

NOSSA NOSSA

Choreographers: Michael & Regina Schmidt, Lebensbaumweg 21, 50767 Köln, Germany, **Release 1.0 / Dec 2012**
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Record: Ai Se Eu Te Pego (Nossa Nossa), Michel Telo, 2:46 min, Download edited, contact choreographer
Rhythm & Phase: SB, IV + 1 (Bota Fogo) + 1 (Carousel) Tempo: Adjust for comfort
Timing: S, -a, S, -; except where noted Footwork: Opposite except where noted
Sequence: INTRO – A – B – A – B – A – TAG

INTRO

Wait PU note in loose ½ OP, ptrs look at each other, ld feet free and crossed in bhnd -

PART A

1 - 4 SLOW VOLTA TWICE;; TRAVELING VOLTA;;

1-4 .../sd L; XRif of L, -, -, -/sd L; XRif of L, -, -, -/sd L; XRif of L/sd L -, XRif of L/sd L, -; XRif of L/sd L -, XRif of L;
[Timing (1-4): aS, -a; S, -a; Sa, Sa; Sa, S -;]

5 - 8 OP WHISK L & R;; KICK BALL CHG TWICE;;

5-8 Sd L/XRib of L trn RF to L ½ OP RLOD, -, rec in pl L, -; Trn LF to fc ptr sd R/XLib of R to ½ OP LOD, -, rec in pl R, -;
In ½ OP LOD kick fwd L/take wgt on ball of L, -, rec R, -; Kick fwd L/take wgt on ball of L, -, rec R, -;

9 - 12 WHISK L & R TO SCP;; SAMBA WALK; SD SAMBA WALK;

9-10 Trn RF to CP sd L/XRib of L, -, rec in pl L, -; Sd R/XLib of R, -, rec in pl R to SCP LOD, -;

11-12 Fwd L/push bk R with partial wgt & draw L undr bdy, -, rec L, -; Fwd R/push sd L with partial wgt & draw R undr bdy, -,
rec R, lift ld arm & trn 1/8 RF twd DLW [W: 1/8 LF twd DLC], -;

13 - 16 SHADOW BOTA FOGO; LADY WRAPS; LADY ROLL OUT; LADY ROLL TO PU;

13-14 Fwd L twd DLW (chg sds bhd lady)/sd & fwd R with partial wgt trng ¼ LF, -, rec L, -; Fwd R twd DLC (chg sds bhd
lady)/sml sd & fwd L trn 1/8 RF twd LOD bring ld arms down IF of lady, -, cl R to L jn lady's trl hnds at her R waist, -;
[W (14): Fwd L twd DLW (chg sds in front of man)/cl R to L trn 1/8 LF twd LOD, -, sip L, -;]

15-16 (keep trl hnds jnd roll lady out RF) Sd L/XRib of L, -, rec in pl L, -; Sd R/(release trl hnds after lding lady's RF trn) XLIB
of R, -, rec in pl R get to CP LOD, -;
[W (15-16): Sd R com RF trn, cl L to R cont trn RF, sd R compl RF trn to fc LOD stretch R arm out to sd, -; Sd L com LF
trn, cl R to L cont trn LF, sml step L to fc ptr & CP, -;
Timing Lady only: Q,Q,S -; Q,Q,S, -;]

17 - 20 REV TURN;; REV TURN;;

17-18 Fwd L trng LF/sd R, -, cl L, -; Bk R trng LF/sd L, -, cl R, - to CP LOD; (“Viennese footwork” as an option, see RAL!)

19-20 Repeat actions meas 17-18 PART A end CP Man fcg WALL;;

21 - 24 L WHISK; REV UNDRARM TRN; LUNGE, LADY STORK LINE; LADY ROLL TO SHADOW, MAN REC IN 2;

21-24 Repeat actions meas 9-10 PART A stay fcg WALL on 2nd meas ld lady to trn LF undr jnd ld hnds;; Lower into knee lunge
sd L offer R hnd, -, -, -; Rec R, -, trn LF to LOD sml fwd L in SHDW LOD, -;

[Timing Man: S, -a, S, -; S, -a, S, -; S, -, H, -; S, -, S, -;]

[W (21-24): Repeat actions meas 9 PART A; Remaining on the spot comm LF trn XLIF of R/sd & slightly bk R keep
trng, -, XLIF of R (latin cross) to L-shape fcg LOD release hndhld, -; Bounce out of the L-shape comm RF trn step sd R
offer L hnd, -, jn trl hnds lift L Leg to stork line stretch R arm up & out, -; Sd L com LF trn, cl R to L cont trng LF, step sd
& fwd L to SHDW LOD, -; Timing Lady: S, -a, S, -; S, -a, S, -; S, -, S, -; Q,Q,S, -;]

PART B

1 - 8 CRUZADO WALKS & LOCKS;; TWICE;; SAME FOOT BOTA FOGO TWICE;; KICK BALL CHG TWICE;;

- 1-4 Fwd R, -, fwd L, -; Fwd R, lk L ibR, fwd R, -; Fwd L, -, fwd R, -; Fwd L, lk R ibL, fwd L, -;
5-8 Fwd R/sd & fwd L with partial wgt trng ½ RF, - rec R, -; Fwd L/sd & fwd R with partial wgt trng ½ LF, -, rec L to SD-
by-SD LOD, -; Kick fwd R/take wgt on ball of R, -, rec L, -; Kick fwd R/take wgt on ball of R, -, rec L, -;
[Timing (1-4): S, -, S, -; Q,Q,S, -; S, -, S, -; Q,Q,S, -;] [W(1-8): same footwork throughout]

9 - 12 CAROUSEL;; TWICE TO FC;;

- 9-12 XRif of L, uncross bk L, XRib of L, -; Flare L arnd R & take wgt, uncross fwd R, XLif of R, -;
XRif of L, uncross bk L, XRib of L, -; Flare L arnd R & take wgt, uncross fwd R, XLif of R trn 1/8 RF [W: 3/8 LF] to fc
ptr & DLW in BFLY, -;
[Timing (9-12): Q,Q,S -; Q,Q,S, -; Q,Q,S -; Q,Q,S, -;] [W(9-12): same footwork throughout]

13 - 16 CONTRA BOTA FOGOS;; MAN KICK BALL CHG, LADY CONTRA BOTA FOGO; SD SAMBA WALK;

- 13-14 Fwd R twd DLW/sd & fwd L with partial wgt trng ¼ RF, -, rec R twd DRW, -; Fwd L twd DLW/sd & fwd R with partial
wgt trng ¼ LF, -, rec L twd DLW, -;
[W(13-14): Fwd R twd DRC/sd & fwd L with partial wgt trng ¼ LF, -, rec R twd DLC, -; Fwd L twd DLC/sd & fwd R
with partial wgt trng ¼ RF, -, rec L twd DRC, -;]
15-16 Kick fwd R/take wgt on ball of R, -, rec L to SCP LOD, -; Repeat actions meas 12 PART A to loose ½ OP, -;
[W(15): Repeat actions meas 13 PART B to SCP LOD;]

TAG

1 CHK FWD R

Both ptrs chk fwd R in SHDW LOD & Hold ...

SUGGESTED HEADCUES

SEQUENCE: INTRO A B A B A TAG

INTRO (Wait for first Vocal in loose ½ OP ld feet free & crossed bhnd start on “N” of “Nossa”)

PART A Slow Volta Twice;; Traveling Volta;; OP Whisk L & R;; Kick Ball Chg Twice;;
Whisk L & R to SCP;; Samba Walk; SD Samba Walk;
Shadow Bota Fogo; Lady Wraps; Lady Roll out; Lady Roll to PU;
Rev Turns;; Twice;;
L Whisk; Rev Undrm Trn to L Pos; Lng, Lady Stork Line; Lady Roll to Shdw (Man in 2);

PART B Cruzado Walks & Locks;; Twice;;
Same Foot Bota Fogo Twice to OP;; Kick Ball Chg Twice;;
Carousel;; Twice to FC BFLY;;
Contra Bota Fogo Twice;; Contra Bota Fogo, Man Kick Ball Chg; SD Samba Walk;

TAG /Both Chk Fwd & Hold