

LOVELY LADY

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RECORD: Telemark 319

SEQUENCE: INTRO, A, A, B, A, C, B, A, B, TAG

INTRODUCTION

- 1-4 WAIT; WAIT; APT, POINT, -; SPIN MANUV (CP M fac RLOD);
- 1,2 OP M fac wall wait 2 meas; ;
- 3,4 Apt L, Point R twd Partner, -; M Manuv, sid, clos fac RLOD CP (W solo spot spin LF LRL) CP;

PART A

- 1-8 IMPETUS TO SCP; WEAVE, 2, 3; 4, 5, 6 (Contra Bjo); MANUV; SPIN & TWIST; ; BK, SID/CLOS, SID (Contra Bjo); MANUV;
- 1 (Impetus to SCP) BK L trn RF, continue trn on L heel clos R to L rise on R toe, side & fwd L in SCP (COH LOD) (W fwd R between M's feet heel to toe trning RF, continue trn sid L wall & LOD, continue trn brush (tch) R to L sid & fwd R LOD & COH SCP);
- 2,3 (Weave) Thru R commence LF trn, Fwd L trn LF, sid & bk R COH & LOD (CP) (W thru L, sid & bk R RLOD & COH fac M CP, sid & slightly fwd L); Blend Contra Bjo bk L COH & LOD, sid & bk R COH & LOD blend CP commence LF trn, Sid & fwd L Wall & LOD Contra Bjo;
- 4 (Contra Bjo) Manuv fwd R trn RF, sid L LOD & Wall, clos R to L (CP RLOD);
- 5,6 (Spin & Twist) BK L pivot RF 1/2, Fwd R heel to toe continue RF pivot, Sid L slightly around W CP fac Wall & RLOD; on &/1 ct quickly XRIB of L & unwind RF on both feet, on ball of R continue RF trn rise (now in CP), continue trn step sid & bk 1 end CP RLOD & COH (W fwd R between M's feet heel to toe pivot 1/2 RF, continue pivot on L toe, contin trn on L heel clos R to L CP W fac COH & LOD; As M hooks (tight Contra Bjo) W fwd around M Quick L/Quick P, fwd L trn to fac partner, continue trn step fwd R between M's feet)
- 7,8 (Chasse) CP fac Wall & RLOD BK R COH & LOD, Sid L LOD/clos R to L, sid L blend Contra Bjo; (Manuv) Fwd R trn RF, sid L LOD & Wall, clos R to L (CP RLOD);

REPEAT A

PART B

- 1-3 SPIN TURN; BK, SID, CLOS; (Mini Tele Spin) TELEMARK SCP LOB; (W fwd and L/R) SPIN, STEP (CP COH RLOD); (Contra Check) FWD CHECK, RECOV, SCP (Wall & LOD); (Hover Fallaway) FWD, FWD RISE, RECOV; BK, BK TRN (W Slip Pivot) SID & FWD (Contra Bjo); MANUV, SID, CLOS;
- 1,2 (Spin Turn) BK L LOD pivot 1/2 RF, fwd on R heel rise to toe trn RF M fac Wall & LOD, Recov Sid & BK on L toe (W fwd R heel to toe & pivot 1/2 RF, Sid & BK on L toe LOD & wall, brush R to L fwd R on toe between M's feet); BK R COH & RLOD, trn LF sid L COH & RLOD, clos R to L (CP LOD & COH);
- 3,4 (Mini Tele Spin) Telemark to SCP LOD-Fwd L COH & LOD commence LF trn, Continue trn Sid R RLOD & COH, continue trn Sid & fwd L LOD & slightly COH (W bk R commence LF trn bring L to R no weight, trn on R heel & change weight to L toe, continue trn sid & fwd R LOD Ct &/1 M holds weight on L trning body LF, ct 2 spins LF ball of L to fac RLOD & COH in CP, step R near L/note (W on &/1 runs fwd around M quick L/R to fac COH & RLOD, trn LF on R to fac M (CP), clos L to R); NOTE: This is a "couple" figure moving from "SCP" LOD to CP RLOD & COH.
- 5 (Contra Check) CP COH & RLOD Fwd L strong step across upper thighs M's L & W's R on same line flex L knee slightly leave R leg extended pressure on R toes (W R well back under body toe slightly out do not lower to R heel leave L leg extended) (NOTE: M's L will be between W's feet & all four feet will be on one line), Recover bk R trning L sid L blend SCP LOD & Wall;
- 6,7 (Hover Fallaway) Trning RF 1/4 staying in SCP fwd R, Fwd L rise, Recover R; SCP BK L COH & LOD, BK R start LF trn, sid & fwd L Wall & LOD (Contra Bjo) (W bk R leave L leg extenc pivot LF on R & slip L toe between M's feet, pivot on L toe step sid & bk R LOD & Wall Contra Bjo);
- 8 (Contra Bjo) Manuv fwd R, Sid L, clos R to L end CP RLOD;

LOVELY LADY(continued)

PART C

- 1-4 (CP M fac RLOD)BK WHISK;HINGE;W AROUND SCP FWD;LUNGE,RECOV,BK(W lunge,recov,slip pivot)CP LOD & COH;
- 1 (Bk Whisk)CP RLOD Bk L trn RF,continue RF trn clos R near L,XLIB of R loosely(not hook)end SCP COH & RLOD(W fwd R between M's ft trn RF,sid L ard M twd Wall & LOD, XLIB of L);
- 2 (Hinge:M sid lunge W L-whisk)M fwd R RLOD & COH,sid L COH & RLOD leave R leg extend relax L knee as in a side lunge trn body slightly LF veer Rknee in twd partner(W fv L COH & RLOD,sid R COH & RLOD to fac partner,XLIB of R in a L whisk)(Note:3 changes of weight for W,2 weight changes for M);
- 3 M hold weight on L trng body to R as W recover on R between M's feet facing partner M trn RF on R as W sid L ard M trn RF,sid & fwd L LOD in SCP;
- 4 (Chair & Slip to CP)SCP LOD thru R check & flex knee,Recov L,Bk R trn 1/8 LF(W thru L check,recov R,leave L leg extended pivot LF on R & step L between M's feet)end CP LOD & COH;
- 5-8 DBLE REVERSE SPIN;TRN,SID,DRAG(Drag Hesitation);BK,KB/LOCK,BK;IMPETUS TO SCP;
- 5 (Dble Reverse Spin)Fwd L trn LF,sid R slightly ard W on toe trng LF,Tch L to R trng on R toe to fac LOD CP(W Bk R trn LF,heel trn on R bring L to R transfer wt to L toe continue LF trn/sid & bk R LOD continue LF trn,continue trn XLIF of R);
NOTE:Remain in CP through DBLE REVERSE SPIN end CP fac LOD.
- 6 (Drag Hesitation)Fwd L trn 1/4 LF,sid R LOD,Draw L to R blend Contra Bjo RLOD & COH
- 7 (Bk Lock)Bk L LOD,Bk R/XLIB of R(VXIB),Bk R end Contra Bjo RLOD & COH;
- 8 (Impetus to SCP)Bk L heel trn RF,clos R to L rise on toe,sid & fwd L LOD & COH in SCP(W fwd R outside M in Contra Bjo trn RF,sid L trn RF,brush(tch)R to L sid & fwd R in SCP);
- 9-16 (Quick Weave 4;BK,SID,RISE TRN;THROWAWAY OVERSWAY;RISE,CLOS,FWD(SCP));(IN & OUT RUNS FWD R LOD BJO AND SCP FWD;SCP CHASSE;MANUV;
- 9 (Quick Weave 4)SCP COH & LOD Dance 4 steps of Weave described in Meas 2 & 3 Part A end Contra Bjo M fac RLOD with tiling of 1,2/B,3(R,L/R,L);
- 10,11 (Throwaway Oversway)Blend CP Bk R LOD commence LF trn,sid & fwd L LOD toe diag fwd M & W look LOD leave M's R & W's L extended,rise & commence LF trn leave R leg extended; In 3cts continue LF trn to fac LOD relaxing L knee swivel on ball of L right leg extended straight twd RLOD arch upper part of body away from partner(W fv L commence LF trn,sid & fwd R look LOD,high on R toe commence LF trn;in 3 cts swivel LF on ball of R fac RLOD drawing L passing R slide toe of L straight bk twd LOD reel well back no weight on L relaxing R knee arch upper body away from partner look well over L shoulder;NOTE:The THROWAWAY OVERSWAY is a continuous action-a 'picture figur with M & W's upper body & legs forming an X.
- 12 Rise,clos R to L CP Wall,small step sid & fwd L blend SCP LOD;
- 13,14 (In & Out Runs)SCP LOD M fwd R twd Wall & LOD XIF of W starting RF trn,Sid L Wall & LOD,Bk R LOD in Contra Bjo fac RLOD(W fwd L,fwd R between M's feet,Fwd L blend Cont Bjo);Bk L trn RF,Sid R LOD between W's feet continue RF trn,Sid & fwd LOD blend SC (W fwd R around M,Sid L LOD & Wall continue RF trn,Sid & Fwd R LOD blend SCP);
- 15 (SCP Chasse)Thru,fwd/clos,fwd;
- 16 Manuv,sid,clos(CP fac RLOD);

DANCE PART B

DANCE PART A

DANCE PART B

TAG ENDING:CP RLOD WIP L SID WALL IN Rev SCP fac COH;