

POR UNA CABEZA VI

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MUSIC: "Por Una Cabeza" Artist Quintango (Album Quintango) Available at Amazon & iTunes
PHASE / RYHTUM: Phase VI / Argentine Tango SPEED: Slow for Comfort
FOOTWORK: Opposite Except Where Noted
SEQUENCE: Intro, A, B, A, B (mod), TAG
RELEASE DATE: May 2008 (Updated 2013) Version 1.2

INTRO

1-4 HOLD THRU LEAD IN NOTES
QQ 1 Wait lead in notes in SCP LOD,,

PART A

1-8 DOBLE CRUZ:: TWO SLOW OCHO'S:: TWO SLOW OCHO'S WITH BOLEO' S::
REV TWIRL LADIES TO CP RLOD:

SQQSQQ 1-2 {Doble Cruz to BJO} Fwd L,-, thru R, sd L to CP; XRIB of L and ronde L CCW,-, XLIB of R, sd R trng to BJO (W fwd R,-, thru L, sd R to CP; XLIB of R and ronde R CCW,-, XRIB of L, sd L trng to BJO);
SSSS 3-4 {Two Slow Ocho's} Bk L trn to fc wall leaving R extended fwd, slide R sd to stop against W's R ft do not chg wt, hold, hold (W fwd R outside ptrn slowly swivel RF over 2 counts to fc LOD,-, lift left leg over Men's rt foot,-); Hold, slide R sd to stop against W's L ft do not chg wt, hold, hold (W fwd L outside ptrn slowly swivel LF over 2 counts to fc RLOD,-, lift right leg over Men's rt foot,-);
SQQS 5-7 {Two Slow Ocho's with Boleo's} Leaving R extended fwd, hold lead ladies to trn rf, hold leading ladies to rotate lf, hold leading ladies to rotate back rf, slide R sd to stop against W's R ft do not chg wt, hold, (W fwd R outside ptrn slowly swivel RF over 2 counts to fc LOD with lt leg extended, rotate LF no weight chg, rotate RF, lift left leg over Men's rt foot,-); Hold, extended R fwd, hold lead ladies to trn lf, hold leading ladies to rotate rf, hold leading ladies to rotate back lf, slide R sd to stop against W's L ft do not chg wt, hold, (W fwd L outside ptrn slowly swivel LF over 2 counts to fc RLOD with rt leg extended, rotate RF no weight chg, rotate LF, lift right leg over Men's rt foot,-);
S-- 8 {Rev Twirl Ladies to Cp RLOD} XRIB of L trng RF,-, cont trn to CP face RLOD,- (W fwd R, (QQQQ) fwd L taking joined lead hands over head, fwd R trng LF to face LOD, fwd L to CP);

9-16 TURNING TANGO DRAW TO BJO LOD; CK BACK TO CLOSED WING; OCHO GRANDE'S:::
MEN'S MOLENTE; TURNING TANGO CL:

QQS 1 {Turning Tango Draw to Bjo} Fwd L trng LF, sd R cont LF trn fc wall, draw L to R trn LF to BJO LOD,-(W bk R trng LF, sd L cont LF trn, draw R to L trn LF to BJO,-);
QQ-- 2 {Ck Back to Closed Wing} Ck bk L, fwd R, hold, hold (W ck fwd R, bk L, sd and bk R, fwd L to (QQQQ) SCAR ckng);
---Q---Q 3-6 {Four Ocho Grandes} Hold extending arms to allow ladies to step away, slide left toe fwd to tap under ladies extended left leg, hold, step to extended R foot and rotate slightly LF to change ladies to BJO (W bk R to DW leaving left leg extended as men extended arms, lift L leg up, (QQQQ) bending left knee to allow leg to hang down with toe pointed to floor like moving a number "7" with leg, rotate LF to BJO); Hold extending arms to allow ladies to step away, slide right toe fwd (QQQQ) to tap under ladies extended right leg, hold, step to extended L foot and rotate slightly RF to change ladies to SCAR (W bk L to DC leaving right leg extended as men extended arms, lift R leg up, bending right knee to allow leg to hang down with toe pointed to floor like moving a number "7" with leg, rotate RF to SCAR); Repeat meas 3 & 4;;
QQQQ 7 {Men's Molente to Face RLOD} XLIB of R trn LF, sd R con trn, XLIF of R con trn, sd R cont trn to CP with slight lower to change W's weight fc RLOD (W lower right foot to side left leg and allow men to turn ladies LF on ball of left foot to end in CP ladies fcg LOD);
QQS 8 {Turning Tango Close} Fwd L trng LF, sd R cont LF trn fc wall, cl L to CP,-(W bk R trng LF, sd L cont LF trn, cl R to CP,-);

PART B

- 1-8 RIGHT FOOT TURNING BASIC:: OPEN REV TURN WITH GOLPE:
BK WALK TWO WITH GOLPES; OPEN FINISH TO GANCHO; DOUBLE GANCHO:
OUTSIDE SWIVEL & LINK; TANGO DRAW:
- SS 1-2 {Right Foot Turning Basic} Bk R slight LF trn,-, fwd L cont LF trn to BJO,-; Fwd R, fwd L, clo R
QQS to CP LOD,- (W fwd L slight LF trn,-, sd & bk R cont LF trn to BJO,-; Bk L, bk R, XLIF of R to CP,-);
- QQS& 3 {Open Rev Turn with Ladies Golpe} Fwd L trn LF, sd R, bk L to BJO RLOD,-/ tch R to L (W bk R trn LF, sd L, fwd R to BJO,-/ tap L toe on floor bhnd R);
- S&S& 4 {Bk Walk Two with Ladies Golpes} Bk R,-/ tch L to R, bk L,-/ tch R to L (W fwd L,-/ tap R toe on floor bhnd L, fwd R,-/ tap L toe on floor bhnd R);
- QQS 5 {Open Finish with Gancho} Bk R trng LF, sd L cont LF trn, fwd R strongly outside ptrn DW,-(W
(QQQQ) fwd L trn LF, sd R cont trn, bk L twd DW contra BJO, flick R sd & bk around M's R leg);
- QQS 6 {Double Ganchos} Bk L in contra Bjo DRC, flick R sd & bk around W's R leg, fwd R contra BJO
(SQQ) DW,-(W fwd R strong contra BJO,-, bk L twd DW contra BJO, flick R sd & bk around M's R leg);
- SS 7 {Outside Swivel & Link} Bk L trng body RF,-, thru R to CP DW,-(W fwd R outside M swivel RF to SCP,-, fwd L trn LF to CP,-);
- QQS 8 {Tango Draw} Fwd L, fwd & sd R, draw L to R no weight end fcg LOD,- (bk R, bk & side L, draw R to L no weight,-);

9-16 BK CORTE WITH DBL GANCHO; LA COBRA FIVE:::
THRU TO LEFT WHISK::: & FLICK POINT; LADIES TRAP & SPIN TO CP::
PROG LINK TO PROM LOD:

- QQS 9 {Corte with Dbl Gancho} Corte bk L, flick R around W's R leg, rec fwd R,- (W corte fwd R,-, rec bk L, flick R around M's R leg);
(SQQ)
- SSSS 10-12,, {La Cobra Five} Bk L trng body RF,-, fwd R trng RF to CP RLOD,-(W fwd R between men's feet M swivel RF to SCP,-, fwd L to CP,-); Sd and fwd L and swivel RF to SCP,-, fwd R trng RF to CP LOD,-(W fwd R between M's feet swivel RF to SCP,-, fwd L to CP,-); Sd and fwd L and swivel RF to SCP,-, -(W fwd R between M's feet swivel RF to SCP,-);
- QSSS ,,13-14 {Thru to Left Whisk & Flick Point} Thru R, sd L to face; XRIB of L,-, hold,- (W thru L, sd R to face; XLIB of R,-, flick R across L / point R fwd,-);
- SSSS 14-15 {Ladies Trap & Spin to CP} M move L foot beside ladies R,-, place R foot on opposite side of ladies foot "Trapping" ladies R foot,-; step L back to face DC,-, slide R side to move ladies foot to side and raise joined lead hands to spin ladies RF/ rec fwd R to CP DC,- (W hold,-, hold,-; Hold,-, ronde R foot while spinning RF on left foot to end in CP DC,-);
- QQS 16 {Prog Link to Prom} Fwd L with placing foot then swivel RF, side and bk R, tap L fwd to Prom pos LOD,- (W bk R swivel RF to SCP, settle bk and side L, tap R fwd,-) :

PART B (mod)

1-8 RIGHT FOOT TURNING BASIC:: OPEN REV TURN WITH GOLPE:
BK WALK TWO WITH GOLPES; OPEN FINISH TO GANCHO; DOUBLE GANCHO:
OUTSIDE SWIVEL & LINK; TANGO DRAW

- SS 1-2 {Right Foot Turning Basic} Repeat Part B meas 1&2;;
- QQS
- QQS& 3 {Open Rev Turn with Ladies Golpe} Repeat Part B meas 3;
- S&S& 4 {Bk Walk Two with Ladies Golpes} Repeat Part B meas 4;
- QQS 5 {Open Finish with Gancho} Repeat Part B meas 5;
- (QQS)
- SS 6 {Double Ganchos} Repeat Part B meas 6;
- (SS)
- SS 7 {Outside Swivel & Link} Repeat Part B meas 7;
- QQS 8 {Tango Draw} Repeat Part B meas 8;

PART B (mod)(cont)

9-16 BK CORTE WITH DBL GANCHO; LA COBRA FIVE;...
THRU TO LEFT WHISK;... & FLICK POINT; LADIES UNWIND IN FOUR;

- SS 9 {Corte with Dbl Gancho} Repeat Part B meas 9;
SSSS 10-12,, {La Cobra Five} Repeat Part B meas 10 – 12,,
QQSS ,,13-14 {Thru to Left Whisk & Flick Point} Repeat Part B meas ,,13-14,,;
(QQQQ) 15 {Unwind in Four Qks to CP LOD} Keeping weight on R foot rotate RF to CP LOD,-,-,- (W fwd R trng RF, fwd L cont trn, fwd R cont trn, fwd L to CP facing RLOD);

TAG

1-2 FORWARD TO RIGHT LUNGE; SPANISH DRAG;

- SS 1 {Fwd to Rt Lunge} Fwd L,-, fwd lunge R,-;
SS 2 {Bk to Spanish Drag} Rec on L slowly taking upper body bk drawing W fwd as if drawing W up M's body,-(W fwd on R look right & slowly raising up on R drawing L leg up M's R leg ending in a tight cuddle pos with ladies head on men's rt shoulder,-);