

LA GATTA

Choreographers: Ruth Howell & John Farquhar Email: rehdancer@gmail.com
Phone: 763.226.7386 Released: June 2016
Phase/Rhythm: 5 +0+1 (prom lock) Foxtrot Speed: No modifications
Music: Ancona Open Ballroom Vol 10 available at casa-musica.de
Sequence: Intro A B A Mod B A1-7 Ending Difficulty: Average
[Woman's footwork opposite unless noted in parentheses \(\)](#) Standard timing unless indicated

Measures:

INTRO

1-4 **Wait ; Stroll 6 to fc ;:**
1. op LOD escort pos lead ft free wait 1 meas;
ssssss 2-4 **{Stroll 6 }** fwd L w/slgt sway,, fwd R w/slgt sway,,; repeat meas 2 twice more end fcg
 prtnr wall blndg to clsd ;;

A

1-8 **Hover telemark ; Thru chasse semi ; Half natural ; Back feather ; Back three step ;
Hesitation change to sidecar ; Hover cross ending ; Double reverse face wall ;**
1. **{hvr tele}** Fwd L, -, diag sd and fwd R rsng slgtly [hvr] w/body trng rf, fwd L sm
 stp on toes to SCP LW;
2. **{thru chasse to SCP}** Thru R, -, sd L/cls R, sd L to SCP;
3. **{half nat RC}** Comm rf upper body trn fwd R heel to toe, -, sd L acr LOD, bk R fcg RC;
 (Thru L,-, sd R acr LOD, fwd L)
4. **{bk fthr}** Bk L, -, bk R w/ rt shldr lead, bk L to bjo;
5. **{bk 3 stp}** bk R blndg to clsd pos ,-, bk L, bk R,;
6. **{hes chg sdcr}** comm rf upper body trn bk L, -, sd R cont rf trn strtg to draw L to R & cont
 drawg L to R ovr rest of meas endg in sdcr LC, -;
7. **{hvr X ending}** w/R side stretch fwd L in CBMP osid prtnr on toe, rec R, w/L sd lead sd
 & fwd L, w/L side stretch fwd R in bjo LC;
8. **{dbl rev wall}** fwd L comm lf trn, -, sd R [3/8 lf trn btw stps 1 & 2], spin lf btw stps 2 & 3
 on ball of R bringing L undr body besd R w/ no wgt flxd knees fc Wall; (bk R comm lf
 trn, -, L cls to R heel trn /sd & slghtly bk R cont lf trn, XLIFR);

9-16 **Whisk ; Promenade lock ; Open natural ; Impetus semi ; Start a promenade weave ;
Double back lilt ; Finish the weave ; Double locks line wall ;**
9. **{wsk}** fwd L in CP, -, fwd & sd R comm rise to ball of foot, XLIBR endg tight SCP;
sq&q 10 **{prom lock}** thru R ,-, fwd L/XRIBL, fwd L;
11 **{op nat}** comm rf upper body trn thru R heel to toe, -, sd L acr LOD, cont slgt rf upper
 body trn bk R leadg prtr to stp osd to bjo fc RC;
12 **{imp semi}** comm rf upper body trn bk L, -, cls R to L [heel turn] cont rf trn, compl trn fwd
 L in tight SCP LC; (Comm rf upper body trn fwd R osid prtnr heel to toe pvtg 1/2 rf, -, sd
 & fwd L cont trn arnd man brsh R to L, compl trn fwd R);
sq 13 **{start prom wev}** fwd R, -, fwd L comm lf trn, sd & slghtly bk on R to bjo LC,-;
14 **{dbl bk lilt}** bk L, cls R to L risng to toes & keeping knees bent,-, Repeat ,-;
qqqq 15 **{finish wev}** bk L LC, bk R comm lf trn & lead W to CP, sd & slghtly fwd L LW, fwd R
 otsd prtnr to bjo LW,-;
16 **{dbl lk}** fwd L, XRIBL, (bk R, XLIFR) Repeat ,;

B

- 1-8 Whisk face wall ; Natural fallaway weave ; Forward right lunge ; Recover turn right chasse sidecar reverse wall ; Check forward recover chasse semi line center ; Thru hover banjo ; Back side draw ;
- 1 {wsk} fwd L in CP, -, fwd & sd R comm rise to ball of foot, XLIBR endg tight SCP;
sqq
qqqq 2-3 {nat falwy wev LW} fwd R comm rf trn w/r sd stretch, -, fwd L rise on toe cont rf trn, bk R in SCP; bk L losing stretch, slip R bk comm lf trn to CP, sd & fwd L w/l sd stretch, fwd R to bjo LW; (fwd L w/l sd stretch, -, fwd R rise to toe btw man's ft comm rf trn, cont rf trn bk L in SCP; bk R on toe, trng lf slp L fwd to CP, sd & bk R w/r sd stretch, bk L to bjo;
- ss 4 {fwd R lun} fwd L, -, sd & fwd R w/relaxed knee, -;
sq&q
q&q&s 5 {rec trn R chasse sdcr RW} rec L fc wall, -, sd R/cls L, sd R to sdcr;
sqq 6 {ck fwd rec chasse LC} ck fwd L osd prtr, rec R slt rf trn to CP, sd L/cls R, sd L to SCP LC, -;
qqq 7 {thru hvr bjo} thru R, -, fwd L w/slt rise, rec R trng W to bjo;
8 {bk sd draw} bk L, sd R, draw L to R LC, -;

A Mod

- 1-14 Hover telemark ; Thru chasse semi ; Half natural ; Back feather ; Back three step ; Hesitation change to sidecar ; Hover cross ending ; Double reverse ; Three step ; Hairpin ; Heel pull curved feather twice ; Back feather ; Feather finish line wall ;
- 1-8 Repeat Part A meas 1-8 but dbl rev ends fcg LW as normal ;
sqq 9 {3 stp} fwd L w/heel lead, -, fwd R w/ heel lead, rising to toe fwd L;
sqq 10 {hairpin RW} fwd R comm trn rf heel to toe btw ptr ft, -, w/l sd stretch fwd L brushg (sqq) thighs trng rf, cont rf trn swvlg rf w/strong L sd stretch bankg into trn fwd R otsd ptr in tight CBMP on toes; (bk & slightly sd L comm trn rf, -, w/r sd stretch bk R well und body, cont rf trn swvlg rf w/strong R sd stretch bk L in tight CBMP on toes;)
- qqqq 11-12 {heel pull crvd fthr} bk L comm rf trn, pull R just past L trn rf & stp sd btw prtr feet to CP fcg LOD, cont strong rf trn fwd L, fwd R in bjo RW (fwd R comm rf trn, sd L cont rf trn, tight bk R, cont rf trn bk L) ; Repeat ;
13 {bk fthr} bk L, -, bk R, bk L staying in bjo throughout bkg LC;
14 {fthr fin LW} bk R trng lf, -, sd & fwd L, fwd R osd prtr crossing RIFL at thighs to bjo;

Repeat B

Repeat A 1-7

End

- Forward right chasse tap behind with tilt;
- qq&qq 1 {fwd rt chasse COH tap beh w/tilt} fwd L fcg COH, sd R, cls L/ sd R, XLIBR tap L toe w/L sd stretch look R;