

La Mentira (Yellow Days)



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Music: Enrique Chia "Sentimental Piano" Track #6
(Music edited & speeded – contact choreographers for info)
or Special CD "Shall We Round Dance 13" available from choreographers

Footwork: Opposite, directions for man (lady as noted) Suggested speed: 24MPM (as on Special CD)

Rhythm & Phase: Rumba V+1 (Curl) + 1 (Switching Alemana)

Timing: QQS except where noted

[Note: Timing indicates weight changes only]

Sequence: **Intro A B A B Tag**

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Meas

INTRO

1-7+ WAIT; INVITE W (W COME CLOSE) TO CLOSED-BOLERO; RK 3;
LUNGE & SIT LINE w/ SPIRAL TO BOLERO-BJO; WHEEL RF TO FC WALL;
CUDDLE W SPIRAL; W SYNC ROLL OUT; POUSE..

- 1 Wait 1 meas in Fcg Pos M fcg WALL approx 3 feet apt no hnd jnd wgt on L pointing R fwd twd ptr;
- 2 **{Invite W (W Come Close) to Closed-Bolero}** Hold 4 beats extending both arms out inviting W,
(W QQS) -, -, - (W fwd R, fwd L, fwd R twd M placing R-hnd on M's L-shoulder, -) end Closed BOLERO
Pos M fcg WALL M's R-hnd around W's waist (W's R-hnd on M's L-shoulder) free L-hnds
extended sd;
- 3 **{Rk 3}** Rk R fwd, rec L, rk R fwd, -;
- S 4 **{Lunge & Sit Line w/ Spiral to Bolero-Bjo}** Joining lead hnds lower on R by flexing R-knee,
(W QQS) rise on R raising jnd lead hnds, sd L trng RF 1/4 to fc RLOD leading W spiral LF & release jnd
hnds, - (W bk R flexing knee to form Sit Line, rec L, fwd R small step spiraling LF 3/4 under jnd
lead hnds to fc LOD placing R-hnd on M's L-shoulder, -) assume BOLERO-BJO Pos M fcg RLOD
M's R-hnd around W's waist (W's R-hnd on M's L-shoulder) free L-hnds extended sd;
- 5 **{Wheel RF to fc Wall}** Fwd R, L, R trng RF 3/4 to fc WALL, -;
- 6 **{Cuddle W Spiral}** Sd L, rec R joining lead hnds, cl L raising jnd lead hnds to lead W spiral LF, -
(W swiveling RF 1/2 on L bk R, rec L, fwd R spiraling LF full trn to fc WALL, -) end TANDEM Pos
both fcg WALL M bhnd W jnd lead hnds IF of W;
- QQS -- 7+ **{W Sync Roll Out}** Bk R leading W fwd and release hnds, rec L, fwd R, -; Hold 2 beats as
(W Q&Q&S --) music pause extending L-hnd fwd to join lead hnds R-hnd to sd, - (W fwd L comm spinning
LF/cont spinning LF to fc WALL cl R, fwd L comm trng LF 1/2/cont trng LF to fc M cl R, bk L, -;
Hold 2 beats as music pause extending R-hnd fwd L-hnd to sd, -) end LOP Fcg Pos M fcg WALL;
(**Option:** W may choose to execute **Hockey Stick Ending** (fwd L, fwd R trng LF 1/2 to fc M, bk
L, -; Hold, -) instead of **Sync Roll Out** . In this case, W's timing will be QQS --.)

PART A

1-4 OPEN HIP TWIST; OVERTRN FAN; SD RK 3 (W FT SWIVELS); CURL TO FAN;

- 1 **{Open Hip Twist}** LOP Fcg Pos M fcg WALL fwd L, rec R, cl L leading W swivel RF, - (W bk R,
rec L, fwd R swiveling RF 1/4 to fc LOD, -) end L-shape Pos M fcg WALL (W fcg LOD) lead hnds
jnd;
- 2 **{Overtrn Fan}** Bk R leading W fwd, rec L leading W spiral LF, sd R, - (W fwd L, fwd R spiraling
LF 3/4 to fc DLW, fwd L, -) end Overtrn LOP Pos M fcg WALL (W fcg DLW) lead hnd jnd;
- 3 **{Sd Rk 3 (W Ft Swivels)}** Leading W swivel RF rk sd L, leading W swivel LF rk sd R, leading W
swivel RF rk sd L, - (W swiveling RF 1/2 on L fwd R twd M, swiveling LF 1/2 on R fwd L twd DLW,
swiveling RF 1/2 on L fwd R twd M, -);
- 4 **{Curl to Fan}** Raising jnd lead hnds to lead W spiral LF XRIB, cl L, sd R, - (W spiraling LF 5/8 on
R to fc LOD fwd L, fwd R trng 1/2 to fc RLOD, bk L, -) end FAN Pos M fcg WALL (W fcg RLOD);

PART A (continued)

- 5-8 SWITCHING ALEMANA;; BASIC TO X-HND HOLD; X-HND UNDERARM TRN TO FC COH;**
- 5-6 **{Switching Alemana}** FAN Pos M fcg WALL (W fcg RLOD) fwd L, rec R, cl L leading W trn RF to fc, - (W cl R, fwd L, fwd R trng RF to fc M, -); Sd R leading W trng RF under jnd lead hnds, rec L trng LF 1/4 to fc LOD joining R-hnds, fwd R passing R-sd of ptr swiveling RF 1/2 to fc RLOD, - (W fwd L across body comm trng RF under jnd lead hnds, fwd R twd DRW cont trng RF, fwd L twd COH cont trng RF to fc LOD, -) end Fcg Pos M fcg RLOD R-hnds jnd;
- 7 **{Basic to X-Hnd Hold}** Fwd L, rec R, sd L joining L-hnds under R-hnds (W bk R, rec L, sd R, -) end OP Fcg Pos M fcg RLOD in X-hnd hold R-hnds over L-hnds;
- 8 **{X-Hnd Underarm Trn to Fc COH}** Raising jnd R-hnds XRIB, lowering R-hnds & raising jnd L-hnds sd L trng RF 1/4 to fc COH, cl R, - (W fwd L across body comm trng RF under jnd R-hnds, fwd R cont trng RF under jnd L-hnds, cont trng RF to fc WALL sd L, -) end OP Fcg Pos M fcg COH X-hnd hold L-hnds over R-hnds;
- 9-12 OPEN BREAK w/ INSIDE ROLL; NAT TOP; OPEN BREAK w/ INSIDE UNDERARM TRN; NAT TOP;**
- 9 **{Open Break w/ Inside Roll}** OP Fcg Pos M fcg COH X-hnd hold releasing L-hnds bk L, rec R, leading W spiral LF & release R-hnds, sd L trng RF 1/4 to fc LOD, - (W bk R, rec L, fwd R spiraling LF 3/4 to fc RLOD, -) end CP M fcg LOD;
- 10 **{Nat Top}** XRIB comm trng RF 1/2, cont trng RF sd L, cont trng RF cl R end fcg RLOD, - (W sd & fwd L comm trng RF, XRIF cont trng RF, sd & fwd L cont trng RF to fc LOD, -) end CP M fcg RLOD;
- 11 **{Open Break w/ Inside Underarm Trn}** Joining both hnds bk L, rec R, raising jnd lead hnds to lead W spiral LF sd L trng RF 1/4 to fc COH, - (W bk R, rec L, fwd R spiraling LF 3/4 under jnd lead hnds to fc WALL, -) end CP M fcg COH;
- 12 **{Nat Top}** XRIB comm trng RF 1/2, cont trng RF sd L, cont trng RF cl R end fcg WALL, - (W sd & fwd L comm trng RF, XRIF cont trng RF, sd & fwd L cont trng RF to fc COH, -) end CP M fcg WALL;
- 13-16 CUDDLE; CUDDLE TO SYNC WHEEL; CUDDLE W SPIRAL LF; HOCKEY STICK ENDING;**
- 13 **{Cuddle}** CP M fcg WALL sd L releasing lead hnds, rec R, cl L holding W w/ L-hnd, - (W trng RF 1/2 on L bk R twd COH, rec L comm trng LF, cont trng LF to fc M placing R-hnd on M's L-shoulder, -) end CUDDLE Pos M fcg WALL M's hnds at W's waist W's hnds on M's shoulders;
- QQQ&Q 14 **{Cuddle to Sync Wheel}** Releasing R-hnd sd R, rec L trng LF 1/4 to fc LOD holding W w/ R-hnd end BOLERO-BJO Pos M fcg LOD, wheel RF in sync timing R/L, R to fc COH (W trng LF 1/2 on R bk L, rec R trng RF 1/4 to fc RLOD, wheel RF in sync timing L/R, L) end BOLERO-BJO Pos M fcg COH;
- 15 **{Cuddle W Spiral LF}** Sd L leading W trn RF, rec R joining lead hnds, cl L raising jnd lead hnds to lead W spiral LF, - (W trng RF on L bk R twd WALL, rec L, fwd R spiraling LF under jnd lead hnds to fc COH, -) end TANDEM Pos both fcg COH M bhnd W jnd lead hnds IF of W;
- 16 **{Hockey Stick Ending}** Bk R leading W fwd, rec L, fwd R, - (W fwd L, fwd R trng LF 1/2 to fc M, bk L, -) end LOP Fcg Pos M fcg COH;

PART B

- 1-4 CROSS BODY JOINING R-HNDS;; OPEN BREAK; OVERTRN ALEMANA TO VARS;**
- 1-2 **{Cross Body Joining R-hnds}** LOP Fcg Pos M fcg COH assuming CP fwd L, rec R, trng LF 1/4 to fc RLOD sd L, - (W bk R, rec L, fwd R, -) end L-shape CP M fcg RLOD (W fcg WALL); Bk R, rec L, trng LF 1/4 to fc WALL sd R joining R-hnds, - (W fwd L, fwd R trng LF 1/2 to fc M & COH, sd L, -) end OP Fcg Pos M fcg WALL R-hnds jnd;
- 3 **{Open Break}** Bk L, rec R, sd L raising jnd R-hnds, -;
- 4 **{Overtrn Alemana to Vars}** Bk R leading W trn RF, rec L, cl R joining L-hnds IF of body, - (W fwd L across body comm trng RF under jnd R-hnds, fwd R cont trng RF, fwd L cont trng RF to fc WALL, -) end VARS Pos both fcg WALL jnd R-hnds high jnd L-hnds low;

PART B (continued)

- 5-8 OPENING OUT; LUNGE & SIT LINE TO M'S L-VARS; TURKISH TOWEL ENDING;
W SYNC ROLL ACROSS w/ M'S HEAD LOOP;**
- 5 {**Opening Out**} Vars Pos both fcg WALL fwd L leading W bk, rec R, XLIB leading W trn LF, - (W bk R, rec L, swiveling LF 1/2 to fc M sd R, -) end Fcg Pos M fcg WALL X-hnd hold R-hnds high above head L-hnds low btwn bodies;
- S 6 {**Lunge & Sit Line to M's L-Vars**} Leading W spin RF swivel LF 1/4 on L to fc LOD flexing (W QQS) L-knee extending R-toe bk twd RLOD end Lunge Line L-hnds over R-hnds, rise on L raising jnd L-hnds, sd & fwd R under jnd L-hnds, - (W spinning RF 3/4 under R-hnds thence L-hnds to fc RLOD bk L flexing L-knee R-toe pointing fwd twd RLOD, rec R passing M's R-sd comm trng RF, fwd L cont trng RF bhnd M to fc LOD, -) end M's VARS Pos both fcg LOD R-hnds high L-hnds low;
- 7 {**Turkish Towel Ending**} XLIB, rec R, sd L raising L-hnds, - (W XRIF, rec L, sd R, -) end M's R-VARS Pos both fcg LOD W on M's R-sd L-hnds held high R-hnds held low;
- QQS 8 {**W Sync Roll Across w/ M's Head Loop**} Releasing L-hnds bk R leading W roll across, rec L (W Q&Q&S) raising jnd R-hnds overhead, fwd R placing jnd R-hnds on M's R-shoulder & release, - (W fwd L comm rolling LF across IF of M under jnd R-hnds/cont rolling across LF sd R, cont rolling across fwd L/cont rolling across LF to M's L-sd sd R, sd & fwd L, -) end L-Half OP Pos both fcg LOD;
- 9-12 AIDA TWD LOD; SWITCH CROSS TO HAMMERLOCK; FWD BASIC;
W REV UNDERARM SPIN TO WRAPPED X-LINE;**
- 9 {**Aida twd LOD**} L-Half OP Pos both fcg LOD fwd L comm trng LF, cont trng LF to fc COH sd R joining trailing hnds, release lead hnds cont trng LF sd & bk L fcg RLOD in AIDA Pos both fcg RLOD free lead hnds high, -;
- 10 {**Switch Cross to Hammerlock**} Swiveling RF on L to fc COH sd R joining lead hnds, rec L raising jnd lead hnds, trng LF 1/4 to fc RLOD fwd R placing R-hnd at W's R-hip, - (W swiveling LF on R to fc M sd L, rec R, trng RF to fc RLOD fwd L & spiral RF 1/2 under jnd lead hnds to fc LOD, -) end HAMMERLOCK Pos M fcg RLOD jnd lead hnds above head M's R-hnd at W's R-hip W's L-hnd extended sd;
- 11 {**Fwd Basic**} Fwd L, rec R, bk L, - (W bk R, rec L, fwd R, -);
- S-- 12 {**W Underarm Spin to Wrapped X-Line**} Bk R, leading W spin LF swivel RF 1/4 on R to fc COH, (W QQ&--)) joining trailing hnds flex R-knee extending L sd twd RLOD, - (W fwd L, fwd R comm spinning LF 1-1/4/cont spinning LF on R to fc COH cl L, flexing L-knee extend R sd twd LOD, -) end WRAPPED X-LINE Pos both fcg COH;
- 13-16 RISE W DEVELOPE (M CL); SLIP TO CROSS BODY; NEW YORKER; SPOT TRN;**
- S 13 {**Rise W Develop (M Cl)**} WRAPPED X-LINE Pos both fcg COH comm rising on R, cont rising (W ----) on R drawing L to R, cl L, - (W comm rising on L drawing R to L, cont rising on L lift R-knee up toe pointing down, extend R-toe fwd twd COH, lower R-toe down to floor pointing fwd); (now same footwork)
- QQS 14 {**Slip to Cross Body**} Slip bk R trng LF 1/4 to fc RLOD, rec L leading W roll across comm trng LF (W QQ&S) releasing trailing hnds, cont trng LF to fc WALL sd R, - (W slip bk R trng LF 1/4 to fc RLOD, fwd L comm rolling LF across IF of M twd WALL/cont rolling LF to fc M cl R, sd L, -) end LOP Fcg Pos M fcg WALL; (now opposite footwork)
- 15 {**New Yorker**} Trng RF 1/4 on R to fc RLOD fwd L, rec R, trng LF 1/4 on R to fc WALL sd L, - end LOP Fcg Pos M fcg WALL;
- 16 {**Spot Trn**} XRIF comm trng LF releasing hnds, rec L cont trng LF to fc WALL, sd R joining lead hnds, - end LOP Fcg Pos M fcg WALL;
- TAG**
- 1-2+ CURL M TRANS TO TANDEM; RK 2 SD LUNGE & HOLD;..**
- QQ-- 1 {**Curl M Trans to Tandem**} LOP Fcg Pos M fcg WALL fwd L, rec R, tch L raising jnd lead hnds to (W QQS) lead W spiral LF, - (W bk R, rec L, fwd R spiraling LF 1/2 under jnd lead hnds to fc WALL, -) end TANDM Pos both fcg WALL M bhnd W jnd lead hnds IF of W; (now same footwork)
- QQS -- 2+ {**Rk 2 Sd Lunge & Hold**} Placing M's R-hnd at W's waist rk sd L, rec R, sd L w/ slight sway to L, -; Releasing lead hnds flex L-knee sway chg to R free L-hnd extended sd W's R-hnd extended fwd, hold as music fades out,