

MAPS

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\$1.29 Download Amazon Music Maps- Maroon 5 CD: V Deluxe Clean Track 1
Phase VI Cha Cha With Philip Gott Champion Ballroom
Footwork: Opposite Unless Noted Released: March 15, 2016 Speed 40 rpm
Sequence: A , INTER 1, B, A (MOD), INTER 1, B (MOD), INTER 2, C, B

PART A

1-4 WAIT;; OPEN HIP TWIST; FAN;

1-2 {Wait} Wait 2 meas fc ptr & wall lead hnds joined lead ft free;;
123&4 3-4 {Open Hip Twist} Rk fwd L, recov R, bk L/ pull R bk twd L, cl L
567&8 (W rk bk R, recov L, fwd R/ lk LIB of R, fwd R trn ¼ RF to fc
LOD in “L” pos); {Fan} Rk bk R, recov L, XRIF of L/ cl L, small
sd R (W fwd L, fwd R trn LF, bk L/ XRIF of L, bk L);

5-8 PREPARE HOCKEY STICK; HE RK FWD RECOV SHE FWD SPIRAL & SIT; HE RK FWD RECOV SD SHE RK RECOV FWD LEG WRAP; LOWER & TWIST QK LEG UNWRAP SEMI;

123&4 5-6 {Prepare Hockey Stick} Fwd L, rec R, XLIB of R/ sd R, recov sd
56-- L (W cl R to L, fwd L, fwd R/ lk LIB of R, fwd R look at M);
{He Rk Fwd Recov She Fwd Spiral & Sit} Rk fwd R DRW, as
raise lead hnd to trn W LF recov L into slow sit line fc DRW,-,(W
fwd L, fwd R DW & spiral to sit line,-) lead hnds low;
12-- 7-8 {He Rk Fwd Recov Sd She Rk Bk Recov Fwd Leg Wrap} Rk
(W123-) fwd R, recov sd L split wgt fc wall,-, (W rk bk L, recov R, fwd L,
---8 kick R fwd & wrap leg arnd M’s left leg); {Lower & Twist Qk
(W----) Leg Unwrap to Semi} Lower in both knees and as much as is
comfortable twist upper body LF to fc DW,-, and on the last ct
untwist putting all wgt on R rise and cause the lady’s R leg to
unwrap end SCP LOD lead ft free;

9-12 BRK BK RECOV FC CHA; SPOT TRN; SHOULDER TO SHOULDER TWICE;;

123&4 9-10 {Brk Bk Recov Fc Cha} Rk bk L, recov R to fc, sd L/ cl R, sd L;
567&8 {Spot Trn} Trn LF ¼ fwd R trn LF ½, recov L trn LF ¼, sd R/cl
L, sd R;

123&4 11-12 {Shoulder to Shoulder Twice} To BFLY SCAR rk fwd L, rec R,
567&8 sd L/cl R, sd L; to BJO rk fwd R, rec L, sd R/ cl L, sd R;

13-16 ALEMANA ROPSESPIN;;;;

123&4 13-16 {Alemana Ropespin} Rk fwd L, recov R, diag sd & bk sd L/ cl R,
567&8 sd L raise lead hnd palm to palm; rk bk R, recov L, in pl R/L, R
123&4 lead the W to spiral (W rk bk R, recov L, diag sd & fwd R/ lk LIB
567&8 of R, fwd R; fwd L trning RF to fc DRW, fwd R with strong RF
trn to fc M, fwd L/ lk RIB of L, fwd L to spiral RF in front of M
on his R sd); Push sd L with body trn RF to fc DRW, recov R to fc

wall, in pl L/R, L; with LF body trn to fc DW rk bk R, recov L to fc wall, small sd R/ cl L, sd R (W walk around the M fwd R, fwd L, fwd R/lk LIB of R, fwd R to end fc wall on M's L sd; cont walk fwd L, fwd R to fc M, sd L/ cl R, sd L);

INTERLUDE 1

1-4 NEW YORKER; DBL CUBAN; FENCE LINE; DBL CUBAN;

- 123&4 1-2 {**New Yorker**} Trn to fc RLOD fwd L, rec R, fc ptr sd L/ cl R, sd L; {**Dbl Cuban**} XRIF of L/ rec L, rk sd R/ rec L, XRIF of L/ rec L, sd R;
- 123&4 3-4 {**Fence Line**} Lunge thru L in BFLY, recov R, sd L/ cl R, sd L; {**Dbl Cuban**} XRIF of L/ rec L, rk sd R/ rec L, XRIF of L/ rec L, sd R;

PART B

1-4 SPOT TRN; SYNCO CIRCLE TWISTY VINE LADY IN FRONT; CUCARACHA WITH SD EXIT; ALTERNATIVE BASIC;

- 123&4 1-2 {**Spot Trn**} Trn RF to fc RLOD fwd L trn RF ½, recov R trn RF ¼, sd L/cl R, sd L; {**Synco Circle Twisty Vine Lady in Front**} Making ½ wide circle arnd the W to fc COH ronde the R leg to XRIB of L/ sd L, XRIF of L/ sd L to fc COH, cont twd RLOD XRIB of L/ sd L, XRIF of L (W smaller circle start XLIF of R/sd R, XLIB of R/ sd R to fc wall, cont twd RLOD XLIF of R/ sd R, XLIB of R):
- 123&4 3-4 {**Cucaracha With Sd Exit**} Push sd L, recov R, in pl L/R, sd L; {**Alternative Basic**} In pl R, L, sd R/ cl L, sd R;

5-8 SPOT TRN; SYNCO CIRCLE TWISTY VINE LADY IN FRONT; CUCARACHA WITH SD EXIT; ALTERNATIVE BASIC;

- 123&4 5-6 {**Spot Trn**} Trn RF to fc LOD fwd L trn RF ½, recov R trn RF ¼, sd L/cl R, sd L; {**Synco Circle Twisty Vine Lady in Front**} Making ½ wide circle arnd the W to fc wall ronde the R leg to XRIB of L/ sd L, XRIF of L/ sd L fc wall, cont twd LOD XRIB of L/ sd L, XRIF of L (W smaller circle start XLIF of R/sd R, XLIB of R/ sd R fc COH, cont twd LOD XLIF of R/ sd R, XLIB of R):
- 123&4 7-8 {**Cucaracha With Sd Exit**} Push sd L, recov R, in pl L/R, sd L; {**Alternative Basic**} In pl R, L, sd R /cl L, sd R;

9-12 BASIC NAT TOP 2 LADY LK ENDING;; NAT OPENING OUT TO FC; GUAPA SYNCO INVERTED SD WALKS;

- 123&4 9-10 {**Basic Nat Top 2 Lady Lock Ending**} Rk fwd L, recov R, sd L/ cl R, sd L trning ¼ RF (W rk bk R, recov L, diag sd & fwd R/ lk LIB of R, fwd R to CP); XRIB of L cont RF trn, sd & fwd L cont RF trn fc LOD, small XRIB of L / sd L, in pl R trning ¼ fc wall (W trning RF sd L, XRIF of L fc RLOD, fwd L/ lk RIB of L, fwd

L trning RF to fc LOD);
 123&4 11-12 **{Nat Opening Out to Fc}** Give W slgt L sd lead to open her out
 -&6&7&8 chk fwd L, recov R bring W to CP wall, sd L/ cl R, sd L (W brk bk
 R fc LOD, recov L trn LF to CP, sd R/ cl L, sd R); **{Guapa Synco
 Inverted Sd Walks}** Hold 1/ and then qkly cl R to L on the & ct,
 sd L/cl R, sd L/ cl R, sd L;

**13-16 FULL BK BASIC;; SPOT TRN; GUAPA SYNCO INVERTED SD WALKS
 WITH ARMS;**

123&4 13-14 **{Full Bk Basic}** Rk bk R, recov L, sd R/ cl L, sd R; rk fwd L,
 567&8 recov R, sd L/ cl R, sd L;
 123&4 15-16 **{Spot Trn}** Trn LF to fc LOD fwd R trn LF ½, recov L trn LF ¼,
 -&6&7&8 sd R/ cl L, sd R; **{Guapa Synco Inverted Sd Walks with Arms}**
 Hold 1/ and then qkly cl L to R on the & ct, sd R/ cl L, sd R/ cl L,
 sd R thruout the sd walks sweep trail arms out to the sd CCW (CW
 for W) up and bk out to the sd);

PART A MOD

1-4 CURL; HOCKEY STICK ENDING TO WALL; OPEN HIP TWIST; FAN;

123&4 1-2 **{Curl}**Rk fwd L, recov R, bk L/ pull R bk twd L, diag sd & fwd L
 567&8 raising lead hnds to trn W LF (W rk bk R, recov L, fwd R/ lk LIB
 of R, fwd R trning LF ½ under lead hnds to fc wall); **{Hockey
 Stick Ending to Wall}** Small rk bk R under body, recov L, fwd R/
 lk LIB of R, fwd R (W fwd L, fwd R trn ½ LF, bk L/ lk RIF of L,
 bk L);

3-4 **{Open Hip Twist}** **{Fan}** Repeat meas 3-4 part A;;

**5-10 PREPARE HOCKEY STICK; HE RK FWD RECOV SHE FWD SPIRAL &
 SIT; HE RK FWD RECOV SD SHE RK RECOV FWD LEG WRAP;
 LOWER & TWIST QK LEG UNWRAP SEMI;**

5-6 **{Prepare Hockey Stick}** **{He Rk Fwd Recov She Fwd Spiral &
 Sit}** Repeat meas 5-6 part A;;

7-8 **{He Rk Fwd Recov Sd She Rk Bk Recov Fwd Leg Wrap}**
{Lower & Twist Qk Leg Unwrap to Semi} Repeat meas 7-8 part
 A;;

9-10 BRK BK RECOV FC CHA; SPOT TRN;

9-10 **{Brk Bk Recov Fc Cha}** **{Spot Trn}** Repeat meas 9-10 part A;;

REPEAT INTERLUDE 1

PART B MODIFIED

1-16 REPEAT MEAS 1-15 PART B;::::::::::; INVERTED SD WALK 3...

123 16 **{Inverted Sd Walk 3}** No hnds joined cl L, sd R, cl L, (Note that
 this is even ct and only takes 3 counts, interlude 2 begins on the
 4th beat of this measure)

INTERLUDE 2**1-4 TRAVELING DOORS;;; CL**

- 123&4 1-2 {**Traveling Door**} Rk sd R, recov L, XRIF of L/ sd L, XRIF of L;
 567&8 rk sd L, recov R, XLIF of R/ sd R, XLIF of R;
- 123&4 3-4 {**Traveling Door Cl**} Rk sd R, recov L, XRIF of L/ sd L, XRIF of
 567&89 L; rk sd L, recov R, XLIF of R/ sd R, XLIF of R; cl R to L join
 lead hnds, (Note this section is actually 4 meas plus 1 beat taken
 from the last meas of part B)

PART C**1-5 OPEN HIP TWIST; FAN; HOCKEY STICK WITH TRIPLE CHAS;;;**

- 123&4 1-2 {**Open Hip Twist**} Rk fwd L, recov R, bk L/ pull R bk twd L, cl
 567&8 L (W rk bk R, recov L, fwd R/ lk LIB of R, fwd R trn ¼ RF to fc
 LOD in "L" pos); {**Fan**} Rk bk R, recov L, XRIF of L/ cl L,
 small sd R (W fwd L, fwd R trn LF, bk L/ XRIF of L, bk L);
- 123&4 3-5 {**Hockey Stick with Triple Chas**} Fwd L, rec R, XLIB of R/ sd
 567&8 R, recov sd L (W cl R to L, fwd L, fwd R/ lk LIB of R, fwd R
 1&23&4 look at M); Small rk bk R, recov L, with R sd lead join R hnds
 fwd R/ lk LIB of R, fwd R (W fwd L DW, fwd R spiral LF to fc
 ptr, join R hnds bk L/ lk RIF of L, bk L); With L sd lead join L
 hnds fwd L/ lk RIB of L, fwd L, with R sd lead join R hnds fwd
 R/ lk LIB of R, fwd R;
- 6-8 RK FWD RECOV BK TRIPLE CHAS;; UNDERARM TRN;**
- 123&4 6-7 {**Rk Fwd Recov Bk Triple Chas**} Rk fwd L, recov R, bk L/ lk
 5&67&8 RIF of L, bk L; with L sd lead join L hnds bk R/ lk LIF of R, bk
 R; with R sd lead join lead hnds bk L/ lk RIF of L, bk L;
- 123&4 8 {**Underarm Trn**} Rk bk R, recov L, sd R/ cl L, sd R (W fwd &
 sd L trn RF under lead hnds, recov R cont RF trn to fc ptr, sd L/ cl
 R, sd L);

REPEAT B standing fcing wall after arm roll with trail arms out to sd;;;;;;;;;;;;;