

PICARDY FOXTROT

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RECORD: SPECIAL PRESSING
FOOTWORK: Opposite except where noted.
SEQUENCE: INT.A.B,A,B.B (1 thru 15), ENDING.
TIMING: SQQ unless otherwise noted. PHASE VI FOXTROT.

INTRO

1-4 WAIT; WAIT; TOG-TCH-; FEATHER FINISH:

1-2 Op pos fcg DW with lead hnds joined;;
SS 3 Fwd L,-, tch R to L with slight RF upper body turn,-;
4 Bk R turn LF,-, sd & fwd L DC, fwd R to contra bjo DC;

PART A

1-4 OPEN REV TIM; BK & CHASSE TO SCP; NATL HOVER CROSS;:

1 Fwd L comm. LF turn,-, cont. LF turn sd R (W bk,-, sd, thru).to fc RLOD, bk L blend to contra bjo with R shoulder lead;
SQ&Q 2 M bk R comm. LF turn,-,sd L/cl R to L, sd L blend to SCP fcg DW;
3 Fwd R comm. RF turn,-, sd & fwd L around W, sd & fwd R to fc DW in contra scar;
QQQQ 4 Chk fwd L, rec R, sd L, XRIF of L to contra bjo DC;

5-8 REVERSE TURN;: THREE STP; NATL TURN;

5-6 M fwd L comm. LF turn,-, sd R twd COH. bk L LOD (W bk R heel turn,-, cl L to R, fwd R); Bk R turn 1/4 LF,-, sd & fwd L DW. fwd R in contra bjo DW;
7 Fwd L blend to CP,-. fwd R. fwd L;
8 Fwd R comm. RF turn,-, sd L (W heel turn), bk R CP fcg RLOD;

9-12 CLOSED IMPETUS; HINGE; REC TO SAME FOOT LUNGE; REC- CLOSE-;

9 M bk L LOD turn RF,-, cl R to L cont. RF turn, bk L DRC (W fwd R turn RF,-, sd L cont. RF turn, brush R to L fwd R DRC);
10 M bk R comm. LF turn,-, sd & bk L, cont. turn relax L knee leave R leg extended & rotate upper body LF M look past W (W fwd L,-, sd & fwd R turn LF. bk L well under body);
SS 11 M rise on L & comm. RF body turn allowing W to rec & come fwd before extending R down LOD (W rec R bring L to R swvl RF on R),- extend R sd LOD trans wgt to R stretch R sd (W lower on R & extend L leg fwd no wgt) M look over W's hd & W look to L,-;
SS 12 Correct body sway rec L to fc DRC rise,-, cl R to L (W rec L with slight LF turn rise,-, cl R to L) CP fcg DRC,-;

13-16 SPLIT RONDE; REV WAVE CHK & WEAWE;::

SQQ 13 Flex R knee ronde L ccw toe pointing twds floor comm. LF turn,-, xLiB cont. LF turn, bk R (SQ&Q) sml stp (W flex R knee ronde L ccw toe pointing twds floor comm. LF turn .-, XLIB/ sd R, sml stp fwd L bet M's feet) end CP DW;
14 Fwd L,-, sd R (W heel turn), bk L fcg DRC;
15 Chk bk R,-. rec L. sd & bk R DC;
QQQQ 16 Bk L contra bjo, bk R CP turn LF. sd L LOD. fwd R DW in contra bjo;

PART B

1-4 CHANGE OF DIRECTION; CONTRA CHK REC SWITCH; CURVED FEATHER; COMM

OUTSIDE SPIN & TWIST:

- SS 1 Fwd L DW turn LF,-, sd R DW draw L to R (no vgt) in CP fcg DC,-;
2 Lowering on R fwd L chk with R sd fwd hd to R,-, rec R turn RF on R, sml stp bk L (W rec L, fwd R bet M's feet) CP fcg DW;
3 Fwd R DW,-. fwd L turn RF with L sd lead, fwd R blend to contra bjo DRW;
4 Cl L with L toe to R heel & L heel turned out pivot RF,-, strong stp fwd R outside ptr cont. RF turn, sml stp sd & slightly bk on L (W strong stp fwd R outside ptr turn RF,-, cl L on toe for RF toe spin, sd & fwd R bet M's feet) end CP DRW;

5-8 FINISH OUTSIDE SPIN & TWIST; FEATHER FINISH; WHISK; FEATHER;

- &QQS 5 On &/1 count quickly XRIB of L, unwind RF on counts 2 & 3 on ball of R & L heel. sd & bk L fcg DRW (as M hooks W runs fwd around M L/R, L unwind M to CP, fwd R bet M's feet) end CP fcg DRW;
6 Bk R turn LF,-, sd & fwd L DW, fwd R to contra bjo DW;
7 Fwd L,-, fwd & sd R sway L (W sway R), xLiB of R on toes fcg DC in SCP;
8 M thru R,-, fwd L, fwd R to contra bjo DC (W thru L turn LF.-. bk R. bk L);

9-12 CLOSED TELEMAR; NATL WEAVE;; THREE STP:

- 9 Fwd L to CP DC conn. LF turn,-, sd R cont. LF turn (W heel turn), fwd L DW to contra bjo;
10 Fwd R comm. RF turn,-, sd & bk L fcg DRW, (W heel turn) bk R with R shoulder lead in contra bjo;
QQQQ 11 Bk L, bk R blend to CP, sd & fwd L DW. fwd R to contra bjo;
12 Repeat meas 7 in PART A;

13-16 NATL TURN; BK TIPPLE CHASSE TO SCAR DC; HOVER CROSS ENDING DRC; TOP SPIN;

- 13 Repeat meas 8 in PART A;
SQ&Q 14 Bk L comm RF turn.-, sd R/cl L to R (on toes), sd R to fc DC blending to contra scar on last stp (stay on toes);
QQQQ 15 Starting in contra scar fcg DC repeat meas 4 in PART A ending contra bjo fcg DRC;
QQQQ 16 Turn strong LF on R toe bk L, bk R blend to CP cont. LF turn, sd & fwd L DC, fwd R Co contra bjo DC;*

ENDING

1-2 OPEN IMPETUS; CHAIR:

- SS 1 Bk L turn RF,-, cl R to L cont. RF turn (W fwd around H brush R to L), fwd L DC SCP;
2 M thru R with R knee relaxed chk looking at W (W thru L with L knee relaxed chk looking at M),-,-;

* 2nd time thru part B end TOP SPIN fcg DW in contra bjo.