

# LA REINE DE SABA (シバの女王)

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 4-2-43 Honcho Odawarashi Kanagawaken 250-0012 Japan  
 Record : "La Reine De Saba" Speed: As on CD  
 Rhythm : Bolero (ph +0+1) Release Date : May 2010 Ver.1.1  
 Footwork : Opposite, directions for man(lady as noted)  
 Sequence : Intro - A - B - C - Bridge - B - C - Ending



## Meas

### INTRO

#### 1~ 4 Bk to Bk M fc RLOD(W fc LOD) R foot free for both Wait 1 meas; Swivel Fc w/Arm; Passing Spin Trans; Fwd Break;

- 1 Bk to bk position fc RLOD(W fc LOD)right foot free for both point behind bk Wait;  
 S- 2 (Swivel Fc) Swivel LF on L fc partner and LOD right arm circle CW arm up,-, pt sd  
 R right arm extend twd partner,-;  
 SQ&Q 3 (Passing Spin trans) Fwd R blend Bolero Bjo,-, passing partner fwd L commence RF spin  
 (SQ&Q&) lead W RF spin/cont RF spin R, L fc RLOD(W fwd R blend Bolero Bjo,-, passing partner  
 fwd L commence RF spin/cont RF spin R, L/R fc LOD);  
 4 (Fwd Break) Sd & fwd R body rise,-, fwd L with contra ck action, rec bk R;

## Meas

### PART A

#### 1~ 8 Pull Pass; W Ronde & Insd Trn to Wrap; Sd Lunge w/Rks; Hi Line & Slip W Roll Out; Fwd Break; W Spiral & Nat Top; Fallaway Ronde(CP/Wall); Slow Contra Ck & Rec;

- SQQ 1 (Pull Pass) Double hand hold bk L,-, bk R, bk L commence RF trn(W fwd R,-/fwd L,  
 (S&Q&Q) passing man fwd R/L,R commence RF trn);  
 SQ- 2 (W Ronde & Insd Trn to Wrap) Cont RF trn fc DC sd & fwd R between woman's feet flex  
 (SQQ) knee,-, rec L fc wall, tch R to L(W cont RF trn sd & bk L ronde CW,-, XRIB of L,  
 sd L LF trn fc Wall)Wrapped position;  
 SQQ 3 (Sd Lunge w/Rks) Same footwork sd R flex knee,-, rec L hip roll LF, rec R hip  
 roll RF;  
 SQQ 4 (Hi Line & Slip W Roll Out) Rec sd L body rise strong body RF trn,-, bk R slip action  
 (SQ&Q) LF trn, cont LF trn rec fwd L fc LOD(W Rec sd L body rise strong body RF trn,-, bk  
 R slip action LF trn/fwd L twd LOD cont LF trn, cont trn sd & bk R fc RLOD);  
 SQQ 5 (Fwd Break) Sd & fwd R body rise,-, fwd L with contra ck action, rec bk R;  
 SQQ 6 (W Spiral & Nat Top) Fwd L commence RF trn lead W LF spiral,-, XRIB of L cont RF trn  
 cont RF trn sd L(W fwd R spiral LF,-, sd L RF trn, cont RF trn XRIF of L) CP/DW;  
 Q-QQ 7 (Fallaway Ronde) Sd R, L foot ronde CCW(W CW) SCP/LOD, XLIB of R, sd R;  
 S-& 8 (Slow Contra Ck & Rec) Commence upper body LF trn flexing knees with strong R side  
 lead ck fwd L both left hand extend sd and bk(W right hand on man's left  
 shoulder),-,-,-/rec R blend CP;

## Meas

### PART B

#### 1~ 8 Trning Basic;; Underarm Trn (handshake); 1/2 Moon; (Fc Wall); Rev Underarm Trn; Spiral & Sync Roll; Fence Line w/Arm;

- SQQ 1- 2 (Trning Basic) Sd L body rise strong body RF trn,-, bk R slip action LF trn, cont  
 SQQ LF trn rec fwd L fc COH; Sd R body rise,-, fwd L slip action, rec bk R;  
 SQQ 3 (Underarm Trn) Sd L,-, small stp XRIB of L, rec fwd L(W sd R,-, XLIF of R commence  
 RF trn under lead hand, rec R cont RF trn fc Wall) right hand joined;  
 SQQ 4- 5 (1/2 Moon) Sd R body rise,-, fc LOD ck thru L, rec bk R fc partner and COH;  
 SQQ Sd & bk L LF trn body rise,-, bk R slip action, fwd L LF trn fc Wall(W sd & fwd R  
 body rise,-, fwd L crossing in front of man trning LF, small stp sd R);  
 SQQ 6 (Rev Underarm Trn) Lead hand joined sd R,-, small stp XLIF of R, rec bk R(W sd L,-,  
 XRIF of L commence LF trn under lead hand, rec L cont LF trn fc Wall);

- SQ&Q 7 (Spiral & Sync Roll) Sd L spiral RF on L,-, fwd R commence RF roll/sd L cont RF roll, fwd R cont roll fc partner and Wall(W sd R spiral LF on R,-, fwd L commence LF roll/sd R cont LF roll, fwd L cont roll fc partner and COH);
- SQQ 8 (Fence Line w/Arm) Sd L body rise,-, XRIF of L bent knee right arm circle CCW(W left arm circle CW)in front of body, rec bk L;

**Meas**

**PART C**

**1~ 8 Lunge Break; Curl & W Roll Out(handshake); Contra Break; Alemana; Overtrn Vars W Ronde & Sync Wheel; Opening Out; W Spin to Fc & Lower; Slow Rise(W Cl);**

- SQQ 1 (Lunge Break) Sd & fwd R body rise,-, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise,-, bk R contra ck like action, rec fwd L);
- SQQ 2 (Curl & W Roll Out) Cl L to R lead W LF spiral,-, small stp bk R, rec L(W fwd R swivel LF on R fc Wall,-, fwd L, fwd R 1/2 LF trn partner and COH))right hand joined;
- SQQ 3 (Contra Break) Sd & fwd R body rise,-, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise,-, bk R contra ck like action, rec fwd L);
- SQQ 4 (Alemana) Still right hand joined sd L,-, bk R, rec L(W sd and fwd R,-, commence RF trn under joined right hand fwd L, cont RF trn fwd R);
- SQ&Q (Q---) 5 (Overtrn Vars W Ronde & Sync Wheel) Fwd R lead W RF trn Vars commence RF trn,-, cont RF wheel L/R,L fc LOD(W sd & fwd L twd man's right sd, swivel RF on L Vars fc Wall, R foot ronde CW,-);
- SQQ (-QQ) 6 (Opening Out) Still vars cont RF wheel fwd R fc Wall,-, fwd L, rec R(W swivel RF on L fc Wall,-, bk R, rec L);
- (Q&Q-) 7 (W Spin to Fc & Lower) Hold lead W LF spin under right hand,-, lower on R left hand extend sd & bk right hand comb woman's hair,-(W commence LF spin stp R in front of man/cont LF spin L,R fc partner, lower on R right hand on man's left shoulder left hand extend sd & bk,-);
- (----Q) 8 (Slow Rise W Cl) Rise on R,-,-,- lead hand joined(W rise on R,-,-, cl L to R);

**9~16 Sync Trning Basic Overtrn; Fan; Hocky Stick w/Spiral;; Double Lunge Break;; Corte w/Leg Crawl Around the World;; W Out to Fc,;**

- SQ&Q 9 (Sync Trning Basic Overtrn) Sd L body rise strong body RF trn,-, bk R slip action LF trn/ cont LF trn fwd L, fwd & sd R cont LF trn fc Wall(W sd R body rise strong body RF trn,-, fwd L slip action LF trn/ bk R cont LF trn, cont LF trn cl L fc LOD);
- SQQ 10 (Fan) Sd L,-, bk R, rec fwd L(W fwd R,-, fwd L, fwd R 1/2 LF trn);
- SQQ 11-12 (Hockey Stick w/Spiral) Sd R,-, fwd L, rec bk R(W bk L fan position,-, cl R, fwd L);
- SQQ Cl L to R lead W LF spiral,-, bk R slightly RF trn, rec fwd L(W fwd R LF spiral on R,-, fwd L twd RDW, fwd R LF trn under lead hand fc partner)end fc RDW;
- S-- (SQQ) 13-14 (Double Lunge Break w/Caress) Sd & fwd R body rise,-, lower on R slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise,-, bk R contra ck like action, rec fwd L);
- (S&QQ) Hold,-, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W fwd R twd partner caress left hand man's right, -/sd & bk L, bk R contra ck like action, rec fwd L);
- Q- 15-16 (Corte w/Leg Crawl) Sd & bk L flex L knee blend cuddle position,-(W sd & fwd R, left leg up along man's outer thigh with toe pointed to floor),
- SS (Around The World) Soften left knee lead W upper body roll CW(W soften right knee Upper body lay bk and roll CW)-; cont W body roll, rise on L straighten look at partner,
- QQ (W Out to Fc) Rec R, fwd L(W body LF trn fwd L twd RDW, fwd R 1/2 LF trn) LOP-Fc/RDW;

Meas

**BRIDGE**

**1 Fwd Break;**

SQQ 1 (Fwd Break) Sd & fwd R body rise,-, fwd L with contra ck action , rec bk R;

Meas

**ENDING**

**1~ 5 Fwd Break; Sync Bk Walks; Corte & Leg Crawl;  
Slip & Telemark to Slow OP Hinge;;**

SQQ 1 (Fwd Break) Sd & fwd R body rise,-, fwd L with contra ck action , rec bk R;

SQ&Q 2 (Sync Bk Walks) Bk L,-, bk R/L, cl R(W fwd R,-, fwd L/R,L);

S-- 3 (Corte w/Leg Crawl) Sd & bk L,-,-,-(W sd & fwd R,-, left leg up along man's outer thigh with toe pointed to floor,-);

&QQS 4-5 (Slip & Telemark to Slow OP Hinge) Small bk R slip action LF trn/ fwd L cont LF trn, fwd & sd R cont LF trn, sd & bk L swivel LF on L fc Wall(W fwd L slip action LF trn/ bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change to L, sd & fwd R swivel LF on R fc COH) CP/Wall,-;

--(S-) Hold left hand extend sd and bk,-,-(W XLIB of R right hand on man's left shoulder,-, relaxing L knee head to L left hand extend sd),-;