

MISTY MORNING

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Music: "Misty Morning", CD: Standard Music 3, Dancehouse CD-Z 3003

Music has been edited

Rhythm/Phase: Waltz, Phase VI Released: August, 2010

Footwork: Described for M (W opposite, or as noted)

Timing: 123, unless noted on sd of meas (W in parentheses)

Timing reflects actual wgt chgs



Sequence: **INTRO A B A B ENDING**

INTRO

1 - 4 WAIT; SHADOW FENCE LINE TO; HORSE AND CART; PICKUP (DLW);

1. In SHAD POS DLW w/ L ft free for bth wt 1 meas;

2. Bth XLif of R, rec R, sd & fwd LOD L;

(&1&2&3&)
3. Maintaining SHAD POS w/ R ft extended sd & bk and keeping toned L arm allow W to take M arnd while keeping wgt on L (Beginning on & ct W circ LF fwd & acrs R/sd & fwd L/fwd & acrs R, sd & fwd L/ fwd & acrs R, sd & fwd L/fwd & acrs R) to SHAD POS DLW;

4. Thru R, sd & fwd L, cl R (W sd & fwd L trng LF to fc M, sd R, cl L) to CP DLW;

PART A

1 - 4 HOVER; SLOW SIDE LOCK; TELEMARK SCP; OP NATURAL;

1. Fwd L, sd & slight fwd R cont rising brush L twd R, sd & fwd L to SCP DLC;

2. Thru R, fwd & slightly sd L leading W to pickup, trng LF XRib of L (W lk Lif of R) to CP DLC;

3. Fwd L commence LF trn, fwd & sd R cont LF trn (W cl for heel trn), sd & fwd L to SCP DLW;

4. Fwd R commence RF trn, sd L cont RF trn, cont RF trn sd & bk R (W fwd L, fwd R between M's feet, sd & fwd L) to BJO DRC;

5 - 8 NATURAL STANDING SPIN (W EROS); IMPETUS TO SCP; SCP CHASSE;

POISED CHAIR TO SYNC BK WHISK;

12&3
(1-3)
5. Ck bk L in BJO commencing RF bdy trn, run fwd arnd W trng 1 full revolution R/L, R cking last stp (W fwd R, keeping wt on R lift L leg and xtnd it bk w/ knee bent while trng RF on R ft, cl L to R) to BJO DRC;

6. Bk L LOD comm RF trn, cl R to L heel trn, sd & fwd L (W fwd R comm RF trn, fwd & sd L cont RF trn, sd & fwd R) to SCP DLC;

12&3
7. Thru R, sd & fwd L/cl R, sd & fwd L;

123&
8. Lun thru R w/ bk poise, rec bk L commencing to chg shape twd LOD, sd & bk R/XLib of R (bth Xib) to SCP DLC in Whisk Line;

9 - 12 VIENNESE CROSS; SLOW LOCK AND QUICK LOCK; BK TRN LF & CHASSE TO BJO; MANUV;

123&
9. Thru R, fwd L commence LF trn, fwd & sd R cont LF trn w/slight R sd stretch/XLif of R (W cl R to L keeping hd to R);

123&
10. Bk R commencing sway chg, XLif of R (W Xib) completing sway chg to R, bk R/XLif of R (W Xib w/ hd now to L);

12&3
11. Bk R commencing to trn LF to fc Wall, sd & fwd LOD L/cl R to L, sd & fwd L (W sd & bk R) to BJO DLW;

12. Fwd R outsd ptr commencing RF trn, fwd & sd L cont RF trn, cont slight RF trn cl R to L to CP RLOD;

13 - 16 CONTINUOUS HAIRPINS;; IMPETUS TO SCP; SLOW SIDE LOCK;

123&
13. Bk L toeing in and pvt ½ RF, fwd R between W's feet cont RF trn, fwd L to Wall cont RF trn/cont RF trn fwd R outsd ptr to BJO DRW;

14. Rpt meas 13 of PART A commencing w/ W stepping outsd of M;

15. Rpt meas 6 of PART A;

16. Rpt meas 2 of PART A;

PART B

1 - 4 START TELESPIN TO; DOUBLE REVERSE SPLIT RONDE; WITH CIRCLE VINE; AND CROSS HESITATION ENDING;

- 12- (123) 1.Fwd L commence LF trn, fwd & sd R past ptr cont LF trn (W close L for heel trn), sd & slightly bk L LOD partial wgt to fc DRW (W fwd R LOD hd to L);
- 123 (&12&3&) 2.On & ct of previous meas rotate LF thru hips & upper bdy to ld W fwd/fwd L commence LF trn, fwd & sd R arnd W cont LF spn drawing L twd R, cont LF spn on ball of R bring L beside R no wgt (On & ct of previous meas W stp thru L trng LF to CP/ bk R comm LF trn, cont LF heel trn & cl L/fwd & sd R arnd M cont LF trn, XLif of R/rec on R to rel L ft) to CP LOD;
- 23 3.With identical footwork lower on R and push L fwd on floor w/ 1/8 LF bdy rotation, ronde L CCW then XLib of R making strong LF trn to fc COH (W fc Wall), cont LF trn w/ sm sd stp on R twd COH to fc almost RLOD (W fc almost LOD);
- 12- (123) 4.Bth stp fwd L outsd ptr in SCAR cont strong LF trn to fc Wall, fwd R cont LF trn to fc ptr & COH keeping R sd fwd twd ptr, cont LF trn on R drawing L twd R (W cont LF trn on R while closing L to R) to BJO DRC;

5 - 8 BK, BK/LK, BK; IMPETUS SCP; THRU TO PROM SWAY; W SWIVEL KICK TO HIGHLINE AND SLIP;

- 12&3 5.In BJO stp bk LOD L, bk R/lk Lif of R (W lk IB), bk R;
- 12- 6.Rpt meas 6 of PART A;
- 12- 7.Thru R, sd & fwd L, stretch bdy upward to look ovr jnd ld hnds still in SCP;
- 3 8.Lower into L knee trng upper bdy LF to chg sway & ld W to kck L twd RLOD leaving R leg extended RLOD, trn upper bdy RF & chg sway to Highline, trng LF slp bk on R (W lower in R knee w/ slight LF swvl on R and kck L leg RLOD, swvl RF on R and lower L leg while changing sway to Highline, trng LF slp fwd on L) to CP DLC;

9 - 12 MINI TELESPIN;; CONTRA CHECK AND SWITCH TO; DOUBLE RONDE AND M HOOK;

- 12-; 12-; (123; &12-;) 9-10.Fwd L commence LF trn, fwd & sd R past ptr cont LF trn (W close L for heel trn), sd & slightly bk L LOD partial wgt to fc DRW (W fwd R LOD hd to L); Ld W fwd transerfng wgt to L/spn LF on L, sd R, hold (W fwd L heel ld arnd man spn LF/sd R spn LF, sm sd L, hold) to CP DRC;
- 11Flex knees w/ strong R sd ld ck fwd L, rec R comm RF trn leaving L ft almost in place, cont RF trn bk L soft knees throughout to CP DLW;
- 123 (12&3) 12.Fwd R between W's ft w/ RF bdy trn ronde L leg CW, swing L sd arnd W stepping sd L to CP RLOD, hk Rib of L cont RF trn to fc DRC (W fwd L arnd M and ronde R leg CW, XRib of L/sd & fwd L commencing to unwind M, fwd R) to BJO DRC;

13 - 16 W AROUND TO SAME FOOT LUNGE LINE; DRAG DEVELOPE; SAME FOOT LUNGE AND CHANGE SWAY; BIG TOP VARIATION (DLW);

- (12-) 13.Unwind trng RF on bth ft, cont to trn RF shifting wgt to R to fc Wall, lower on R (W fwd arnd M trng RF L, fwd R then keeping wt on R swvl RF to fc LOD, lower on R while extending L fwd LOD w/ no wgt) to Same Ft Lun Line;
- 1-- 14.Just before the first bt of this meas lower more strongly to allow L ft to xtend a bit further twd LOD/reach sd LOD L taking wt to L ft, commence to rise on L while dragging R ft twd L, tch R to L (W fwd LOD L, lift R leg and xtnd R ft fwd in Develope, lower R leg to tch R ft beside L);
- 1-- 15.Lower on L w/ slight L sway while reaching sd R w/ toe pointing DRW (W XRib well underneath bdy), cont to xfer wgt to R soft knee and commence to stretch upward, cont stretch & sway R (W hd well to L)/on & ct chg sway by trng bdy slightly RF stretching R sd to open W's hd to R while changing M's hd to L;
- 23 (123) 16.M hold's first bt while trng LF, fwd L commencing strong LF spn, slp R bk finishing LF spn (W fwd L commencing LF trn, sd R arnd M continuing LF trn to CP, slp L fwd) to CP DLW;

ENDING

1 - 4 HOVER; M CHECK AND POINT (W HOVER OUT TO FACE); PASSING CROSS HOVER TWICE;;

- 12- (123) 1.Rpt meas 1 of PART A;
- 12- (123) 2.Check thru R while leading W to mv fwd and awy from M, rec L, pt R sd & bk (W stp thru DLC L, fwd R commencing ½ LF trn, rec L finishing LF trn to fc DRW) to end fcg ptr abt 3' apt w/ no contact and W slightly to R of M;

3. With identical footwork step forward R beginning to pass by partner R shoulder to R shoulder while placing M's R hand on W's midsection & W's R hand on M's chest, forward L rising and commencing 1/2 RF turn releasing R hand from partner, rec R finishing RF turn to face DRW (W face DLC) w/ M on inside track and W on outside track;
4. Step forward L beginning to pass by partner L shoulder to L shoulder while placing M's L hand on W's midsection & W's L hand on M's chest, forward R rising and commencing 1/2 LF turn releasing L hand from partner, rec L finishing LF turn to face DLC (W face DRW);

5 - 8 (STACK R HANDS ON TOP) PRETZEL TWIRLS:::

5. Joining R hands on top and L hands underneath commence to lead W into RF double-hand twirl stepping forward R while turning slightly RF, small side LOD L to face Wall, forward two Wall R (W twirl 1 1/4 RF across front of M R, L, R beginning by raising jnd R hands and moving under the R hands then lowering the R hands and raising the L hands) to end w/ M facing Wall (W facing COH on M's R side) w/ joined R hands lowered and joined L hands high;
6. XLif of R, side R, back L (W forward L past M's R side taking jnd L hands over M's head and turn 1/2 RF and ronde R CW to end facing Wall, XRib of L to slide behind M while lowering jnd L hands and taking jnd R hands over M's head, side & forward L moving around M to end facing DRW) to end facing DLW (W facing DRW) with jnd R hand high and jnd L hands low;
7. Rpt meas 5 of ENDING;
8. Rpt meas 6 of ENDING;

9 - 12 W TWIRL OUT TO RLOD; THRU TO R LUNGE WITH ARM CIRCLE:::

9. Rel L hands and rpt meas 5 of ENDING with only the R hands jnd;
10. XLif of R (W step side L cont to turn RF to face Wall) to end both facing Wall w/ R hands jnd in front of W, both step side R lowering into R LUN w/ hds to R and slowly sweep L arm CW out two LOD then straight up w/ palm facing LOD;
- 11 - 12. Keeping hd to R use last two meas to continue to circle L arm CW to extend it two RLOD across body then pull the hand across front of body and extend hand side two LOD still keeping hd to R;