLC - trng LF fwd L DLC, continuing LF trn sd R DLC, fwd L DLW with L shoulder lead preparing to step fwd outside ptr; (CP DRC - trng LF bk R DLC, continuing LF turn cl L to R (Heel Turn) and tnsfr wt to L, bk R DLW with R shoulder lead;)

### *Ending*

## **1-5 Op Natural ; R Chasse/W Spin & Develope (Handshake) ; ; W Left Spin Hold ; ;**

- 1 { Op Natural } see A2
- 2-3 { R Chasse/W Spin & Develope to (Hndshk) } see A3-4
- 4-5 { W L Spin Hold } see A5-6

## **6-8 Trng Hover Trans (Scp) ; Thru Fwd / W Sync Left Turn ; & Sway R**

- 6 { Trng Hover Trans (Scp) } Sd R trng RF, Brush L to R, Fwd L to Scp; (comm RF upper body turn fwd on R pivoting 1/2 RF, sd fwd L cont RF turn rising slghtly (hovering) with body turning 1/8 to 1/4 RF, fwd R stp on toe to semi-CP; )
- 7 { Thru Fwd / W Sync L Turn } Thru R LOD, fwd L tch R to L, Side R; (thru L, fwd R begin LF trn / bk L cont turning, bk R Fcg RLOD & COH/sd L;)
- 8 { & Sway R } Stretching Right Side of Body to Left Keep Leading hands joined pointing Low & Trailing hands side and High

## Happiness & Heartaches II (Marcel & Chris)

Waltz VI - (Music: Des O'Connor added 2 meas for Wait ; ;)

A B Bmod C Cmod Bmod A Bmod C Cmod B End

### A (Cp Dlw - Ld Ft Free)

Hover Telemark ; Op Nat ;  
R Chasse/W Spin & Develope ; (Hndshk) ;  
W L Spin Hold ; ; Hook & Unwind ; Bk Hover Telemark ;

### B

Hairpin ; Outside Spin to R Trng Lk ; ;  
Run Op Nat ; Bk to Throwaway Oversway ;  
Rise M Cls/W Swivel (Sm Foot Pnt) ;  
Telespin Ending ; Thru Chasse (Scp) ;

### Bmod

Hairpin ; **Royal Spin ; Run Op Nat ;**  
**Bk to Tumble Trn ; Bk to Hinge ;**  
**Rec W Swivel (Sm Foot Pnt) ;**  
Running Wing M Ronde ; ;

### C

Hover Telemark ; Thru Chasse (Scp) ;  
Pu w/DbI Lk ; Rev Fallaway ;  
Slip Pivot to R Lunge ; Spanish Drag ;  
Rudolph & Slip ; DbI Rev ;

### Cmod

Hover Telemark ; Thru Chasse (Scp) ;  
Pu w/DbI Lk ; Rev Fallaway ;  
Slip Pivot to R Lunge ; Spanish Drag ;  
Rudolph & Slip ; Closed Telemark ;

### End

Op Nat ; R Chasse/W Spin & Develope ; (Hndshk) ;  
W L Spin Hold ; ; Trng Hover Trans (Scp) ;  
Thru Fwd / W Sync L Turn ; & Sway R

