

No Se Tu Revisited

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Music: "No Se Tu" by Louis Miguel CD "Mis Boleros Favoritos" Track #4
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Rythm: Bolero **Phase:** VI **Speed:** Speed Slightly
Footwork: Described for M – W opposite (except as noted) **Released:** May 2015
Sequence: Intro-A-Intro (03-08)-A mod -B-Ending **Revised 1/14/2016**

INTRO

01-02 WAIT ; ;

01-02-In SHADOW POS WALL wait 2 meas w/lead feet free pointed to sd;

03-05 MAN LUNGE / LADY STORK ; OPPOSITE SPOT TURNS ; 2nd UNDERTURN TO FACE ;

03-M lunge strongly to L shaping to ptr w/L hands joined;

(W lunge R bringing L ankle up to inside R knee w/ R sd stretch shaping to ptr)

04-Sd R RLOD,-, fwd & across L trng RF, cont RF trn fwd R LOD fc WALL;

05-Sd L LOD,-, fwd & across R trng LF, cont LF trn fwd L fc ptr & RLOD;

06-08 BOLERO WHEEL FC WALL ; UNDERARM TURN ; HIP ROCKS ;

06-Wheel RF fwd R,-, L, R to face WALL ;

07-Sd L ,-, XRIBL , fwd L (W sd R comm RF trn,-, XLIF of R turning RF under joined lead hands, fwd R cont RF turn to face ptr) ;

08-Rk sd R rolling hip sd & bk,-,rec L, rec R;

09-10 SLOW CORTE ' ; LEG CRAWL & REC ;

09-10-Blending to CP WALL sd & bk L w/slight LF body rotation,-,

(W lift L leg up along M's outer thigh w/toe pointed to floor); rec R;

PART A

01-06 TURNING BASIC to a ; RT LUNGE & ROCK TWO ; TURNING BASIC to ; NEW YORKERS 2X ; ; (CLOSE UP) HIP LIFT ;

01-Sd L w/R sd stretch,-, slip bk R trng LF, fwd L end CP COH;

02-Fwd & sd R then soften R knee to R lunge line,-, rec L, rec R end RT LUNGE LINE COH

03-Sd L w/R sd stretch,-, slip bk R trng LF, fwd L end CP WALL;

04-Sd & fwd R,-, trng RF fwd L RLOD, bk R trng LF;

05-Sd & fwd L,-, trng LF fwd R LOD, bk L trng RF;

06-Sd R w/R hip extended sd bring L ft next to R w/no wgt,-, lift L hip, lower L hip;

07-09 CUDDLES 2X ; ; SYNC HIP ROCKS JOIN RIGHT HANDS ;

07-08-Sd L to CUDDLE POS,-, sd R slight trn LF to open lady out w/R sd stretch, rec L chg to L sd stretch placing L hand on W's L shldr blade leading her to CP; sd R,-,sd L slight trn RF to open lady out w/L sd stretch, rec R chg to R sd stretch placing R hand on W's R shldr blade leading her to CP;

09-Rk sd L rolling hip sd & bk,-, rec R/rec L, rec R w/hip roll;

10-14 FULL MOON ; ; ; ; HIP TWIST TO FAN ;

- 10-w/R hands joined Sd & fwd L,-, trng LF bk R, cont LF trn fwd L bringing R hands up behind W to lead spiral (trng RF sd & fwd R,-, fwd L, fwd R twd COH/spiral 7/8 LF);
- 11-Fwd R COH joining L hands to VARSOUVIENNE POS COH,-, fwd L, releasing L hands bk R (cont LF trn fwd L COH to VARSOUVIENNE POS COH,-, fwd R, bk L trng RF);
- 12-Bk L trng 1/8 LF, cont LF trn bk R, cont LF trn fwd L bringing R hands up behind W to lead spiral (fwd R twd M's R sd trng RF,-, fwd L, fwd R twd WALL/spiral 7/8 LF);
- 13-Fwd R WALL join L hands to VARSOUVIENNE POS WALL,-, fwd L, releasing L hands bk R (cont LF trn fwd L WALL to VARSOUVIENNE POS WALL,-, fwd R, bk L trng RF);
- 14-Cl L to R leading W to trn RF,-, bk R, rec L change to lead hand hold (fwd R twd M R sd trng ¼ RF fc LOD,-, fwd L LOD, fwd R trng LF);

15-17 HOCKEY STICK ; LADY SPIRAL & OVERTURN TO FACE ; LUNGE BREAK ;

- 15-Sd R RLOD,-, fwd L, rec R (cont LF trn bk L LOD to FAN POS,-, cl R to L, fwd L);
- 16-Cl L to R,-, trng slightly RF bk R, fwd L (fwd R, spiral 7/8 LF under joined lead hands, cont LF trn fwd L, fwd R trng LF under joined lead hands);
- 17-Sd & fwd R,-, lower in R knee keeping a straight back allowing L ft to slide sd & bk, start to rise back up (sd & bk L,-, bk R, fwd L);

18-21 FENCE LINE w/ARM ; START THREE THREES ; ; ;

- 18-Sd L sweep trailing arm up,-, soften L knee fwd & across R LOD flexing R knee taking trailing arm through leading from the wrist, bk L trng RF as you pull arm back thru to extend out to sd;
- 19-Sd & fwd R,-, fwd L, bk R (sd & bk L,-, bk R, fwd L);
- 20-Cl L to R,-, bk R, rec L (fwd R,-, trng ½ RF/in place L, R) to TANDEM POS FCING WALL M BEHIND W;
- 21-Cl R to L,-, sd & fwd L, bk R (in place L spin LF 1 full turn on L, tch R to L, sd & bk R, fwd L);

INTRO (MOD)**01-03 MAN LUNGE / LADY STORK ; OPPOSITE SPOT TURNS ; ;**

01-03 Repeat Measures 03-05 of Intro;;;;

04-06 BOLERO WHEEL TO FC WALL ; UNDERARM TURN ; HIP ROCKS ;

04-06 Repeat Measures 06-08 of Intro;;;;

PART A (MOD)**01-05 FULL MOON ; ; ; ; HIP TWIST TO FAN ;**

01-05 Repeat Measures 10-14 of Part A;;;;;

06-08 HOCKEY STICK ; LADY SPIRAL & OVERTURN TO FACE ; LUNGE BREAK ;

06-08 Repeat Measures 15-17 of Part A;;;;

09-10 CHECK RT PASS ; M/RONDE' TO FWD BREAK ;

- 09-Fwd & sd L comm RF trn raising lead hands high and placing R hand on the front of W's R hip,-, cont RF trn XRIB of L lowering lead hands in front of W to check her, cont RF trn sd & fwd L (fwd R,-, fwd & across L twd COH no turn, bk R) to end with lead hands joined in front of W's L hip to MOD WRAP POS both FCING COH;
- 10-Fwd R swiv RF & ronde L CW to fc prt & wall,-, fwd L ext trailing arm to sd, rec R (bk L,-, bk R, rec L) LOP fc wall;

03-04 NATURAL TOP 6 ; w/INSIDE UNDERARM TRN (FC WALL) ;

03-04 Sd & fwd L to CP WALL comm RF trn,-, XRIB of L cont RF trn, sd L cont RF trn
(fwd R comm RF trn,-, sd L cont RF trn, XRIF of L cont RF trn); XRIB of L cont RF trn,-,
raising joined lead hands to lead W to trn LF under lead hands sd L, cl R
(cont RF trn sd L,-, fwd R spiraling LF under joined lead hands, cont LF trn sd & fwd L)
End M fcg WALL;

PART B

01-03 AIDA PREP ; AIDA w/HIP ROCKS ; SWITCH CROSS ;

01-Sd L to slight open V shape twd ptr & LOD,-, thru R, trng RF step sd L;
02-Cont RF trn bk R in aida line,-, rec L, rec R;
03-Trng LF to fc ptr sd L ck bringing joined hands thru,-, rec R, XLIF of R to OPEN FCING WALL;

04-07 FWD BREAK ; LEFT SIDE PASS ; HORSESHOE TURN JOIN RIGHT HANDS ; ;

04-Sd & fwd R,-, fwd L, rec R;
05-Sd & fwd L trng RF to SCAR DRW,-, rec bk R trng LF, sd & fwd L trng LF to V pos LOD
(Sd & fwd R trn RF back to man shape head to man,-, sd & fwd L trng LF, bk R V pos LOD);
06-Sd & fwd R trng RF to LOP LOD,-, chk fwd L, rec R;
07-Fwd L DC curving LF, fwd R cont curving LF changing sds under lead hands, fwd L RLOD
(fwd R comm RF trn,-, fwd L curving under joined lead hands, fwd R RLOD);

08-11 TURKISH TOWEL ; ; ; CROSS BODY JOIN LEAD HANDS ;

08-w/R hands joined Sd & fwd R,-, fwd L, rec R;
09-Sd L raise R hands to lead W to turn RF under,-, bk R, rec L (Sd R comm RF trng,-, fwd
L under joined R hands, fwd R to RLOD to M's RT sd);
10-Sd & fwd R raising hands to shoulders join L hands,-, chk bk L, rec R (fwd & sd L
behind M joining L hands over M's shoulders, chk fwd R, rec L);
11-Sd L rel L hands,-, chk bk R lead W twd wall, rec L chng to lead hands (sd R, fwd L, fwd
R trng LF fc M WALL);

12-14 FENCE LINES w/ARMS 2X ; ; HIP LIFT & PAUSE ;

13-13 Sd R w/body rise,-, X lunge L thru w/bent knee sweep lead hands out up & bet ptrs, rec R;
Sd L w/body rise,-, X lunge R thru w/bent knee sweep trail hands out up & bet ptrs, rec L;
14-Sd R w/R hip extended sd bring L ft next to R w/no wgt,-, lift L hip, lower L hip; (pause)

01-06 DBL HANDHOLD OPENING OUT 4 X ; ; ; ; EGGBEATER TURN ; ;

- 01-Blending to BFLY cl L to R turning LF,-, lower in L knee letting R ft slide sd & bk no weight w/ trail hands down, rise turning RF (W fwd R trn LF,-, bk L twd LOD, fwd R turning RF);
- 02-CI R to L turning RF,-, lower in R knee letting L ft slide sd & bk no weight w/lead hands down, rise turning LF (W fwd L trn RF,-, bk R twd RLOD, fwd L turning LF);
- 03-04-Repeat meas 01-02 END;;
- 05-Sd L raising lead hands but also taking trailing hands thru twd LOD at shoulder level,-, XRIB of L trng W under lead hands, rec L taking lead hands to M's upper R arm to release hand hold & immediately re-join under M's R arm while trng W under trailing hands (trng RF sd & fwd R,-, fwd & across L trng RF under joined lead hands, fwd R cont RF trn under trailing hands);
- 06-Sd R leading W under trailing hands again,-, flex R knee in lunge line (sd & fwd L twd RLOD trng ½ RF on L under joined trailing hands,-, small sd R flex knee in lunge line) to end in R lunge WRAP POS FCING WALL;

07 MAN LUNGE / LADY STORK & EXTEND

- 07-M lunge strongly to L shaping to ptr w/lead hands joined, slowly extend R hand up & out (W bring L ankle up to inside R knee shaping to ptr slowly extend L hand up & out);