

SABOR A MI

Released March, 2014

Choreographers: Jim & Bobbie Childers, 21813 SE 271st Pl., Maple Valley, WA 98038
Sergey Nekrasov Ballroom Instructor @ First Class Ballroom Everett, WA
Phone: 206-841-1471 Email: bobbiec@spu.edu
Music: "Sabor a Mi" Angel Parra Casa Musica Latin Mega Hits Volume First 13 meas deleted
Rhythm: International Rhumba, Phase VI
Sequence: Intro, A, B, A, B, ENDING Speed: Slow for comfort
Women's part opposite man's except where noted

INTRO

OP FCG POS WALL - LEAD HNDS JOINED AT WAIST LEVEL - WEIGHT ON M'S L WITH R POINTED BACK & W'S ON R WITH L POINTED FWD

WAIT TWO MEASURES;; -,-, STEP FWD R TO WALL ON 3RD BEAT OF THIRD MEAS,-;

PART A

1 – 4 PASSING CURL; BK VINE 3 L ROPE SPIN 3; FWD LADY SWIVEL & POINT HOOK UNWIND; HOLD, -, FWD R ON 3, -;

- 1 Passing Curl: Fwd L WALL M's & W's R hnds jnd, rec R/fwd L raise R hnd comm curl (W fwd R DCR), swivel RF on L ½ (W spiral LF on R to fc Ptr) look at ptr, -;
- 2 Bk to Rope Spin: {R hnds still jnd} trng RF XRIB of L (W Fwd L DW), Cont RF trn sd L COH (W fwd R WALL), Cont RF trn fwd R LOD (W fwd L DRW, spiral RF on L under jnd hands), -;
- 3 Fwd Swivel Lady to Hook & Unwind: Fwd & sd L LOD bring jnd hnds down (W fwd R RLOD & swivel RF on R pointing L close to R foot), Pt R, hldg pt bring jnd R hnds up by lifting R elbow trng W LF, (W fwd L LOD, trng LF Sd R fc M, hook LIB of R unwind full trn LF to fc man w weight on R foot let go of joined hands at end of unwind;
- 4 Hold, settling into supporting leg, fwd R (bk L), join both hands,-;

5 – 8 FWD TO SYCHOPATED CHANGE SIDES; SEND LADY BK WITH A CURL; CHASE W MAN SYNCOPATED FULL TURN; BK 2 CLOSE LADY SYNCOPATED RUN TO MAN;

- 5 & 6 Fwd to Syncopated Change Sides: Fcg Wall with both hand joined at waist level fwd L, rec R/ fwd L changing sides with W while trng ½ RF to fc ptr COH, bk R, bk L, -; Send lady bk with a curl: Fwd R, trng RF ½ cl L to fc ptr WALL while trn W LF under jnd lead hnds like a curl, fwd R to wall, -; (W: With both hnds jnd Bk R, rec L to COH starting to pass man on his right sd, fwd R trn ½ RF to fc M & wall, bk L settling into leg; Fwd R to wall, swivel {curl} on R ½ LF fc under jnd lead hands to fc M & COH, bk L,-;)

7 & 8 Chase M full trn: Fwd L dropping jnd hands trng RF 1/2, fwd R to COH/cont RF trn to fcg wall & ptr bk L COH, bk R, -; Bk 3 lady run: Bk L, bk R, bk L raising lf hnds in preparation for 3 alemanas, -; (W: Bk R, rec L, fwd R, -; Fwd L, run two steps L/R with knee bent softly, fwd L to man w L arm out to side and R arm up ready for 3 alemanas, -;)

9-11 THREE ALEMANAS TO THE SOLO SLIDING DOORS;;;

- 9 Three Alemanas: Bk R, rec L, cl R (W fwd L trng RF under joined lead hands brushing R to L, fwd R toward DRW trn RF to fc M, fwd L to M's R sd trng further RF to end almost backing COH), -;
- 10 Sd L, rec R, cl L (fwd & across R towards LOD and spiral LF to fc DRW, cont LF trn fwd L towards approx wall trng 1/2 LF under joined lead hands, fwd R to M), -;
- 11 Bk R, sd L, fwd R to end side by side no hnds joined,-; (Fwd L trng RF under joined lead hands brushing R to L, fwd R toward wall trn RF to fc M letting go of jnd hands, fwd L to Rt sd of M), trn 1/2 RF on L to fc wall;)

12-16 SOLO SLIDING DOOR;FINISH SLIDING DOORS TO SLOW SPIRAL;;LADY ROLL OUT TO FAN;

- 12 Solo Sliding Doors: Fwd L to wall extending L hnd, rec R, XRIB of L, -; (Bk R to COH stretching R arm up above head, rec L bring hand down, fwd R w slight LF trn still looking at wall no in front of man{or optional press-line w delayed weight change}, -;)
- 13 Sd R exploding R hnd & arm in a clockwise circular motion up and out, rec L, XRIF of L, -; (Cucaracha L, rec R, bk L,-;)
- 14 Fwd L to wall extending L hnd, rec R offer L hnd to partner, cl L, -; (Bk R stretch arm up, recover L, fwd R DW to meet M's hand preparing for slow spiral.-;)
- 15 Slow Spiral: With wght on both feet lead spiral by stretch L sd and then R sd over full measure, -, -, take wght on to R; (Slowly spiral LF on R using full measure to complete to fc wall looking LOD,-,-,-;)
- 16 L Roll Out to Fan: Sd lunge L leaving arms with partner, rec R leading partner fwd then release jnd hands to fan pos, -, - jng M's L & W's R hands; (Hold first beat -, roll out LF to fan fwd L/fwd R trn 1/2 to fc M, step bk L right under body jng M's L & W's R hands, -;)

PART B

1 – 4 CIRCULAR CRAB WALKS (L tch);;BK 3 (ROLL LADY IN TO SKATERS);RK, REC, FWD, -;

- 1 & 2 Circular Crab Walks*: Fwd L, rec R, sd & fwd L swiveling LF to fc DW looking at W with M's R & W's R hnds jnd, -; Swiveling to fc partner fwd R across L, sd & fwd L, fwd R fcng LOD, -; (Cl R to L, fwd L, fwd R to right hands joined, -; Swivel on R to step sd L looking at M, XRIF of L, tch L to R settling into leg with slight RF wind up, -;) [*The circular crab walks are in a circle using the joined hands as a center point.]
- 3 & 4 Roll Lady In: Bk L lead W to roll LF over 3 beats to end in skaters fcg LOD, bk R, bk L, -; Rk bk R, rec L, fwd R, -; (Roll* in LF to M and Skaters L/R, L/R, L, -; Bk R, rec L, fwd R,-;) (*Opt: W can roll in 3 steps)

5 – 8 CRAB WALKS;;SYNC HIP RKS;FENCE LINE;

- 5 & 6 Crab Walks: Still in skaters both same foot swivel to fc wall sd L LOD, thru R, sd L, -; XRIF of L, sd L, XRIF of L, -;
- 7 Sync Hip Rocks: Sd L wght between both feet, roll hip R/L, R taking wght onto R, -;
- 8 Fence Line: Softening on R XLIF DRW, extend line, rec R, lunge sd L (W pt L);

9-12 ROLL L (Solo) LOD to FC; FCG HOCKEY STICK; SLOW CURL; W OUT TO FC;

- 9 Roll L LOD: Rec R leading W across, fc LOD fwd L, fwd R, -; (W roll LOD *small* L/R, Fwd L LOD/fwd R trn LF to fc M, step tiny bk, join M's L & W's R hnds;
- 10 Facing Hockey Stick: Fwd L, rec R, cl L look at women through "window" & shape for curl,-; (W: Bk R, rec L, fwd R with R elbow fwd looking at M through window and left arm out to sd,-;
- 11 Slow Curl: Wgt on L lead slow curl stretching left sd and stretching R arm out & up to match W's line , -, -,-; (W: Taking full measure to slowly curl LF on R to fc M but looking up DRW, -, stretching left side lifting L arm up from elbow, -;)
- 12 W Out to Fc: M's L & W's R hnds still jnd Fwd R DRW to lunge leading W out, -, -, -; (W: Fwd L DRW, fwd R trn RF to fc man & pt L ft-;)

13-16 LADY IN FOR LEG CRAWL; BEND BK & UP; TWIST LF, -, UNWIND & L RONDE; LADY UNDER TO FC WALL TO A HANDSHAKE;

- 13 Lady in for Leg Crawl: Rec L keep R ptng to DRW lead W in for leg crawl, -,-,-; (W Fwd L to M, fwd R/crawl up M's R leg with W's L leg and arms around M's neck, -,-;)
- 14 Bend Back & Up: Wght on L in CP arms under W supporting on shlders soften L knee allow W to stretch bk, -, bring W back up, -;
- 15 Twist LF: Twist LF by softening L knee and put partial wght on R, -, unwind taking wght bk on L, sd & fwd R leading W to Ronde; (W: Twist LF by softening R knee looking over L shoulder with left arm out, -, untwist & put L foot down, & ronde R foot {allow R hand to release from M's shoulder} reaching with R foot to across and behind left foot with just partial weight;)
- 16 Lady under to fc wall: -, jng M's L & W's R hnds pivot RF to FC wall on R cls L, fwd R [* 2nd time thru step is taken on the guitar strum during the word Mi] M & W R hnds jnd,-; (Complete weight change onto R, *small* step L to wall , fwd R trn LF under jnd M's L & W's jnd hands to fc M, bk R to wall fcg M & COH;)

ENDING

1 – 4 PASSING CURL; BK TO ROPE SPIN; FWD LADY SWIVEL & POINT; HOOK UNWIND; M LOWER IN SLOW LUNGE WHILE MUSIC FADES

- 5 Hold final position but place hands on W's waist while softening on L knee with R leg out looking up at W, -; (Look at M)