

LA NAVE DEL OLVIDO

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Record : "La Nave Del Olvido" CD "DANCE WITH ME Vol.10" Track 8

Rhythm : RUMBA(ph) Speed : As on CD Date : June 2010

Footwork : Opposite, directions for man(lady as noted) Ver.1.0

Sequence : Intro - A - B - Bridge - A(9~15) - B - Ending



Meas

INTRO

1~ 9 Facing partner and LOD right hand joined Wait 1 Meas;

OP Break W Insd Trn to M's Shadow(Fc COH); W Roll Across Trans Shadow; Shadow Fence Line; Slip Trn FcWall; Shadow Fence Line; Fan W trans; Start Alemana; (Bfly)Cucaracha w/Arms;

- 1 Facing partner and LOD lead foot free for both right hand joined wait 1 meas;
- 2 (OP Break W Insd Trn to M's Shadow) Bk L, rec R, fwd L 1/4 LF trn(W bk R, rec L, fwd R 3/4 LF spiral) man's shadow fc COH,-;
- SQQ (QQQQ) 3 (W Roll Across Trans Shadow) Bk R, rec L, sd R(W fwd L, fwd R commence RF roll, cont RF roll sd L, cont RF roll fc COH sd R) shadow fc COH;
- 4 (Shadow Fence Line) Both same foot work XLIF, rec R, sd L,-;
- 5 (Slip Trn fc Wall) Bk R slip action commence LF trn, cont LF trn rec L fc Wall, sd R,-;
- 6 (Shadow Fence Line) XLIF, rec R, sd L,-;
- QQS (QQ&S) 7 (Fan W Trans) Bk R, rec L, sd R(W bk R commence LF trn, cont LF trn sd & fwd L twd LOD/cont LF trn sd R, cont trn fc LOD bk L),-;
- 8 (Start Alemana) Fwd L, rec R, sd L lead W RF trn(W cl R to L, fwd L, fwd R RF trn fc partner) Bfly/Wall,-;
- 9 (Cucaracha with Arms) Rk sd R both arms out to the sd, rec L arms up, cl R arms down front of body,-;

Meas

PART A

1~ 8 OP Hip Twist; Fan; Hockey Stick;; Basic to Nat Top;;

1 Cuddle W Slow Spiral;,, Sync Hockey Stick Ending.;

- 1 (OP Hip Twist) Fwd L, rec R, cl L to R(W bk R, rec L, fwd R swivel 1/4 RF on R fc LOD),-;
- 2 (Fan) Bk R, rec L, sd R,-(W fwd L, fwd R 1/2 LF trn fc RLOD, bk L,-);
- 3- 4 (Hockey Stick) Fwd L, rec R, cl L,-(W cl R, fwd L, fwd R,-); Bk R slightly RF trn, rec L, fwd R(W fwd L twd RDW, fwd R LF trn under lead hand fc partner, bk L,-)end fc partner and RDW;
- 5- 6 (Basic to Nat Top) Fwd L, rec R commence RF trn, cont RF trn sd L(W bk R, rec L, sd and fwd R commence RF trn),-; Cont RF trn XRIB of L, sd L, cl R(W cont RF trn sd L, XRIF of L, sd L) fc Wall,-;
- 7- 8 (1 Cuddle W Slow Spiral) Release lead hand 1/2 OP sd L, rec R, cl L to R rejoined lead hand lead W LF spiral(W swivel RF on L sd & bk R 1/2 OP, rec L commence LF trn, sd & fwd R, LF spiral on R),-;
- QQQ (Sync Hockey Stick Ending) Hold,-, bk R/rec L, fwd R(W cont spiral,-, fwd L twd Wall/fwd R 1/2 LF swivel, bk L);

9~15 Alemana;; (Bfly)Cross Basic W Spiral Fc COH;; New Yorker in 4; New Yorker; Spot Trn;

- 9-10 (Alemana) Fwd L, rec R, cl L to R(W bk R, rec L, sd and fwd R),-;
Bk R, rec L, sd R(W RF trn under lead hand fwd L, cont RF trn fwd R, sd L)
- 11-12 (Cross Basic W Spiral) Blend Bfly/Scar fwd L outsd partner, rec R, sd L,-(W XRIB of L, rec L, sd and fwd R,-/spiral LF on R);
Bk R commence LF trn, rec L cont LF trn, cont trn fc COH sd R(W fwd L twd COH Commence LF trn, fwd R cont LF trn, cont trn fc Wall sd L),-;
- QQQQ 13 (New Yorker in 4) LOP/LOD Ck thru L, rec R fc partner, sd L, rec R;
- 14 (New Yorker) LOP/LOD Ck thru L, rec R fc partner, sd L,-;
- 15 (Spot Trn) XRIF of L commence LF trn, cont LF trn rec L fc partner, sd R,-;

Meas

PART B

1~ 7 Three Alemana;;; 1/2 Rope Spin M Swivel Fc Wall; Aida; Switch Rk;

- 1- 4 (Three Alemana) Fwd L, rec R, cl L,-; Bk R, rec L, cl R,-; Sd L, rec R, cl L,-; Bk R, rec L, cl R,-(W bk R, rec L, sd R commence RF trn,-; Cont RF trn fwd L, fwd R twd Wall cont RF trn, fwd L twd partner slightly man's right sd,-/swivel RF on L; Fwd R starting a sharp LF trn, fwd L twd wall swivel LF, fwd R twd partner,-; Commance RF trn fwd L, fwd R twd wall cont RF trn, fwd L twd partner slightly man's right sd,-/RF spiral on L)
- 5 (1/2 Rope Spin M Swivel fc Wall) Sd L, rec R, cl L swivel LF on L fc Wall (W circle man CW with joined lead hands fwd R, fwd L, fwd R swivel RF fc partner and COH),-;
- 6 (Aida) XRIF of L, sd L commence RF trn, cont RF trn fc RLOD bk R(W XLIF of R, sd R commence LF trn, cont LF trn bk L),-;
- 7 (Switch Rk) Swivl on R fc partner sd L ck, rec R, sd L,-;

8~12 Alemana Overtrn Shadow; Adv Sliding Door; Underarm Sit Lunge Rec to Shadow; Adv Sliding Door W Spiral; Hockey Stick Ending;

- 8 (Alemana Overtrn Shadow) Bk R, rec L, cl R,-(W RF trn under lead hand fwd L, cont RF trn fwd R, sd & fwd L twd man's right sd,-/swivel RF on L)end shadow fc Wall;
- 9 (Adv Sliding Door) Fwd L on ball of foot pressure into floor and body trn to right, rec R, XLIB of R slightly LF trn(W bk R keep pressure into floor w/ball of foot as the body LF trn, rec L, XRIF of L),-;
- 10 (W Underarm to Sit Lunge) Lead W RF trn sd R relax R knee right hand extend sd, rec L, fwd R slightly RF trn fc Wall(W RF trn on R under left hand bk L relax L knee sit line right hand straight up, rec R commence RF trn, sd L cont RF trn fc Wall),-;
- 11 (Adv Sliding Door W Spiral) Fwd L on ball of foot pressure into floor and body trn to right, rec R, cl L,-(W bk R keep pressure into floor w/ball of foot as the body LF trn, rec L, XRIF of L,-/spiral LF on R);
- 12 (Hockey Stick Ending) Bk R, rec L, fwd R(W fwd L twd Wall, fwd R 1/2 swivel LF on R, bk L),-;

Meas

BRIDGE

1 Hip Rk 2S;

- SS 1 (Hip Rk 2S) Bfly sd L hip roll LF,-, rec R hip roll RF,-;

Meas

ENDING

1~ 5+ Basic to Full Nat Top(Fc Wall);;; 1 Cuddle; Q Oversway;

- 1- 4 (Basic to Full Nat Top) Fwd L, rec R commence RF trn, cont RF trn sd L(W bk R, rec L, sd and fwd R commence RF trn),-; Cont RF trn XRIB of L, sd L, XRIB of L(W cont RF trn sd L, XRIF of L, sd L) fc LOD,-; Cont RF trn sd L, XRIB of L, sd L(W cont RF trn XRIF of L, sd L, XRIF of L) fc RDC,-; Cont RF trn XRIB of L, sd L, cl R(W cont RF trn sd L, XRIF of L, sd L) fc Wall,-;
- 5 (1 Cuddle) Release lead hand 1/2 OP sd L, rec R, cl L(W swivel RF on L sd and bk R 1/2 OP, rec L commence LF trn, cont LF trn fc partner sd R) cuddle position,-;
- + (Quick Oversway) Sharply flex L knee and sway to the right allowing R to sd into a point to the sd while looking at partner left arm extend sd and bk(W sharply flex R knee and sway to the left allowing R to sd into a point to the sd while looking well to the left left arm extend sd and bk),-;