

## SLEEPING BEAUTY

Composers: Brent & Mickey Moore, 206 Scenic Drive, Oak Ridge, TN  
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Record: Columbia 38-04217

speed 45 rpm

RECEIVED APRIL 9, 1993

"I Don't Want To Wake You" Julio Iglesias

Footwork: Opposite, directions for man (lady as noted)

Phase & Rhythm: Unphased Rhythm (see notes page 4) Bolero

Sequence: Intro, Dance, Dance, Ending (Meas 1-7, lunge) 1993

### INTRO

1-4 WAIT 1; SIDE LUNGE & ARM SWEEP; RECOVER & SHAPE;

#### HIP ROCKS;

- 1 Open facing but close lead hnds jnd & dwn trail hnds shaped to partner man's R & lady's L foot free pnt sd & bk wait 1 meas;
- 2 [SIDE LUNGE & ARM SWEEP SS] Brush R compress to partner/ trn RF lunge sd R fc RLOD,-, look at right hnd & slowly sweep up out & down,-;
- 3 [REC & SHAPE SS] Rec L sharp trn LF to fc partner leave R slightly sd & bk shape hands to partner,-, cont to shape body to partner,-;
- 4 [HIP ROCKS SQQ] Rock sd R roll hip sd & bk jn hnds,-, rec L hip roll, rec R hip roll fc WALL;

### DANCE

1-4 NEW YORKER; SPOT TURN; TURNING BASIC TO COH;;

- 1 [NEW YORKER SQQ] Sd & fwd L "v" pos LOD,-, ck thru R LOD soft knee slght trn LF, rec L trn to fc soft knee strt to rise;
- 2 [SPOT TURN SQQ] Trn RF sd & fwd R "v" pos RLOD,-, thru L soft knee trn RF, rec R cont trn RF to fc sft knee strt to rise;
- 3-4 [TRN BASIC SQQ SQQ] Sd L to cp WALL (lady look right),-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc COH sft knee strt rise; Sd R cp COH,-, body trn LF fwd L contra ck action, rec R sft knee strt rise;

5-8 WHIP TO FACE; LUNGE BREAK; RIGHT PASS; FORWARD BREAK;

- 5 [WHIP SQQ] Sd & bk L to "L" shpe COH,-, bk R in sdcr toe in sft knee trn LF, cont LF trn fwd L release hold strt rise fc DRW (sd & fwd R to sdcr,-, fwd L strt LF trn, trn LF sd & fwd R fc man);
- 6 [LUNGE BREAK SQQ] Trn LF sd & fwd R to opn fcng fc WALL lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);
- 7 [RIGHT PASS SQQ] Fwd L slght trn RF to "L" pos fc DLW raise lead hnds to create window look at lady,-, loose XRIBL slght trn RF sft knee, slght trn RF rec L to fc RLOD (fwd R look at man thru "window",-, fwd L sft knee strt slght trn LF, fwd R trn LF undr lead hnds fc man & LOD);
- 8 [FORWARD BREAK SQQ] Sd & fwd R to opn fcng fc RLOD,-, ck fwd L sml stp slght contra ck action jn hnds bfly, rec bk R strt rise (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);

SLEEPING BEAUTY (continued)

9-12 BACK WALK; OPEN BREAK; NATURAL TOP TO FACE; LUNGE BREAK;

- 9 [BACK WALK SQQ] Bk L with hip roll sd & bk fc RLOD,-, bk R soft knee hip roll, bk L hip roll strt rise strt to brng hnds dwn;
- 10 [OPEN BREAK SQQ] Bk R with hip roll sd & bk fc RLOD,-, bk L soft knee ck action press lady bk, rec fwd R release trail hnds (fwd L with hip roll,-, bk R sft knee, rec fwd L strt rise);
- 11 [NATURAL TOP SQQ] Fwd L to bjo strt trn RF fc DRC,-, XRIBL sft knee slght trn RF, trn RF sd & fwd L strt to release hold (fwd R to bjo,-, fwd L trn RF, fwd R trn RF);
- 12 [LUNGE BREAK SQQ] Trn RF sd & slght bk R to opn fcng fc WALL lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);

13-16 LEFT PASS TO FACE; HORSESHOE TURN;; AIDA;

- 13 [LEFT PASS SQQ] Fwd L to sdcr DRW shpe body DLW to lady trn lady RF,-, rec bk R sft knee strt LF trn, sd & fwd L trn LF strt to opn fc DLC strt rise (fwd R trn RF back to man but shpe head to man, sd & fwd L sft knee strng trn LF, bk R under body fc man strt rise);
- 14-15 [HORSESHOE TURN SQQ SQQ] Sd & fwd R "v" pos LOD,-, ck thru L LOD soft knee, rec R soft knee strt to rise stay in "v" pos raise lead hnds; Fwd L strt LF circle walk (lady RF cir walk),-, fwd R sft knee cir walk (lady under jnd hnds), fwd L cir walk to RLOD;
- 16 [AIDA] Sd & fwd R "v" pos RLOD,-, thru L sft knee trn LF jn trail hnds (lady trn RF), sd R trn LF rlease lead hnds strt rise (lady trn RF);

17-20 AIDA LINE & SWITCH LUNGE; SPOT TURN TO BUTTERFLY; SHOULDER TO SHOULDER; WHIP CHANGE HANDS;

- 17 [AIDA & SWITCH LUNGE SS] Trn LF bk L slght "V" bk to bk pos LOD lead hnds up & out trail hnds fwd (lady trn RF),-, trn RF bring trail hnds thru (lady LF) to fc sd R soft knee shape to partner,-;
- 18 [SPOT TURN SQQ] Trn RF rec sd & fwd L "v" pos LOD,-, thru R soft knee trn LF, rec L cont trn LF to fc sft knee strt to rise;
- 19 [SHOULDER TO SHOULDER SQQ] Sd & fwd R to bfly sdcr fc WALL,-, ck fwd L in sdcr slght contra ck action, rec bk R strt rise (sd & bk L to bfly sdcr,-, bk R in sdcr contra ck action slght sit line, rec fwd L strt rise);
- 20 [WHIP SQQ] Sd & bk L to sdcr DCL,-, bk R in sdcr toe in sft knee trn LF bring hnds togethr, cont LF trn fwd L chng to right to right hnd hold strt rise fc LOD (sd & fwd R to sdcr,-, fwd L strt LF trn, trn LF chnge hnds right to right sd & fwd R fc DLW);

SLEEPING BEAUTY (continued)

21-24 HALF MOON; START HALF MOON; HIP ROCK;

- 21-22 [HALF MOON SQQ] Sd & fwd R to lft skaters LOD,-, ck thru L LOD soft knee, rec R trn LF to fc COH soft knee strt to rise (trn LF sd & fwd L to lft sktrs LOD,-, ck thru R sft knee, rec L trn RF to fc man); Trn LF sd & fwd L to "L" pos moving RLOD,-, XRIBL sft knee slght trn LF, slip rec L trn LF (sd & fwd R fc RLOD "L" pos,-, fwd L trn LF sft knee, sd R trn LF);
- 23 [START HALF MOON SQQ] Sd & fwd R to lft skaters RLOD,-, ck thru L RLOD soft knee, rec R trn LF to fc WALL soft knee strt to rise chnge hnds to jn trail hnds (trn LF sd & fwd L to lft sktrs RLOD,-, ck thru R sft knee, rec L trn RF to fc man chnge hnds);
- 24 [HIP ROCK SQ&Q] Sd & fwd L "v" pos LOD,-, trn RF (lady LF) rec R to fc collect hnds & shape to partner roll hip sd & bk/rec L body trn LF (lady RF) roll hip sd & bk, rec R body trn RF (lady LF) roll hip sd & bk;

ENDING

1-4 NEW YORKER; SPOT TURN; TURNING BASIC TO COH;;

- 1 [NEW YORKER SQQ] Sd & fwd L "v" pos LOD,-, ck thru R LOD soft knee slght trn LF, rec L trn to fc soft knee strt to rise;
- 2 [SPOT TURN SQQ] Trn RF sd & fwd R "v" pos RLOD,-, thru L soft knee trn RF, rec R cont trn RF to fc sft knee strt to rise;
- 3-4 [TRN BASIC SQQ SQQ] Sd L to cp WALL (lady look right),-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc COH sft knee strt rise; Sd R cp COH,-, body trn LF fwd L contra ck action, rec R sft knee strt rise;

5-8 WHIP TO FACE; LUNGE BREAK; RIGHT PASS TO CLOSED; LUNGE & SHAPE;

- 5 [WHIP SQQ] Sd & bk L to sdcR COH,-, bk R in sdcR toe in sft knee trn LF, cont LF trn fwd L release hold strt rise fc DRW;
- 6 [LUNGE BREAK SQQ] Trn LF sd & fwd R to opn fcng fc WALL lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);
- 7 [RIGHT PASS SQQ] Fwd L slght trn RF to "L" pos fc DRW raise lead hnds to create window look at lady,-, loose XRIBL slght trn RF sft knee, slght trn RF rec L to fc RLOD (fwd R look at man thru "window",-, fwd L sft knee strt slght trn LF, fwd R trn LF undr lead hnds fc man & LOD);
- 8 [FORWARD LOWER TO LUNGE SS] Sd & fwd R to cp fc RLOD,-, lower on R as music fades rght lunge line shape to lady,- (sd & bk L cp,-, lower on L shape to left in right lunge line,-);