

POEMA

Choreography: Ron & Mary Noble, 14767 East 53rd Drive Yuma, AZ 85367 (928) 345-0760
Rdancer@aol.com (503) 623-3782
Record: "Poema", CD "Basi Musicali: I classici del liscio, Vol 3 (Karaoke)"
Phase: International Tango, Phase VI Difficulty: Average
Footwork: Opposite, directions for man (woman as noted)
Timing: QQS, except where noted. Timing reflects actual weight changes.
Sequence: Intro, A, B, Interlude, A, B, C, Ending Revised July 2012

- INTRO -

- 1 - 6 **CHALLENGE LINE MAN FACING PARTNER & WALL trail feet free WAIT 2 SLO 4 QK ticks in music;; BACK CONTRA CHECK; QUICK PROGRESSIVE LINK; HEAD FLICK; FLICK BACK/FWD, RUN THREE to a CHALLENGE LINE FACING WALL;**
- 1-2 [WAIT 2 SLOW & FOUR QUICK TICKS in MUSIC] Challenge Line Man facing WALL in CP with trail feet free for both Wait ticks in music, Two Slow, Four Quick;;
- Q- - - 3 [BACK CONTRA CHECK] Begin an upper body trn to the lf flexing knees w/a strong lf sd lead bk R in CBMP, -, -, -; (W Begin an upper body trn to the lf flexing knees w/a strong rt sd lead chk fwd L in CBMP, -, -, -;)
- &Q - - - 4 [QUICK PROGRESSIVE LINK] Rec L/trn body rt fc small sd & bk R to SCP, -, -, -;
- - - - 5 [HEAD FLICK] Man quickly rotates hips to sd & bk again to cause W to snap head from one sd to the other & bk again. No weight change. Man's head turns very little if at all.
- &/- QQQ 6 [FOOT FLICK BACK & FWD, RUN THREE to a CHALLENGE LINE facing WALL] Flick L bhnd R/flick L fwd, fwd L, R, L to Challenge Line facing WALL;
- 7 - 10 **BACK CONTRA CHECK; QUICK PROGRESSIVE LINK; HEAD FLICK; FWD DRAG CLOSE TAP to PROMENADE;**
- 7-9 Repeat measures 3-5 of INTRO
- 10 [FWD DRAG CLOSE/TAP to SCP LOD] Sd & fwd L, drag R, -, cl R/tap L in SCP LOD;

- A -

- 1 - 5 **PROMENADE QUARTER BEATS; NAT'L PIVOT TURN;; ROCK TURN;;**
- SQQ&S 1-5 [PROMENADE QUARTER BEATS] Sd & fwd L, -, thru R, sd & fwd L on ball of ft/cl R to L on ball of ft; sharply lower R heel compressing knee & tap L sd & fwd, -, (W Sd & fwd R, -, thru L, sd & fwd R on ball of ft/cl L to R on ball of ft; sharply lower L heel compressing knee & tap R sd & fwd, -;)
- SQQS [NAT'L PIVOT TURN] Sd & fwd L, -; fwd R trng rt fc to CP fc RLOD, sd & bk L pivoting rt fc to LOD, fwd & sd R w/a slight lunge, -; (W sd & fwd L, -; fwd R trng rt fc to CP RLOD, sd & bk L pivoting rt fc to LOD, fwd & sd R w/a slight lunge, -;)
- QQS QQS [ROCK TURN] Bk L trng 1/4 rt fc, cont trn rk fwd R, rec bk L, -; bk R trng 1/4 lf fc, cont trn sd & fwd L, cl R to L to DLW, -; (W fwd R trng 1/4 rt fc, cont 1/4 trn rk bk L, rec fwd R, -; fwd L trng 1/4 lf fc, cont 1/4 trn sd & bk R, cl L to R, -;)

6 – 8 QUICK CONTRA CHECK, REC to a TWIST TURN to SCP DLC;; PROMENADE LINK;

- 6-7
QQS QQS **[QUICK CONTRA CHECK, REC to a TWIST TURN to PROMENADE]** Commence upper body trn to the lf flexing knees w/strong rt sd lead chk fwd L in CBMP, rec R, sd & bk L to CP facing RLOD, -; XRIBL w/no wt on R, unwind rt fc w/wt on both ft, cont unwinding rt fc chng wt to R & end in SCP facing DLC, -; (W Commence upper body trn to the lf flexing knees w/strong lf sd lead bk R in CBMP looking well to the lf, rec L, fwd R between man's feet to CP, -; fwd L in CBMP arnd man, fwd R to DRW arnd man, swvl sharply rt fc on R & cl L near R to SCP DLC, -;)
- 8
SQQ **[PROMENADE LINK]** Sd & fwd L, -, thru R, tap L to sd of R; (W Sd & fwd R, -, thru L trng lf fc to CP, tap R sd of L;)

9 – 12 WALK TWO; TRAVELING SWIVEL;,, CHASE;;

- SS **[WALK TWO]** Fwd L, -, fwd R curving lf to DLC, -;
- QQQQ&S **[TRAVELING SWIVEL]** Fwd L trng lf fc, sd R swvling lf fc, bk L toward DLC swiveling lf fc leaving R leg extended fwd in CBMP, thru R to DLW in SCP; tch L sd & fwd, -, (W bk R trng lf fc, side L, fwd R outside partner & flick L up in bk from knee w/a slight swvl rt fc ending in SCP, fwd L to DLW; tch R sd & fwd, -;)
- SQQQQ **[CHASE]** Sd & fwd L, -; fwd R trng rt fc, sd L to CP, sharp rt fc trn 1/4 chk fwd on R outside partner, rec bk L to BJO position; (W sd & fwd R, -; fwd L, sd & fwd R to CP, sharp rt fc trn chk bk L in CBMP, rec fwd R;)

13-16 [CLOSED FINISH; FIVE STEP;,, CLOSED PROMENADE;;

- QQS **[CLOSED FINISH]** Bk R trng lf fc, sd & fwd L, cl R to L, -;
- QQS&S **[FIVE STEP]** Fwd L, sd & bk R, bk L outside partner to CBMP, -; small sd & bk R to CP/trng to SCP w/no wt chng, -, (W bk R, sd & fwd L, fwd R outside partner, -; small fwd L to CP/trng to SCP w/no wt chng, -;
- SQQS **[CLOSED PROMENADE]** Sd & fwd L, -, thru R, sd & fwd L; cl R, -, (W sd fwd R, -, thru L, sd & bk R trng lf fc to CP; cl L, -;)

- B -

1 – 5 WALK TWO; TELEMARK THRU TAP;,, TRIPLE CLOSED PROMENADE;;

- SS **[WALK TWO]** Repeat measure 9 of Part A
- QQQQ S **[TELEMARK THRU TAP]** In CP fwd L turning lf fc, sd R cont trn, sd & slightly fwd L to end in tight SCP, thru R; tch L sd & fwd, -, (W In CP bk R, trng lf fc bringing L beside R w/no wt, cont trn lf fc on R heel [heel turn] & chng wt to L, stp sd & slightly fwd R to end in tight SCP, thru L; tch R sd & fwd, -;)
- S QQQQ
QQS **[TRIPLE CLOSED PROMENADE]** Sd & fwd L, -; fwd R, sd & fwd L, fwd R, sd & fwd L; fwd R, sd & fwd L, cl R, -; (W sd & fwd R, -, fwd L, sd & bk R trng lf fc to CP; trng to SCP fwd L, sd & bk R trng lf fc to CP, bk L in CBMP, -;)

6 – 8 PROGRESSIVE LINK,, NAT'L TWIST TURN;; MAN CLOSE PREP SAME FOOT LUNGE:

QQ **[PROGRESSIVE LINK]** Fwd L, trn body rt fc small sd & bk R to SCP,
S QQ- - S **[NAT'L TWIST TURN to CP]** Sd fwd L, -; fwd R trng rt fc, sd bk L to CP facing
(S QQQQS) RLOD, XRIBL w/no wt on R, unwind rt fc w/wt on both ft; cont unwinding rt fc
allowing feet to uncross & changing wt to R & ending in CP facing DLW, -, (W sd
& fwd R, -; fwd L, fwd R between man's feet to CP, fwd L in CBMP arnd man, fwd
R toward DRW arnd man; swvl sharply rt fc on R & cl L near R & slightly bk
ending in CP, -;)
&S **[MAN CLOSE PREPARATION SAME FOOT LUNGE]** Cl L to R trng W slightly rt fc
begin lowering & extending R/sd & slightly fwd R looking rt in a lunge, -; (W trns
rt fc/begins to extend her R back well under body turning body to lf & looking well
to lf, -;)

9 – 10 TELESPIN ENDING to PROMENADE; CLOSED PROMENADE ENDING:

-/QQS **[TELESPIN ENDING to PROMENADE]** Trng lf fc lead W to step across in front/fwd
(&QQS) L, cont lf trn sd R spinning lf fc, sd & fwd L to SCP DLW, -; (W keeping rt sd in
toward the M step fwd L/R, cont trn heel trn & cl L, sd & fwd R to SCP, -;)
QQS **[CLOSED PROMENADE ENDING]** Thru R, sd & fwd L, cl R, -; (W thru L, sd & bk R
trng lf fc to CP; cl L, -;)

**11 – 16 TURNING FOUR BY FIVE STEP;;;, CLOSED PROMENADE;;;, FWD RIGHT LUNGE;
RECOVER, CLOSE to a CHALLENGE LINE;**

QQQQ **[TURNING FOUR BY FIVE STEP]** Fwd L, trng lf fc sd & bk R; bk L outside partner to
QQQQ &S BJO, swvng rt fc on L cl R to L ending in SCAR, fwd L outside partner, trng lf fc
sd & bk R; bk L outside partner to BJO, bk R small stp to CP, trn hips & body
slightly rt fc w/no wt chng to lead W to SCP and tap L fwd,-; (W bk R, trng lf fc sd
& fwd L; fwd R outside partner to BJO , swvng rt fc on R sd & bk L ending in
SCAR, bk R, trng lf fc sd & fwd L; fwd R outside partner to BJO, fwd L small stp,
trn to SCP w/no wt chng & tap R fwd,-;)
S QQS **[CLOSED PROMENADE]** Repeat measure 16 of Part A
SS QQS **[FWD, RIGHT LUNGE; RECOVER, CLOSE to a CHALLENGE LINE]** Fwd L, -,flex L
knee move sd and slightly fwd onto R keeping lf sd in toward partner & as wt is
taken on R flex R knee and make slight body trn to lf & look at partner, -; rec bk L,
close R, side & fwd L to a CHALLENGE LINE, -; (W bk R, -, flex R knee move sd
& slightly bk onto L keeping rt sd in toward partner & as wt is taken on L flex L
knee and make slight body trn to lf, -; rec R, sd L, sd & bk R to a CHALLENGE
LINE, -;)

- INTERLUDE -

1 - 8 REPEAT MEASURES 3-10 of the INTRO

Repeat - A -

- B mod -

1 – 12 Repeat PART B, measures 1 – 15

16 RECOVER, CLOSE/TAP to SCP LOD;

QQ- - **[RECOVER, CLOSE/TAP to SCP LOD]** Rec bk L -, cl R/tap L to SCP LOD, -;

- C -

- 1 - 4 STALKING WALK; STALKING WALK; LUNGE LEFT to LOD, DRAG, SLIP, FWD to; RIGHT LUNGE;**
- S 1 [STALKING WALK] Sd & fwd L, pt R thru to LOD, -, -;
- S 2 [STALKING WALK] Fwd R, trng to a rt lunge point bk L, -, -;
- SQQ 3 [LUNGE LEFT to LOD with DRAG, -, SLIP, FWD to;] Sd L with a sway and drag, -, slip R trng lf fc, fwd L to fc COH; (W sd R with a sway and drag, -, slip L fwd trng lf fc, bk R trng lf fc;)
- S 4 [RIGHT LUNGE WITH SWAY, -, -, -;] Sd R with sway, -, -, -;
- 5 - 8 LUNGE LEFT to RLOD, DRAG, SLIP, FWD to; RIGHT LUNGE with SWAY; REC, CLOSE/TAP to SCP LOD; QUICK WHISK, REC, TAP to SCP LOD;**
- 5 [LUNGE LEFT to RLOD, with DRAG, SLIP, FWD to;] Sd L with a sway and drag, -, slip R trng lf fc trn, fwd L to fc WALL; (W sd R with a sway and drag, -, slip L fwd trng lf fc, bk R trng lf fc;)
- 6 [RIGHT LUNGE WITH SWAY, -, -, -;] Sd R with sway, -, -, -;
- QQ/- - 7 [REC, CLOSE/TAP to SCP LOD] Rec L, cl R/tap L to SCP LOD, -, -;
- QQ - - 8 [QUICK WHISK, REC, TAP to SCP LOD] Qk cross L behnd, rec R, tap L to SCP LOD, -, -;

- ENDING -

- 1 – 5 PROMENADE QUARTER BEATS;;, NAT’L PIVOT TURN;;; ROCK TURN;;;**
- 1-5 Repeat measures 1 -5 of Part A
- 6 – 8 FIVE STEP;;, BACK OPEN PROMENADE;;;**
- QQS&S 6-8 [FIVE STEP] Repeat measure 12 of Part A
- SQQS [BACK OPEN PROMENADE] Sd & fwd L, -, thru R trng 1/4 rt fc, cont rt fc trn sd & bk L to CP DRW like a Challenge Line; chk bk R w/a slight lf fc body trn, -, (W sd & fwd R, -, thru L, sd & fwd R to CP; chk fwd L w/a slight lf fc body trn, -)

Note: The ending position is in a contra position like a back contra check.

Quick Cues

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| <p>CHALLENGE LINE Man FCNG WALL TRAIL FT FREE</p> <p>1- 4 WAIT TICKS IN MUSIC (2 SL 4 QK);;
 BK CONTRA CHK; QK PROG LINK to SCP;</p> <p>5- 8 HEAD FLICK; FT FLICK RUN 3 to CHALLENGE LINE;
 BK CONTRA CHK; QK PROG LINK to SCP;</p> <p>9-10 HEAD FLICK; FWD DRAG CLO TAP to SCP;</p> <p style="text-align: center;"><u>-A-</u></p> <p>1- 5 PROMENADE QUARTER BEATS;;,
 NAT’L PIVOT TRN;;; RK TRN;;;</p> <p>6- 8 QK CONTRA CHK & REC,, to a TWIST TRN to
 SCP;;; PROM LINK;</p> <p>9-12 WLK 2; TRAVLNG SWVL to SCP;;, CHASE;;;</p> <p>13-16 CLO FINISH; FIVE STEP;;, CLO PROM;;;</p> <p style="text-align: center;"><u>-B-</u></p> <p>1- 5 WLK 2; TELEMAR THRU TAP;;, TRPL CL PROM;;;</p> <p>6- 8 PROG LINK,, NAT’L TWIST TURN to CP;;,
 MAN CL PREP SAME FT LUNGE;</p> <p>9-14 TELEMAR ENDNG to SCP; CL PROM ENDING;
 TRNG FOUR BY FIVE;;, CLO PROM;;;</p> <p>15-16 FWD, RT LUNGE; REC, CLO, to a CHALLENGE LINE;</p> | <p style="text-align: center;"><u>- INTERLUDE -</u></p> <p>1- 8 Repeat meas. 3 – 10 of INTRO</p> <p style="text-align: center;"><u>- A -</u></p> <p>1-16 Repeat meas 1 – 16 of PART A</p> <p style="text-align: center;"><u>- B mod -</u></p> <p>1-16 Repeat meas 1 – 15 of PART B
 Rec, Close Tap to SCP LOD;</p> <p style="text-align: center;"><u>- C -</u></p> <p>1- 4 STALKING WALKS (twice);;
 LUNGE LF to LOD w/DRAG,, SLIP & TRN to
 COH, FWD to; RT LUNGE w/SWAY;</p> <p>5- 8 LUNGE LF to RLOD w/DRAG,, SLIP & TRN to
 WALL, FWD to; RT LUNGE w/SWAY;
 REC, CL tap; WHISK, REC tap to SCP LOD;</p> <p style="text-align: center;"><u>- ENDING (COH) -</u></p> <p>1- 8 PROMENADE QUARTER BEATS;;,
 NAT’L PIVOT TRN;;; RK TRN;;;
 FIVE STEP;;, BACK OPEN PROMENADE;;;</p> |
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